

# Head and Neck Cancer Information Guide

This guide provides links and references to reliable and current information sources on prostate cancer in men for patients, families, and caregivers. Valuable information may also be found at your local public library. Always consult/share with your healthcare professional regarding any information identified.

## Online Resources

**American Cancer Society** - <https://www.cancer.org/cancer/types/head-neck-cancer.html>

Head and neck cancers can have many different names depending on where the cancer starts. For example, cancers that start in the throat (pharynx), can be called nasopharyngeal (for the upper throat behind the nose), oropharyngeal (for the middle throat behind the mouth), or hypopharyngeal (for the lower throat).

**American Society of Clinical Oncology** - <https://www.cancer.net/cancer-types/head-and-neck-cancer/introduction>

There are 5 major types of head and neck cancer, each named according to the part of the body where they develop. For more information about a specific type, visit the guide dedicated to that type of head and neck cancer on this website.

**American Speech-Language-Hearing Association** - <https://www.asha.org/practice-portal/clinical-topics/head-and-neck-cancer/>

includes malignant tumors that most commonly arise from the moist squamous cell mucosa or lining of the head and neck regions. Although curative treatment may be different based on region and severity, some audiology and speech-language pathology interventions will be the same.

**Centers for Disease Control & Prevention** - <https://www.cdc.gov/cancer/headneck/index.htm>

Cancers of the head and neck include cancers that start in several places in the head and throat, not including brain cancers or cancers of the eye.

**National Cancer Institute** - <https://www.cancer.gov/types/head-and-neck>

Head and neck cancers include cancers in the larynx, throat, lips, mouth, nose, and salivary glands. Tobacco use, heavy alcohol use, and infection with human papillomavirus (HPV) increase the risk of head and neck cancers.

**National Library of Medicine** - <https://medlineplus.gov/headandneckcancer.html>

Head and neck cancer is the name for cancers that develop in the mouth, nose, and salivary glands and throat and voice box (larynx). Most head and neck cancers are squamous cell cancers. They begin in the moist tissues that line the head and neck.

## Libraries in the University of Michigan Health-Sparrow Region

Libraries can be a great source of information. Most Michigan libraries participate in interlibrary lending. If a specific book is unavailable from your local library, always ask if a book can be borrowed from other libraries.

### Carson City:

- Carson City Public Library, 102 W. Main St., (989) 584-3680

### Charlotte:

- Charlotte Community Library, 226 S. Bostwick St., (517) 543-8859

### East Lansing:

- East Lansing Public Library, 950 Abbot Road, (517) 351-2420

### Holt:

- Holt-Delhi Branch, 2078 Aurelius Road, (517) 694-9351

### Ionia:

- Ionia Community Library, 126 E. Main St., (616) 527-3680

### Lansing:

- Capital Area District Library, 401 S. Capitol Ave., (517) 367-6300
- Delta Township District Library, 5130 Davenport Dr., (517) 321-4014
- Foster Branch, 200 N. Foster Ave., (517) 485-5185
- South Lansing Branch, 3500 S. Cedar St., Ste. 108, (517) 272-9840

### Mason:

- Aurelius Branch, 1939 S. Aurelius Road, (517) 628-3743
- Mason Branch, 145 W. Ash St., (517) 676-9088

### St. Johns:

- Briggs Public Library, 108 E. Railroad St., (989) 224-4702

**Disclaimer:** This document contains information and instructional materials identified by UM Health-Sparrow for the typical patient with your condition. It may include links to online content not created by UM Health-Sparrow and for which UM Health-Sparrow does not assume responsibility. It does not replace medical advice from your healthcare provider because your experience may differ from that of the typical patient. Talk to your healthcare provider if you have any questions about this document, your condition, or your treatment plan.

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