



# Community Resource Guide

2023

Sparrow Care Network (SCN) provides this list of resources from the community for SCN Physician practices and their patients. This list is meant for reference purposes only. This directory is the property of SCN and should not be reproduced without the consent of SCN.

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# 2022-23 Sparrow Care Network Community Resources

## Addiction Outpatient Treatment

### Cognitive Consultants, LLC

Phone: (517) 332-3050

Email:

Web Page <https://www.cognitiveconsultantsllc.com/>

Address 6639 Centurion Dr. Suite 130  
Lansing, MI 48917

Service Area Anyone

Services: Treatment for substance and other addictions, domestic violence programming, mental health services, anger management, economic crimes, drug and alcohol testing, criminogenic risk, needs and responsivity, personal growth and professional training.

## Adult Day Programs

### Active Living For All Adults Day Program and In-Home Care

Phone: (517)243-0043 (517) 372-6671

Email: [Info@ActiveLivingForAll.org](mailto:Info@ActiveLivingForAll.org);  
[Operations@ActiveLivingForAll.org](mailto:Operations@ActiveLivingForAll.org)

Web Page <https://activelivingforall.org>

Address 201 Hillside Court  
East Lansing, MI 48823

Service Area Clinton, Eaton, Ingham

Services: In-Home Care and Adult Day Program with direct pickup from client's home to the adult day center. Our services help keep the people you love in the home they love as long as possible. Our active living center and programming promotes an inclusive community where people with different abilities, seniors, veterans, and their families feel loved, respected, and supported. We enrich, engage, and uplift clients while providing the education and support needed to keep families together. This adult day center has dramatically reduced ER readmissions.

### Clay Street Center Adult Day Services

Phone: (616) 835-9080

Email:

Web Page <https://www.claystreetcenter.org/>

Address 913 S Clay Street  
Greenville, MI 48838

Service Area Montcalm County

Services: Clay Street Center is designed for people age 60 and over who need supervision, assistance, and socialization. Our caring staff and volunteers provide a variety of interesting programs including music, art, travelogues, Zumba class, and memory-stimulating games. Our members have fun, share laughter, form new friendships and enjoy a renewed sense of purpose and belonging. Meanwhile, family caregivers receive a much-needed break (respite), information, and support.

### Elizabeth's Place Adult Care and Wellness Center

Phone: (517) 316-2569

Email:

Web Page <https://elizabeths-place-adult-care-wellness-center.business.site/>

Address 1518 South Washington Avenue  
Lansing, MI 48910

Service Area Greater Lansing

Services: adult daycare service promoting the overall health and well being of seniors. For families and caregivers desiring to have their loved ones age at home, adult day care facilities give them an opportunity to get out of the house and receive social and mental stimulation.

## Adult Day Programs

### Forester Woods Adult Day Center

Phone: (517) 349-3101

Email:

Web Page <https://forsterwoods.org/>

Address 4656 Meridian Rd.

Williamston, MI 48895

Service Area Ingham, Clinton, Eaton

Services: Forster Woods Adult Day Center grew from the vision of the The Very Rev. Ronald C. Byrd, Sr. and from the support of the congregation of St. Katherine's Episcopal Church to reach out into our community and provide much needed support to elder adults and their caregivers. Forster Woods opened on July 31, 2012 and is a community-based, non-profit adult day center. Forster Woods is located on 10 ½ acres of gardens and woods in the midst of a residential area on the campus of St. Katherine's Episcopal Church in Williamston, Michigan.

### Just Like Home Adult Day Center

Phone: (616) 523-4310

Email:

Web Page <https://justlikehomeionia.com/>

Address 330 Fourth Street

Ionia, MI 48846

Service Area Ionia County

Services: It is the mission of Just Like Home Adult Day Center to provide an environment that engages adults with different abilities and those who are aging, while enhancing the emotional, mental, and physical well-being and preserving the individuals dignity and self-worth.

### Portland Area Service Group

Phone: (517) 647-4004

Email: [PASG.MICH@GMAIL.COM](mailto:PASG.MICH@GMAIL.COM)

Web Page <https://www.facebook.com/PASG.mich>

Address 144 Kent Street

Portland, MI 48875

Service Area Portland and surrounding area

Services: Meeting place to enjoy company of others - offering bingo and card games. Rentals of space, Food Bank, Clothing Closet & Medical Supplies for those in need.

## Adult Day Programs

### Sensations Memory Care Residence

Phone: (517) 543-8101

Email: [larissa.sensations@gmail.com](mailto:larissa.sensations@gmail.com)

Web Page <http://sensationsmemorycare.com/>

Address 511 E. Shepard St.  
Charlotte, MI 48813

Service Area Ingham, Eaton, Clinton, Calhoun, Barry, Ionia and all surrounding areas

Services: Long Term Care- Assisted Living & Memory Care in a secure facility; Respite Care and Adult Day Care.  
We work with all levels of care from Assisted Living to Total Care, Palliative Care and Hospice Care.

## Alcohol/Drug Treatment

### Alcoholics Anonymous/Lansing Central Alcoholics Anonymous

Phone: (517) 377-1444

Email: [aalansing@att.net](mailto:aalansing@att.net)

Web Page <http://www.aalansingmi.org>

Address 1915 E Michigan Ave., Suite D  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Support and information on alcohol abuse treatment centers, halfway house for men and women, AA and Al-Anon meeting information.

### Capital Area Service Committee Narcotics Anonymous

Phone: (800) 230-4085

Email: [mrsrna.webservant@michigan-na.org](mailto:mrsrna.webservant@michigan-na.org)

Web Page <http://michigan-na.org/michigan-region/>

Address PO Box 25144  
Lansing, MI 48909

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Informational material. Provides N.A. meetings for those who cannot leave a facility to attend meetings on their own. The message is "That an addict, any addict, can lose their desire to use and find a new way to live".

### D.O.T. Caring Centers, Inc.

Phone: (989) 725-2229

Email:

Web Page <http://www.mhweb.org/midmichigan/dot.htm>

Address 510 South Washington St.  
Owosso, MI 48867

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Inpatient and outpatient substance abuse services are provided, including medical detoxification and various pharmaceutical support therapies through medical staff. Residential and detox services are provided at the Freeland, MI facility, while the remainder, including Substance Use Disorder Assessments & Secretary of State Evaluations are available at the Owosso office.

## Alcohol/Drug Treatment

### Families Against Narcotics (FAN)

Phone: (586) 438-8500

Email: [fan@familiesagainstnarcotics.org](mailto:fan@familiesagainstnarcotics.org)

Web Page: <http://www.familiesagainstnarcotics.org/>

Address: 18900 15 Mile Road  
Clinton Township, MI 48035

Service Area: See website: 20 counties

Services: Mission: Saving lives by empowering individuals and communities to prevent and eradicate addiction. We are all volunteers and our four main goals are: Change the face and stigma associated with addiction; Provide a forum for families conducive to education/peer recover; Preventive - presentations (school, parent, civic group, physician); Enhance community accessibility to treatment, rehabilitation, recovery coach, etc.

Phone: (517) 898-3236

Email: [okemos@familiesagainstnarcotics.org](mailto:okemos@familiesagainstnarcotics.org)

Web Page: <http://www.familiesagainstnarcotics.org/>

Address: 18900 15 Mile Road  
Clinton Township, MI 48035

Service Area: See website: 20 counties

Services: Mission: Saving lives by empowering individuals and communities to prevent and eradicate addiction. We are all volunteers and our four main goals are: Change the face and stigma associated with addiction; Provide a forum for families conducive to education/peer recover; Preventive - presentations (school, parent, civic group, physician); Enhance community accessibility to treatment, rehabilitation, recovery coach, etc.

### Mid-Michigan Recovery Services, Inc. (aka, NCA)

Phone: (517) 887-0226

Email: [info@MMRSinc.org](mailto:info@MMRSinc.org)

Web Page: <https://www.midmichiganrecoveryservices.org/>

Address: 913 W. Holmes Rd. Suite 200  
Lansing, MI 48910

Service Area: Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, Saginaw, Arenac, Bay, Clare, Gladwin, Hil

Services: Provide substance use disorder treatment including peer coaching, case management and sober housing supports. Search for provider:  
<https://midstatehealthnetwork.org/consumersresources/search-for-provider>



## Alcohol/Drug Treatment

### Mid-Michigan Recovery Services, Inc. (aka, NCA)

Phone: (517) 887-0226  
Email: [info@MMRSinc.org](mailto:info@MMRSinc.org)  
Web Page: <https://www.midmichiganrecoveryervices.org/>  
Address: 913 W. Holmes Rd. Suite 200  
Lansing, MI 48910  
Service Area: Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, Saginaw, Arenac, Bay, Clare, Gladwin, Hil  
Services: Provide substance use disorder treatment including peer coaching, case management and sober housing supports. Search for provider:  
<https://midstatehealthnetwork.org/consumersresources/search-for-provider>

### Mothers Against Drunk Driving (MADD)

Phone: (248) 528-1745  
Email: [mi.state@madd.org](mailto:mi.state@madd.org)  
Web Page: [www.madd.org/mi](http://www.madd.org/mi)  
Address: 1739 W. Big Beaver Road  
Troy, MI 48084  
Service Area: Statewide  
Services: Provides emotional and criminal justice support to all victims of drunk or drugged driving crashes. Always 100% free.

### Western Michigan Adult and Teen Challenge

Phone: (231) 798-7927  
Email: [tanya@wm-tc.com](mailto:tanya@wm-tc.com)  
Web Page:  
Address: 440 Pontaluna Rd.  
Muskegon, MI 49444  
Service Area: All counties  
Services: Western Michigan Adult & Teen Challenge is a one-year, faith-based ministry helping people who struggle with life-controlling issues such as drugs and alcohol. We have 96 beds for men and 54 beds for women.

## Assisted Living

### Fayette's Assisted Living

Phone: (616) 897-5526

Email:

Web Page <https://fayettes-home.business.site/>

Address 10893 Deerwood Drive  
Lowell, MI 49331

Service Area Kent County

Services: Fayette's Home for the aged is an assisted living facility in Lowell , It's more of a home than a business.

### Fountain View of Lowell

Phone: (616) 897-8413

Email:

Web Page <http://lowellfountainview.baruchsls.org/>

Address 11537 Fulton St SE  
Lowell, MI 49331

Service Area Kent County

Services: Fountain View Assisted Living is dedicated to quality senior care that promotes enjoyment, community, vitality and purpose for every individual. Our residents know the comfort and assurance of home, surrounded by a loving environment and deeply caring staff. Motivated by our faith, we seek to earn trust and build authentic relationships with residents, families and the community through consistency and integrity.

### Green Acres Ionia

Phone: (616) 527-3300

Email:

Web Page <https://www.rlmgmt.com/>

Address 2550 Commerce Lane  
Ionia, MI 48846

Service Area Montcalm County

Services: Designed for retirees and seniors, you will find our Michigan senior living communities provide the very best in retirement living. We focus on providing personalized living spaces within a community atmosphere. You'll find each of our senior communities represents the finest in assisted living for individuals who need supportive care services.

## Assisted Living

### Green Acres Lowell

Phone: (616) 987-9115

Email:

Web Page <https://www.rimgmt.com/green-acres-lowell/>

Address 11530 Fulton St E  
Lowell, MI 49331

Service Area Kent County

Services: Designed for retirees and seniors, you will find our Michigan senior living communities provide the very best in retirement living. We focus on providing personalized living spaces within a community atmosphere. You'll find each of our senior communities represents the finest in assisted living for individuals who need supportive care services.

### Hart's Haven AFC

Phone: (888) 595-9061

Email:

Web Page

Address 774 Dickerson Lake Road  
Greenville, MI 48838

Service Area Montcalm County

Services: Hart's Haven Adult Foster Care is a board and care home located in Greenville, MI that offers a home-like environment. The cost at this property starts at \$3,217, while the average cost for a senior living community in Greenville, MI is \$3,850. These are estimated prices. At a board and care home, residents can expect to receive more personalized care, compared to that of a larger senior living community, while also enjoying transportation arrangement and assistance with their activities of daily living (ADLs), some of which include grooming, transferring from a bed or a chair, and eating. When living at Hart's Haven Adult Foster Care, residents can participate in small, organized group activities unique to the residents lives. Hart's Haven Adult Foster Care is licensed in the state of Michigan as an "adult foster care facility".

### Hathaway Hills Assisted Living

Phone: (616) 522-3112

Email:

Web Page <https://leisure-living.com/community/hathaway-hills-mi/>

Address 1515 Meijer Dr  
Greenville, MI 48838

Service Area Montcalm County

Services: Hathaway Hills, a Leisure Living Community, is located in Greenville, Michigan. Here, we're passionate about serving our senior living residents and sharing life's journey together. Within our community, residents and family members will find an inviting and warm environment. With assisted living and memory care options, our purpose is to provide high-quality senior lifestyle services that promote the value and dignity of every person.

## Assisted Living

### Huff's Back Achers

Phone: (616) 642-9210

Email:

Web Page

Address 9415 Winslow Drive  
Saranac, MI 48881

Service Area Ionia county

Services: Huffs Back Achers is a board and care home located in Sidney, MI that offers a boutique environment. The cost at this property starts at \$3,386, while the average cost for a senior living community in Sidney, MI is \$3,850. These are estimated prices. At a board and care home, residents can expect to receive more personalized care, compared to that of a larger senior living community, while also enjoying transportation arrangement and assistance with their activities of daily living (ADLs), some of which include maintaining personal hygiene (including oral care), bathing, and grooming. When living at Huffs Back Achers, residents can participate in small, organized group activities unique to the residents lives. Huffs Back Achers is licensed in the state of Michigan as an "adult foster care facility".

### Maple Ridge Manor

Phone: (616) 552-1588

Email:

Web Page <https://www.mapleridgemanor.com/>

Address 12020 Foreman St SE  
Lowell, MI 49331

Service Area Kent County

Services: Maple Ridge Manor is a family owned 54-room resident facility, located in Lowell and Manistee Michigan. Our Lowell facility opened summer of 2020, and we are excited to provide an opportunity for local families to keep their loved ones, who can no longer live on their own, close to home and in the community they already know and love. Maple Ridge Manor will serve as an extension of the community and a place our residents will be proud to call "home. Our Manistee facility is scheduled to open in 2021.

### Overlook Home Inc.

Phone: (616) 691-7258

Email:

Web Page

Address 12700 Overlook Drive NE  
Greenville, MI 48838

Service Area Montcalm and Kent County

Services: We are a 12 bed private Veteran family owned Adult Foster Care / Assisted Living Family Home for Disabled U.S. Veterans. Country setting on private road to Wabasis lake. 3 acre yard. Lots of wildlife etc. Local transportation provided. Staffed around the clock. Located just north of Grattan, Kent County in Oakfield Township with a Montcalm County, Greenville address. Montcalm and Kent County services. We specialize working with The VA & Disabled U.S. Veterans. God Bless our troops. Thank you for your service.

## Assisted Living

### Portland Assisted Living

Phone: (517) 643-2073

Email:

Web Page <http://portlandassistedlivingcenter.com/>

Address 223 Charlotte Highway  
Portland, MI 48875

Service Area Anyone

Services: If you're thinking about placing your loved one in an assisted living facility in Portland, MI, you've come to the right place. Portland Assisted Living and Memory Center provides around-the-clock care to residents. We do all levels of care including dementia and provide care for those needing mild assistance to end of life. Our center is one of a kind. We are family owned and we want your loved ones to join our family. Our renovated center is equipped to give your loved ones a great experience. Assisted Living is our goal and we are here to service and care for your family members.

### The Brook of Portland

Phone: (517) 347-4790

Email:

Web Page <https://brookretirement.com/the-brook-of-portland/>

Address 102 Rindlehaven Commons  
Portland, MI 48875

Service Area Anyone

Services: At The Brook, we are deeply committed to quality care. We have taken every measure necessary to ensure that we will be here, serving families and communities in Michigan, for the long term. This requires us to have a solid business model, active and engaged leadership, and consistent financial performance. This is our purpose, and everyone within The Brook organization is committed to it.

## Assistive Technology

### Assurance Wireless

Phone: (888) 321-5880

Email:

Web Page <https://www.assurancewireless.com/>

Address P.O. Box 5040  
Charleston, IL 61920

Service Area Anyone

Services: Assurance Wireless is a federal Lifeline Assistance program. Lifeline is a government assistance program. The Assurance Wireless offer provides eligible low-income customers free monthly data, unlimited texting, and free monthly minutes. Plus a free phone. Enrollment is available to individuals who qualify based on federal or state-specific eligibility criteria. You may qualify if you are on certain public assistance programs, like Medicaid or Supplemental Nutrition Assistance Program (SNAP). You can also qualify based on your household income. If you are unemployed, you can use your Unemployment Benefit Letter as proof of eligibility until 09/30/21.

### SafeLink

Phone: (800) 723-3546

Email:

Web Page <https://www.safelinkwireless.com/Enrollment/Safelink/en/Web/www/default/index.html>

Address PO Box 160490  
Hialeah, FL 33016

Service Area Anyone

Services: SAFELINK WIRELESS® is a program provided by TracFone Wireless, Inc. serving eligible households. To participate in the SAFELINK WIRELESS® service, certain eligibility requirements must be met, which are set by each State where the service is provided. These requirements are based on a person's participation in state, Federal support programs, or by meeting the Income Poverty Guidelines as defined by the U.S. Government. SAFELINK WIRELESS® service is limited to one person per household.

## Autism

### Advance ABA Care

Phone: (517) 245-4778

Email: [admin@advanceabacare.com](mailto:admin@advanceabacare.com)

Web Page <https://advanceabacare.com/>

Address P.O. BOX 12279  
Lansing, MI 48901

Service Area Ingham/ Livingston/ Wayne

Services: Advance ABA Care provides Premium Autism and Speech services. We help with diagnosis referral to help you get your child started in the right direction. Our services include in-home, community and clinical based therapy. Advance ABA Care strives for excellence and is Accredited with Behavioral Health Center of Excellence (BHCOE).

### Autism Alliance of Michigan (AAoM)

Phone: (877) 463-AAOM

Email:

Web Page <https://autismallianceofmichigan.org/>

Address 30100 Telegraph Road, Ste 250  
Bingham Farms, MI 48025

Service Area MI Residents

Services: We are leading collaborative efforts across the state that will improve the quality of life for individuals with autism through education, access to comprehensive services, community awareness, inclusion efforts, and coordinated advocacy.

### Michigan State University Psychological Services - The Autism Clinic

Phone: (517)355-9564

Email:

Web Page [https://psychology.msu.edu/\\_assets/pdfs/clinic-brochures/autismclinic.pdf](https://psychology.msu.edu/_assets/pdfs/clinic-brochures/autismclinic.pdf)

Address 316 Physics Rd #151  
East Lansing, MI, 48824

Service Area Greater Lansing Area

Services: The Autism Clinic provides evidence -based services to help individuals improve social communication, develop skills, and manage behaviors or emotional concerns, such as anxiety and depression. Therapists in the Autism Clinic receive specialized training in ASD assessment and treatment. We have a special emphasis on helping parents and teachers develop skills for working with children on the autism spectrum using evidence -based practices. We provide tailored services for individuals and their families following a careful and collaborative consultation phase. Based on need and availability, the following services are available through the clinic: • Diagnostic assessments • Individual treatment • Consultations • Parent training • Behavior management • Social Skills training

## Autism

### Mid-Michigan Autism Association

Phone:

Email:

Web Page <https://www.midmichiganautism.com>

Address P.O. Box 27462  
Lansing, MI 48909

Service Area Mid-Michigan

Services: The Mid-Michigan Autism Association (MMAA) is made up of local people working to improve the quality of life for individuals and families living with developmental disability in Mid-Michigan. In 2008, the MMAA was started by a small group of parents and professionals who wanted to understand best treatment options and local resources for our kids with autism. Early on, we identified that the work we were doing applied to families living with developmental disabilities of all kinds. Thus the by line Autism Driven, not Autism Specific.

### Spartan Caregiver Support Program

Phone:

Email:

Web Page <https://mtb.msu.domains/spartan-caregiver-support/>

Address East Lansing, MI 48824

Service Area Statewide

Services: Spartan Caregiver Support is a free service for – caregivers of children enrolled in Tribal Head Start or Home Visiting Programs (Healthy Start/Family Spirit), and – caregivers of people with autism in the State of Michigan.



## Baby Supplies

### Alpha Family Services of Greenville

Phone: (616) 225-2265

Email:

Web Page <https://www.alphafamilyservices.org/>

Address 705 N. Hillcrest St  
Greenville, MI 48838

Service Area Montcalm County

Services: Alpha has served the Greater Montcalm county area since 1996 in cooperation with Alpha Women's Center of Grand Rapids. In 2007 we became an independent organization. We believe in the strength of faith, family and community. We depend on volunteers and donors to help us serve our clients and their families on a weekly basis.

### Barry Co Women, Infants and Children (WIC)

Phone: (269) 945-9516

Email:

Web Page <https://www.barryeatonhealth.org/WIC>

Address 330 W. Woodlawn Avenue  
Hastings, MI 49058

Service Area Barry County

Services: WIC is a free program for low-income pregnant women, low-income breastfeeding and non-breastfeeding women who have recently given birth, and infants and children up to age five that are at risk for not getting proper nutrition. It offers nutrition education, breastfeeding support, health care referrals, and supplemental food. WIC helps families eat well and stay healthy.

### Child Advocacy Association

Phone: (989) 463-1422

Email:

Web Page <https://childadvocacy.net/>

Address 525 North State Street  
Alma, MI 48801

Service Area Gratiot County

Services: The mission of Child Advocacy is to improve the welfare of children and their families through education, training, and support for the prevention of substance abuse, and child abuse and neglect.

## Baby Supplies

### Eaton Co Women, Infants and Children (WIC)

Phone: (517) 541-2630

Email:

Web Page <https://www.barryeatonhealth.org/WIC>

Address 1033 Health Care Drive  
Charlotte, MI 48813

Service Area Eaton County

Services: WIC is a free program for low-income pregnant women, low-income breastfeeding and non-breastfeeding women who have recently given birth, and infants and children up to age five that are at risk for not getting proper nutrition. It offers nutrition education, breastfeeding support, health care referrals, and supplemental food. WIC helps families eat well and stay healthy.

### Encountering Lives Baby Pantry

Phone: (616) 794-5080

Email:

Web Page <http://encountercommunitychurch.org/cares>

Address 1213 W State Street  
Belding, MI 48809

Service Area Ionia County

Services: This pantry is here to help you in your time of need. We provide essential items including diapers, wipes, formula, baby food, baby wash and shampoo, ointments and clothing. We are open the 2nd Thursday of every month from 9am-11am and 5:30-7:30pm.

### Homeless Angels

Phone: (517) 487-9119

Email:

Web Page <https://www.homelessangels.org/>

Address 3216 W. Main St.  
Lansing, MI 48917

Service Area Lansing area

Services: To rebuild and restore faith in humanity through innovative ideas, programs, and events to create REAL change for people that are homeless or at risk of homelessness.

## Baby Supplies

### Positive Solutions Informed Choices

Phone: (616) 527-4626

Email:

Web Page <https://www.psicionia.org/>

Address 330 Lovell Street  
Ionia, MI 48846

Service Area Ionia County

Services: If you're concerned you may be pregnant and want help with your next steps, make an appointment for a free pregnancy test and options consultation. Thinking about an abortion? If you're facing an unplanned pregnancy, you have choices. You may even be considering abortion. Before you decide, be sure you understand and have considered all your options. Get answers to your questions before you make your choice. There are no eligibility requirements. All services are offered FREE of charge. We keep all visits confidential because your safety and comfort is very important!

### Trinity Church

Phone: (989) 831-4657

Email:

Web Page <https://mytrinitychurch.com/baby-pantry/>

Address 415 N Mill Street  
Stanton, MI 48888

Service Area Montcalm County

Services: We are happy to make our baby pantry ministry available to families residing in Montcalm County with children 4 years old and younger, who are not currently using another area baby pantry. We have the following items available: Diapers (size 1 to size 5), Gently Used Clothing, Blankets, Bottles, Toys, Shoes

## Behavioral Health

### Association for Children's Mental Health (ACMH)

Phone: (517) 372-4016

Email: [acmhadmin@sbcglobal.net](mailto:acmhadmin@sbcglobal.net)

Web Page <http://www.acmh-mi.org>

Address 6017 W. St. Joe Hwy., Suite 200  
Lansing, MI 48917

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: ACMH is a state-wide, non-profit family organization dedicated to supporting families of children and youth with serious emotional, behavioral, or mental health challenges. ACMH provides information, education, peer support, resources, referral, advocacy, leadership, and networking opportunities to help ensure that all Michigan children and youth and their families live in a safe, welcoming community with access to needed services and supports.

### Brightwell Behavioral Health

Phone: (517) 318-5889

Email: [tcarter@brightwellbehavioral.com](mailto:tcarter@brightwellbehavioral.com)

Web Page <https://www.brightwellbehavioral.com/>

Address 3512 Coolidge Rd  
East Lansing, MI 48823

Service Area Statewide

Services: Specialized, short-term inpatient care for senior adults with conditions that include anxiety, psychosis, schizophrenia, behavior disturbances, and depression.

### Community Mental Health Authority of Clinton, Eaton and Ingham Counties (CMHA-CEI)

Phone: (517) 346-8318 (888) (800) 1559

Email: [access@ceicmh.org](mailto:access@ceicmh.org)

Web Page [www.ceicmh.org](http://www.ceicmh.org)

Address 812 East Jolly Rd  
Lansing, MI 48910

Service Area Clinton, Eaton, Ingham

Services: Provides a variety of services including substance abuse services, community services for the developmentally disabled, children's and family services, adult mental health services, and adult and youth crisis services (including mobile crisis unit).

## Behavioral Health

### ETCH: Early Treatment and Cognitive Health

Phone:

Email: [adams@etchwellness.org](mailto:adams@etchwellness.org)

Web Page

Address 4572 E. Hagadorn Rd. Suite 1E  
East Lansing, MI 48823

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Nationally recognized Coordinated Specialty Care model for youth and young adults experiencing a first episode of psychosis.

### GPS Guide to Personal Solutions

Phone: (517) 667-0061

Email: [lreyna@guidetopersonalsolutions.com](mailto:lreyna@guidetopersonalsolutions.com)

Web Page [www.guidetopersonalsolutions.com](http://www.guidetopersonalsolutions.com)

Address 1801 E. Saginaw St Ste. 1  
Lansing, MI 48912

Service Area Clinton, Eaton, Ingham, Ionia

Services: Mental health and substance abuse services to the Greater Lansing area. Therapists are trained in Cognitive Behavioral Therapy (CBT) Trauma, Substance Abuse, Process Addictions, and Mental Health for Depression and Anxiety as well as other mental health concerns. Serve all ages and provide both individual and group services.

### Michigan Child Collaborative Care Program (MC3)

Phone: (517) 930-0264 (844) 289-0381

Email: [vogel@ceicmh.org](mailto:vogel@ceicmh.org)

Web Page <https://mc3.depressioncenter.org/>

Address 1200 E. Michigan Ave. Ste. 145  
Lansing, MI 48912

Service Area All counties in Michigan

Services: Free psychiatric support for primary care providers who are managing patients with mild to moderate behavioral health problems. This includes children, adolescents, and young adults through 26 years old. In addition, perinatal psychiatrists and behavioral health specialists are open to receiving calls about woman contemplating pregnancy, those currently pregnant, or postpartum. The intent is to offer guidance on diagnosis and psychopharmacology as well as suggestions on psychotherapy interventions.

## Behavioral Health

### NAMI Lansing (National Alliance on Mental Illness)

Phone: (517) 484-3404

Email: [info@namilansing.org](mailto:info@namilansing.org)

Web Page: [www.namilansing.org](http://www.namilansing.org)

Address: P.O. Box 26101  
Lansing, MI 48909

Service Area: Clinton, Eaton, Ingham

Services: NAMI Lansing offers classes and support groups for individuals with mental illness and their families. NAMI offers presentations on mental health awareness to schools and community groups. NAMI's signature programs are presented by volunteers who have training and personal experience with the topic.

### Shiawassee Health & Wellness

Phone: (989) 723-6791

Email: [cs@shiabewell.org](mailto:cs@shiabewell.org)

Web Page: <https://shiabewell.org/>

Address: 1555 Industrial Drive  
Owosso, MI 48867

Service Area: Shiawassee

Services: Provides services and support to adults and children with developmental disabilities, adults with serious mental illness, children with emotional disturbances, including individual and group therapy, psychiatric evaluations and medication, case management, Peer Support, youth crisis services (and mobile crisis intervention), Cognitive Behavior therapy and Dialectical Behavior therapy.

### Taylor Life Center

Phone: (517) 833-8100

Email:

Web Page: [www.taylorlifecenter.org](http://www.taylorlifecenter.org)

Address: 632 N. Shiawassee St.  
Owosso, MI 48867

Service Area: Ingham, Genesee, Shiawassee, Macomb

Services: Psychiatric evaluations, Individual therapy, Psychiatric medication, Cognitive behavioral groups, Adolescent groups, Batterer's Intervention, Anger Management, Substance abuse counseling, Dialectical Behavior Therapy (DBT), Cognitive Behavior Therapy,

## Behavioral Health

### Taylor Life Center

Phone: (517) 833-8100

Email:

Web Page [http://consumerservicesinc.org/taylor life center](http://consumerservicesinc.org/taylor_life_center)

Address 585 Jewett Rd. Ste. A PO Box 289  
Mason, MI 48854

Service Area Ingham, Genesee, Shiawassee, Macomb

Services: Psychiatric evaluations, Individual therapy, Psychiatric medication, Cognitive behavioral groups, Adolescent groups, Batterer's Intervention, Anger Management, Substance abuse counseling, Dialectical Behavior Therapy (DBT), Cognitive Behavior Therapy,

Phone: (517) 833-8100

Email:

Web Page <https://taylorlifecenter.org/>

Address G-3169 Beecher Rd. Ste. 203  
Flint, MI 48532

Service Area Ingham, Genesee, Shiawassee, Macomb

Services: Psychiatric evaluations, Individual therapy, Psychiatric medication, Cognitive behavioral groups, Adolescent groups, Batterer's Intervention, Anger Management, Substance abuse counseling, Dialectical Behavior Therapy (DBT), Cognitive Behavior Therapy,

### The Right Door

Phone: 24-hour toll-free crisis line (888) 527-1790 (616) 527-1790

Email: [tmartin@rightdoor.org](mailto:tmartin@rightdoor.org)

Web Page <http://www.rightdoor.org/>

Address 375 Apple Tree Dr.  
Ionia, MI 48846

Service Area Ionia

Services: Mental health services which include: Case Management, Outpatient Therapy, Peer Support, Wrap Around Service for children, Infant Mental Health, Children's services and Psychiatry. All ages are served. Services for the developmentally disabled are provided as well as those who have co-occurring disorders (with substance abuse).

## Behavioral Health

### Women's Center of Greater Lansing

Phone: (517) 372-9163

Email: [womenscentergl@gmail.com](mailto:womenscentergl@gmail.com)

Web Page [www.womenscenterofgreaterlansing.org](http://www.womenscenterofgreaterlansing.org)

Address 1712 E Michigan Ave.  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Serving anyone who identifies as a woman and their family. Provides individual/couples/family counseling, support groups, employment services, professional clothes closet, and legal clinic. Counseling is provided on a sliding scale income-based scale starting at \$1; insurance is not billed at this time. Employment services include resume and cover letter building, job searching assistance, assistance with computer use, and career counseling.



## Burial and Funeral Assistance

### Gift of Life Michigan Organ and Tissue Recovery Program

Phone: (866) 500-5801

Email:

Web Page <https://www.giftoflifemichigan.org>

Address 3861 Research Park Dr.  
Ann Arbor, MI 48108

Service Area Statewide

Services: Gift of Life Michigan, headquartered in Ann Arbor, is the state's federally designated organ and tissue recovery program, providing all services necessary for organ donation to occur in Michigan. We're a non-profit organization working 24 hours a day all over the state as a liaison between donors, hospitals and transplant centers.

### Gorsline Runciman Funeral Homes

Phone: (517) 337-9745

Email:

Web Page <https://www.dignitymemorial.com/funeral-homes>

Address 1730 East Grand River Ave  
East Lansing, MI 48823

Service Area Anyone

Services: Offers a monthly suicide support group

## Child/Family Services

### ALIVE Autism Support Group

Phone: (517) 541-5800

Email: [Kimberly.freiburger@sparrow.org](mailto:Kimberly.freiburger@sparrow.org)

Web Page <https://www.myalive.com/autism-support-group-4>

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: A support group offering the opportunity to connect monthly with individuals caring for children with autism. Spend an evening with others who understand. Meets third Thursday of each month at ALIVE at 6:30pm.

### ALIVE Gift of Heart Support Group

Phone: (517) 541-5800

Email: [Kimberly.freiburger@sparrow.org](mailto:Kimberly.freiburger@sparrow.org)

Web Page <https://www.myalive.com/gift-heart-14>

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: Offering support for parents of foster children or adopted children. Free childcare provided. Meets the first Thursday of each month at ALIVE at 6pm.

### Beacon of Hope Family Care Center

Phone: (989) 224-0328

Email: [beacondirector@stjohnsfbc.com](mailto:beacondirector@stjohnsfbc.com); [beaconoffice@stjohnsfbc.com](mailto:beaconoffice@stjohnsfbc.com); [office@stjohnsfbc.com](mailto:office@stjohnsfbc.com)

Web Page <http://www.stjohnsfbc.com/beacon.html>

Address 512 S. Whittemore St.  
Saint Johns, MI 48879

Service Area Clinton, Gratiot, Ingham, Shiawassee

Services: One-to-one appointments with volunteer advisors, Learn & Earn program, food pantry, used household items, partnerships with legal services and Disability Network Capital Area.

## Child/Family Services

### Big Brothers/Big Sisters Michigan Capital Region

Phone: (517) 372-0160

Email: [0196inquiries@bbbsmcr.org](mailto:0196inquiries@bbbsmcr.org)

Web Page: [www.bbbsmcr.org/](http://www.bbbsmcr.org/)

Address: 7200 W. Saginaw Hwy Ste. 1  
Lansing, MI 48917

Service Area: Clinton, Eaton, Ingham, Ionia, Shiawassee

Services: One to one mentoring organization providing mentors to youth in the community. These matches are professionally supported throughout the duration of the match. Two mentoring programs are offered: Community Based program and Site based program.

### Capital Area Community Services Head Start & Early Head Start

Phone: (517) 482-1504

Email: [elisabeth.holberg@cacsheadstart.org](mailto:elisabeth.holberg@cacsheadstart.org)

Web Page: <https://www.cacsheadstart.org/>

Address: 101 E. Willow St.  
Lansing, MI 48906

Service Area: Clinton, Eaton, Ingham, Shiawassee

Services: CACS Head Start is a federally funded comprehensive preschool program for 0 - 5 year olds for low income families. Since 1965 Headstart has provided children with health, nutrition, and social services, while teaching them the basic skills they need for school success. CACS Head Start is a local private non-profit organization that serves approx. 1700 children and families each year. A core set of standards is offered and quality is maintained through federal performance standards.

### Capital Area Diaper Bank

Phone: (517) 712-0008

Email: [Lkarl407@gmail.com](mailto:Lkarl407@gmail.com)

Web Page: <https://www.facebook.com/CapitalAreaDiaperBank>

Address: Lansing Mall 54460 W Saginaw St., unit 422  
Lansing, MI 48917

Service Area: Clinton, Eaton, Ingham, and Shiawassee

Services: We provide baby diapers for babies to our partner agencies in our service area, as well as those in our service area which come to our store that are on assistance. We also provide incontinent supplies to the disabled, elderly and handicapped in our area as well as to some classrooms where the teachers are in need of incontinence supplies for their students that are disabled. We also provide formula, non perishable baby food, and baby supplies. We are part of the FRETAIL store and provide clothing, food, personal items to all families in need.

## Child/Family Services

### Capital Area Perinatal Wellness Coalition

Phone: (517) 712-7687

Email: [kerstenkimmerly1@gmail.com](mailto:kerstenkimmerly1@gmail.com)

Web Page <https://www.capitalareapmad.org/>

Address 1151 Michigan Ave., Suite 122  
East Lansing, MI 48823

Service Area Ingham, Eaton, Clinton

Services: Support for the mental health of families during pregnancy and postpartum up to 18 months by sharing educational mental health resources, increasing equitable access to professional care, equipping peer supporters and engaging in community advocacy.

### Caring & Sharing Family Life Services, Inc.

Phone: (989) 224-1010

Email: [caringandsharingfls@gmail.com](mailto:caringandsharingfls@gmail.com)

Web Page

Address 1000 E. Sturgis St. Suite 5  
St. Johns, MI 48879

Service Area Clinton, Gratiot

Services: Information, education, and support programs for families including maternal infant health program, nurturing parenting, grands plus (grandparents raising grandchildren) and other classes.

### Child Abuse Prevention Services - Child and Family Charities

Phone: (517) 371-1347

Email: [rachelprosen@childandfamily.org](mailto:rachelprosen@childandfamily.org)

Web Page <http://www.childandfamily.org/page.php?id=129>

Address 4287 Five Oaks Drive  
Lansing, MI 48911

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Works to strengthen families by providing parents with tools and resources to raise happy and healthy children. Offers respite childcare for children 6 weeks through age five in a licensed childcare facility.

## Child/Family Services

### Child and Family Charities

Phone: (517) 882-4000 x126

Email: [demphna@childandfamily.org](mailto:demphna@childandfamily.org)

Web Page <http://www.childandfamily.org/>

Address 4287 Five Oaks Drive  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham, Livingston

Services: Over the past 111 years, Child and Family Charities has grown into a multi-service organization. Through six divisions and 30+ programs, Child and Family Charities, a nonprofit, provides a broad spectrum of care to over 15,000 people in Michigan directed at helping abused/traumatized children, youth and keeping families intact while strengthening the community's health, happiness and self-sufficiency.

### Children's Advocacy Centers of Michigan

Phone: (616) 228-4546

Email: [admin@cacmi.org](mailto:admin@cacmi.org)

Web Page <https://cacmi.org/>

Address 2855 44th St. Suite 140  
Grandville, MI 49418

Service Area All counties in Michigan

Services: The Children's Advocacy Centers of Michigan (CACMI) is a statewide network of more than 30 children's advocacy centers (CACs) around the state. Our mission is to promote healing for child victims of abuse. We support the work of CACs through consultation, peer learning, specialty training, and public policy advocacy. Children's Advocacy Centers are safe, child friendly environments for children affected by sexual abuse, physical abuse, exposure to other traumatic criminal events, or serious neglect. CACs coordinate multi-disciplinary responses to child abuse and work with child protective services, law enforcement, and prosecutor's offices to ensure that effective information sharing and team work is utilized to approach every case of child abuse.

### Children's Palliative Care Coalition of Michigan

Phone: (517) 364-2756

Email: [admin@childpalliative.org](mailto:admin@childpalliative.org)

Web Page <https://www.childpalliative.org>

Address PO Box 205  
Okemos, MI 48805

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: A statewide organization that is made up of professionals and parents representing hospitals, support services, hospice organizations, bereavement services, and government agencies. The coalition mission is to share best practices in the care and support of children with serious illness and their families and to identify opportunities to improve their care and support through education and advocacy.

## Child/Family Services

### Early On/Build-Up Michigan

Phone: (800) 327-5966

Email: [eoreferral@edzone.net](mailto:eoreferral@edzone.net)

Web Page: [www.1800earlyon.org](http://www.1800earlyon.org)

Address: 240 S. Bridge St.  
DeWitt, MI 48820

Service Area: Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw. All counties in Michigan

Services: Early On provides public awareness materials about early intervention and special education services and/or supports. Build Up Michigan is a campaign to help raise awareness about early childhood special education services that are available for eligible three to five-year olds through their local school districts.

### EightCAP, Inc. 0-5 Head Start

Phone: (616) 754-9315

Email: [janl@8cap.org](mailto:janl@8cap.org)

Web Page: <https://8cap.org/>

Address: 5827 Orleans Road  
Orleans, MI 48865

Service Area: Clinton (Early Head Start only), Gratiot, Ionia, Isabella, Montcalm

Services: Head Start is a federally funded child development program that serves pregnant women, infants, toddlers, and children ages 0 - 5. Its success is based on compassionate partnerships between staff and parents. Programs work with families to remove barriers to success and deepen parents' abilities to support their children.

### Ele's Place - Capital Region

Phone: (517) 482-1315, x 28

Email: [marmstrong@elesplace.org](mailto:marmstrong@elesplace.org)

Web Page: <http://www.elesplace.org>

Address: 1145 W. Oakland Ave.  
Lansing, MI 48915

Service Area: Ingham, Eaton, Clinton, Shiawassee, Ionia, Gratiot, Jackson, and Livingston

Services: Ele's Place is a nonprofit, community-based organization whose mission is to increase awareness of and support for grieving children and their families. Through peer support groups, Ele's Place helps children and teens cope with the death of someone close to them. We also partner with local schools and all services are provided at no cost to families. In addition, any adult who brings a child to program can participate in an adult support group. Additional locations in Ann Arbor, Flint and Grand Rapids.

## Child/Family Services

### Expectant Parents Organization/Capital Area Baby Café

Phone: (517) 887 7000

Email: [epo@epobaby.org](mailto:epo@epobaby.org)

Web Page [www.epobaby.org](http://www.epobaby.org)

Address 3315 South Pennsylvania Ave.  
Lansing, MI 48910

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Expectant Parent Organization offers classes to prepare mid Michigan parents for childbirth and caring for their infant. Classes include labor and delivery, infant care, breastfeeding, infant safety (CPR), etc. EPO also offers the Capital Area Baby Cafe, a free, drop in breastfeeding support group every Wed. 10am - 12pm and the 1st and 3rd Thursday from 5:30 - 7:30 pm for mothers who are breastfeeding or thinking about breastfeeding.

Phone: (517) 887 7000

Email: [epo@epobaby.org](mailto:epo@epobaby.org)

Web Page [www.epobaby.org](http://www.epobaby.org)

Address 3315 South Pennsylvania Ave.  
Lansing, MI 48910

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Expectant Parent Organization offers classes to prepare mid Michigan parents for childbirth and caring for their infant. Classes include labor and delivery, infant care, breastfeeding, infant safety (CPR), etc. EPO also offers the Capital Area Baby Cafe, a free, drop in breastfeeding support group every Wed. 10am - 12pm and the 1st and 3rd Thursday from 5:30 - 7:30 pm for mothers who are breastfeeding or thinking about breastfeeding.

### Great Start Collaboratives

Phone: (517) 244-1384

Email: [mnicols@inghamisd.org](mailto:mnicols@inghamisd.org)

Web Page <https://inghamgreatstart.org>

Address 2630 W. Howell Rd.  
Mason, MI 48854

Service Area Ingham

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

## Child/Family Services

### Great Start Collaboratives

Phone: (989) 399-7452

Email: [jkozan@sisd.cc](mailto:jkozan@sisd.cc)

Web Page: <https://greatstartkent.org/>

Address: 3933 Barnard Rd.  
Saginaw, MI 48603

Service Area: Saginaw

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

Phone: (989) 725-2581

Email: [herrick@sresd.org](mailto:herrick@sresd.org)

Web Page: <https://www.sresd.org/great-start-shiawassee/great-start-collaborative/>

Address: 1025 N. Shiawassee St.  
Corunna, MI 48817

Service Area: Shiawassee

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

Phone: (616) 527-4900

Email: [skapteyn@ioniaisd.org](mailto:skapteyn@ioniaisd.org)

Web Page: <http://business.ioniachamber.org/list/member/great-start-collaborative-106>

Address: 2191 Harwood Rd.  
Ionia, MI 48846

Service Area: Ionia

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.



## Child/Family Services

### Great Start Collaboratives

Phone: (989) 224-6831

Email: [gsc@ccresa.org](mailto:gsc@ccresa.org)

Web Page: <http://www.clintongreatstart.org/>

Address: 4179 South US Hwy 27  
St. Johns, MI 48879

Service Area: Clinton

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

Phone: (989) 433-2962 x 43320

Email: [mwalker@giresd.net](mailto:mwalker@giresd.net)

Web Page: [www.giresd.net](http://www.giresd.net)

Address: 1131 East Center Street, PO Box 310  
Ithaca, MI 48847

Service Area: Gratiot

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

Phone: (517) 541-8987

Email: [nselleck@eatonresa.org](mailto:nselleck@eatonresa.org)

Web Page: <https://www.eatonresa.org/early-childhood/>

Address: 1790 East Packard Highway  
Charlotte, MI 48813

Service Area: Eaton

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

## Child/Family Services

### Great Start Collaboratives

Phone: (517) 244-1246

Email: [travis.neller@inghamisd.org](mailto:travis.neller@inghamisd.org)

Web Page: <https://inghamgreatstart.org>

Address: 2630 W. Howell Rd.  
Mason, MI 48854

Service Area: Ingham

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

Phone: (616) 225-6146

Email: [coconnor@maisd.com](mailto:coconnor@maisd.com)

Web Page: [www.greatstartmontcalm.org](http://www.greatstartmontcalm.org)

Address: 621 New Street  
Stanton, MI 48888

Service Area: Montcalm

Services: Great Start Collaboratives (GSC's) are coalitions of many partners, including parents, working together to promote the common goal of ensuring all children are ready to succeed in school and life. GSC focuses on the early childhood system and programs, supports, and services may include implementation of early childhood classroom programs, family focused home visiting, parent education, early intervention services, and services for families to help promote development and learning for their child.

### Highfields

Phone: (517) 887-2762

Email: [northteam@highfields.org](mailto:northteam@highfields.org)

Web Page: [www.highfields.org](http://www.highfields.org)

Address: 4305 S. Cedar St.  
Lansing, MI 48910

Service Area: Barry, Branch, Calhoun, Clinton, Eaton, Gratiot, Hillsdale, Ingham, Jackson, Lenawee, Livingston

Services: Highfields serves as a safety-net for families and children by providing counseling, education and residential care.

## Child/Family Services

### Highfields

Phone: (517) 887-2762  
Email: [northteam@highfields.org](mailto:northteam@highfields.org)  
Web Page [www.highfields.org](http://www.highfields.org)  
Address 4305 S. Cedar St.  
Lansing, MI 48910  
Service Area Barry, Branch, Calhoun, Clinton, Eaton, Gratiot, Hillsdale, Ingham, Jackson, Lenawee, Livingston  
Services: Highfields serves as a safety-net for families and children by providing counseling, education and residential care.

### Ionia County Maternal Infant Health Program

Phone: (616) 527-5341  
Email:  
Web Page <https://ioniacounty.org/health/health-department/mihp/>  
Address 175 E. Adams Street  
Ionia, MI 48846  
Service Area Ionia County  
Services: The Maternal Infant Health Program (MIHP) provides home visitation for Medicaid-eligible pregnant women and infants up to 18 months of age. Services are provided by licensed, specially trained registered nurses and social workers. MIHP services are intended to supplement regular prenatal/infant care and to assist physicians in managing the health and well-being of mothers and babies. The overall purposes of the MIHP program are to promote healthy pregnancies, positive birth outcomes and health infant growth and development. The MIHP program is part of Michigan's strategic plan to decrease infant death through support and education regarding the benefits of breastfeeding and safe sleep practices.

### Kinship Care Resource Center

Phone: (517) 355-9600 (800) 535-1218  
Email: [kinship@msu.edu](mailto:kinship@msu.edu)  
Web Page <https://kinship.msu.edu/>  
Address MSU, 655 Auditorium Rd. Room 254, Baker Hall  
East Lansing, MI 48824  
Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.  
Services: The Kinship Care Resource Center (KCRC) is a community program in the School of Social Work at Michigan State University that serves kinship families across the state of Michigan. The KCRC strives to ensure that all current and prospective kinship caregivers are supported and connected with resources and services that they need to ensure the well-being of the children they are raising and to care for themselves. It also provides respite care funds for kinship caregivers 55 and older residing in Clinton, Eaton and Ingham counties. The KCRC also utilizes research to provide education and outreach for communities, agencies, and individuals involved in supporting kinship families.

## Child/Family Services

### La Leche League of Michigan

Phone: (517) 648-0432

Email:

Web Page <http://www.lalecheleagueofmichigan.org/>

Address:

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Offers support, education, information, and encouragement of breastfeeding and its benefits to child and mother

### Lead Safe Home program (LSHP) - Michigan Department of Health and Human Services.

Phone: (517) 284-9956

Email: [HHSInfo@michigan.gov](mailto:HHSInfo@michigan.gov)

Web Page [www.michigan.gov/leadsafe](http://www.michigan.gov/leadsafe)

Address 235 S. Grand Ave. Suite 410  
Lansing, MI 48909

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw. All counties in Michigan

Services: Statewide lead abatement program for homeowners and tenants. The priority is children with elevated blood levels of 5mg/dL or higher with some other requirements for program admission. The LSHP is here to address the lead in the environment where children are spending much of their time to ensure a safe living environment.

### Make-A-Wish Foundation of Michigan

Phone: (800) 622-9474

Email: [wish@michigan.wish.org](mailto:wish@michigan.wish.org)

Web Page <http://michigan.wish.org/>

Address 7600 Grand River Avenue Suite 175  
Brighton, MI 48114

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Wish Granting Organization creating positive life-changing wishes to children with critical illnesses

### MDHHS - Childhood Lead Poisoning Prevention Program (CLPPP)

Phone: (517) 335-8885

Email: [MDHHS-CLPPP@michigan.gov](mailto:MDHHS-CLPPP@michigan.gov)

Web Page [www.michigan.gov/lead](http://www.michigan.gov/lead)

Address 235 S. Grand Ave  
Lansing, MI 48933

Services: CLPP works to prevent lead poisoning throughout the state of Michigan through data surveillance of blood lead data, education, outreach and health services in partnership with the local health departments.

## Child/Family Services

### Michigan Department of Education (MDE) Office of Special Education (OSE)

Phone: (517) 241-7075 (888) 320-8384

Email: [mde-ose@michigan.gov](mailto:mde-ose@michigan.gov)

Web Page <https://www.michigan.gov/mde/0,4615,7-140-6598---,00.html>

Address 608 W. Allegan St. PO Box 30008  
Lansing, MI 48933

Service Area Statewide

Services: The Office of Special Education provides an information line for special education questions which can be accessed through phone and email. The OSE website includes information about special education topics including Family Matters, which has a variety of easy-to-read fact sheets about special education and more in-depth resources.

### MSU Extension Health and Nutrition Instructor

Phone: (989) 743-2251

Email: [thick@msu.edu](mailto:thick@msu.edu)

Web Page [https://www.canr.msu.edu/outreach/about/impacts\\_and\\_programming\\_in\\_michigan/health-nutrition/index](https://www.canr.msu.edu/outreach/about/impacts_and_programming_in_michigan/health-nutrition/index)

Address 149 East Corunna Ave.  
Corunna, MI 48817

Service Area Shiawassee

Services: The agency's goal is to teach healthy nutrition to people of all ages, as well as teach the value of physical activity in everyone's life. The agency works with participants about stretching food dollars and food safety. A variety of nutrition classes are offered for all ages.

Phone: (810) 667-0341

Email: [henner@msu.edu](mailto:henner@msu.edu)

Web Page [https://www.canr.msu.edu/outreach/about/impacts\\_and\\_programming\\_in\\_michigan/health-nutrition/index](https://www.canr.msu.edu/outreach/about/impacts_and_programming_in_michigan/health-nutrition/index)

Address 1800 Imlay City Rd., Suite 1  
Lapeer, MI 48446

Service Area Statewide

Services: The agency's goal is to teach healthy nutrition to people of all ages, as well as teach the value of physical activity in everyone's life. The agency works with participants about stretching food dollars and food safety. A variety of nutrition classes are offered for all ages.

Phone: (517) 887-4574

Email: [fletchta@msu.edu](mailto:fletchta@msu.edu)

Web Page [https://www.canr.msu.edu/outreach/about/impacts\\_and\\_programming\\_in\\_michigan/health-nutrition/index](https://www.canr.msu.edu/outreach/about/impacts_and_programming_in_michigan/health-nutrition/index)

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham

Services: The agency's goal is to teach healthy nutrition to people of all ages, as well as teach the value of physical activity in everyone's life. The agency works with participants about stretching food dollars.

## Child/Family Services

### National Center for Missing and Exploited Children

Phone: (800) 843-5678

Email:

Web Page [www.missingkids.com](http://www.missingkids.com)

Address

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Helps in locating children and assists victims of child abduction and sexual exploitation, their families and the professionals who serve them.

### National Runaway Safeline

Phone: (800) RUNAWAY

Email:

Web Page <https://www.1800runaway.org/>

Address 3141B N. Lincoln  
Chicago, IL 60657

Service Area

Services: The National Runaway Safeline (NRS) is here to listen to those thinking of running away or already have. Our services are confidential and nonjudgmental.

### Old Newsboys Association of Greater Lansing

Phone: (517) 599-1261

Email: [info@lansingoldnewsboys.org](mailto:info@lansingoldnewsboys.org)

Web Page <http://www.lansingoldnewsboys.org/>

Address P.O Box 14058  
Lansing, MI 48901

Service Area Lansing

Services: The agency serves Lansing and all schools within a 25-mile radius. Provides shoes & boots to school-aged children who are eligible for the free or reduced lunch programs @ school. They provide services to children in the following schools/locations: public, home, parochial, private, charter, agency, Head Start, VFW Home for Children in Eaton Rapids, and DHS. The program is run through the schools and a third party administrator. The Old Newsboys also help entire families affected by acts of nature, i.e. flood, fire, tornado.

## Child/Family Services

### Planned Parenthood of Michigan

Phone: (800) 230-PLAN or (517) 351-0550

Email: [martha.nokken@ppmchoice.org](mailto:martha.nokken@ppmchoice.org)

Web Page <https://www.plannedparenthood.org>

Address 300 N. Clippert #6  
Lansing, MI 48912

Service Area All counties in Michigan

Services: Planned Parenthood provides annual exams and pap tests, birth control services, emergency contraception, diagnosis/treatment of abnormal pap tests, STI testing and treatment, rapid HIV testing and education, pregnancy testing and options information. Some of our health centers offer PrEP services, surgical and medication abortion, and vasectomy services.

### Pregnancy Resource Center of Shiawassee County

Phone: (989) 723-4025

Email: [csd.prc@gmail.com](mailto:csd.prc@gmail.com)

Web Page <https://web.shiawasseechamber.org/Health-Care-Services/Pregnancy-Resource-Center-1628>

Address 224 N. Ball St.  
Owosso, MI 48867

Service Area Shiawassee and surrounding

Services: Free pregnancy tests as well as free prenatal and parenting classes for women and men. Practical Fatherhood, Money Management, and Bible classes also available.

### Pregnancy Services of Greater Lansing

Phone: (517) 332-0633 (800) 395-4357 after hours

Email: [info@pregnancylansing.com](mailto:info@pregnancylansing.com)

Web Page

Address 1045 E. Grand River Ave.  
East Lansing, MI 48823

Service Area Ingham

Services:

Phone: (517) 332-0633 (800) 395-4357 after hours

Email: [info@pregnancylansing.com](mailto:info@pregnancylansing.com)

Web Page <http://pregnancylansing.com/>

Address 6810 S Cedar St, Suite C  
Lansing, MI 48911

Service Area Ingham

Services: Offers free pregnancy testing, counseling, baby clothing, maternity clothing, parenting classes, post-adoption counseling, and referrals

## Child/Family Services

### Reach Out and Read

Phone: (517) 887-4311

Email: [info@reachoutandread.org](mailto:info@reachoutandread.org)

Web Page <http://www.reachoutandread.org>

Address 5303 S. Cedar St. Ste 3  
Lansing, MI 48910

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: A nonprofit organization that gives young children a foundation for success by incorporating books into pediatric care and encouraging families to read aloud together.

### Shades of Perinatal Wellness

Phone: (517) 712-7687

Email: [kerstenkimmerly1@gmail.com](mailto:kerstenkimmerly1@gmail.com)

Web Page <https://www.capitalareapmad.org/pregnancy-postpartum>

Address 1141 North Pine St.  
Lansing, MI 48906

Service Area Ingham, Eaton, Clinton

Services: Free perinatal mood disorder support group

### Shared Pregnancy Women's Center

Phone: (517) 484-1882

Email: [sharedpregnancy@msn.com](mailto:sharedpregnancy@msn.com)

Web Page [www.sharedpregnancy.org](http://www.sharedpregnancy.org)

Address 503 N. Walnut St.  
Lansing, MI 48933

Service Area Clinton, Eaton, Ingham, Welcomes all

Services: Welcomes parents from all counties. Shared Pregnancy Women's Center helps women in unexpected or challenging pregnancies with emotional, material, and educational support, and assists families with small children. They do this by providing free pregnancy tests, free limited obstetric ultrasounds, referrals, counseling and a Learn & Earn program where clients earn points to get necessary baby items like diapers, wipes, baby clothes, cribs and much more. They serve both moms and dads and babies up to three years old.



## Child/Family Services

### Shiawassee Regional Education Service District

Phone: (989) 725-2581

Email: [agnew@sresd.org](mailto:agnew@sresd.org)

Web Page <https://www.sresd.org>

Address 114 W. North Street  
Owosso, MI 48867

Service Area Shiawassee

Services: Provide research-based teaching and learning methods and professional development to school personnel, along with direct services like speech, physical therapy and many others to students, and Special Education for students birth to 26, as well as Early Childhood, Great Parent/Great Start services, Shiawassee Scholars and Career & Technical Education.

### Sparrow Pediatric Subspecialty Clinic

Phone: (517) 364-5490

Email: [Layna.Korcal@Sparrow.org](mailto:Layna.Korcal@Sparrow.org)

Web Page [www.sparrow.org/pedsubspecialties](http://www.sparrow.org/pedsubspecialties)

Address 1200 E. Michigan Ave. Suite 460  
Lansing, MI 48909

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: All counties in SCN region. Accept referrals from primary care physicians or from an inpatient consultation. The clinics available are: Developmental Assessment Clinic, Cleft Palate Clinic, Myelodysplasia (Spina Bifida) Clinic, Synagis Injection Clinic, Endocrinology, Gastroenterology, Surgery, Nephrology, Ophthalmology, Neurology, Urology, Physiatrist (Physical Medicine and Rehabilitation), Genetics, and Dietary.

### St. Vincent Catholic Charities

Phone: (517) 323-4734

Email:

Web Page <http://stvcc.org/>

Address 2800 W. Willow St.  
Lansing, MI 48917

Service Area Clinton, Eaton, Ingham

Services: Partners with children, families and adults living in crisis to find hope and safety so they can transform their lives. Services include Adoption, Foster Care, Children's Home, Refugee Resettlement, Immigration Law Clinic, Volunteer Opportunities, and Counseling Services for individuals, children, family, couples, and groups by licensed, professionally trained staff. Therapy is offered for, but not limited to, Abuse and trauma, Addiction, Anger Management, Anxiety, Child behavior issues, Communication Skills, Depression, Family/couple conflicts, Family Illness, Grief and loss, PTSD, and Substance abuse.

## Child/Family Services

### The Davies Project for Mid-Michigan Children

Phone: (517) 515-5122

Email: [maryjo@thedaviesproject.org](mailto:maryjo@thedaviesproject.org)

Web Page: <http://www.thedaviesproject.org/>

Address: 230 Bingham Street Ste. 100  
Lansing, MI 48912

Service Area: Clinton, Eaton, Ingham

Services: Portions of Clinton, Eaton, and Ingham counties. Provide free rides to all kinds of local medical care for Lansing area children with serious medical conditions and special needs who have poor access to transportation. When transportation is a challenge, rides to prenatal care for expecting moms and to the NICU for new parents with hospitalized infants are provided. Caring, well-screened volunteer drivers provide the rides.

### The Turning Point of Lansing

Phone: (517) 336-8067

Email: [info@theturningpointoflansing.org](mailto:info@theturningpointoflansing.org)

Web Page: <http://www.theturningpointoflansing.org/about-us/>

Address: 5815 Wise Rd  
Lansing, MI 48911

Service Area: Ingham, Eaton, Clinton

Services: Mentoring program for young men 7th to 12th grades. Provides mentoring relationships to support growth and leadership development which includes goal setting, academic achievement, and support for parents.

### Tri-County Office on Aging Kinship Care

Phone: (517) 896 0599 (517) 896 0733

Email: [phiferc@tcoa.org](mailto:phiferc@tcoa.org); [kosinskis@tcoa.org](mailto:kosinskis@tcoa.org)

Web Page: [www.tcoa.org](http://www.tcoa.org)

Address: 5303 S Cedar St. Suite 1  
Lansing, MI 48911

Service Area: Clinton, Eaton, Ingham

Services: Kinship Support -Information, resources, or connections are provided about programs that provide relief or a break to caregivers age 55+ caring for a minor child.

## Child/Family Services

### Voices For Children Advocacy Center

Phone: (989)723-5877

Email: [info@voicesforcac.org](mailto:info@voicesforcac.org)

Web Page <http://voicesforcac.org>

Address 515 East Street  
Flint, MI 48503

Service Area Flint

Services: Child Advocacy Center provides multi-disciplinary approach to children of suspected abuse. Prevention Programs provided including mandated reporting training, ages pre-K to high school prevention education, internet safety, safe-baby, darkness to light/Stewards of Children. Available online and free to the community.

Phone: (989)723-5877

Email: [info@voicesforcac.org](mailto:info@voicesforcac.org)

Web Page <http://voicesforcac.org>

Address 1216 W Main St.  
Owosso, MI 48867

Service Area Shiawassee

Services: Child Advocacy Center provides multi-disciplinary approach to children of suspected abuse. Prevention Programs provided including mandated reporting training, ages pre-K to high school prevention education, internet safety, safe-baby, darkness to light/Stewards of Children. Available online and free to the community.

### Willow Tree Family Center/Next Generation Lactation Service

Phone: (586) 806-9832

Email: [support@willowtreefamily.com](mailto:support@willowtreefamily.com)

Web Page <http://www.willowtreefamily.com/>

Address 1141 North Pine St.  
Lansing, MI 48906

Service Area Clinton, Eaton, Ingham

Services: Willow Tree Family Center provides free and low-cost services to pregnant women and young families, including support groups for all ages and stages, referrals, resources, education and more. Willow Tree hosts the Greater Lansing Baby Fair, Michigan's largest exhibition for new parents.

## Childcare

### Eaton Co Great Start

Phone: (517) 541-8987

Email:

Web Page <https://www.eatonresa.org/early-childhood/eaton-great-start/>

Address 1790 S. Packard Hwy. (Eaton RESA)  
Charlotte, MI 48813

Service Area Eaton County

Services: Agencies, parents, caregivers, and the community commit to providing a supportive environment characterized by respect and by the provision of accessible and coordinated services. Offer a Welcome Baby Bag to all new babies in Eaton Co.

### Gratiot Great Start Collaborative

Phone: (989) 433-2962

Email:

Web Page <https://www.giresd.net/Page/340>

Address 1131 E. Center Street  
Ithaca, MI 48847

Service Area Gratiot County

Services: Imagine what the world would be like if all children and families had the support they need to reach their full potential. The Great Start Collaborative is here to make that vision a reality! We aim to achieve that goal by focusing on these four outcomes: Children are born healthy, Children are healthy, thriving, and developmentally on track from birth to third grade, Children are developmentally ready to succeed in school at time of school entry, Children are prepared to succeed in fourth grade and beyond by reading proficiently by the end of third grade. In order to achieve these outcomes, the Great Start Collaborative brings together parents/caregivers and professionals in healthcare, early education, childcare, and social services. Together, we create resources and develop projects to support families and children so we can help all children thrive!

### Montcalm Great Start Collaborative

Phone: (616) 225-6146

Email:

Web Page

Address 621 New Street  
Stanton, MI 48888

Service Area

Services: The collaborative is committed to developing a seamless system that utilizes community resources and supports to help families have access to tools needed to provide a healthy start for all children. A seamless system of care builds networks that support the five focus areas identified in the star points. Our system will ultimately achieve better outcomes for children and their families if we all work together to support

## Chronic Illness Support Group

### Family Caregiver Alliance

Phone: (800) 445-8106

Email:

Web Page <https://www.caregiver.org/>

Address 801 Montgomery St. , Suite 2150  
San Francisco, CA 94104

Service Area National

Services: The mission of Family Caregiver Alliance is to improve the quality of the life for family caregivers and the people who receive their care.

### Fibromyalgia Association of Michigan

Phone: (248) 885-4673

Email:

Web Page <https://www.famichigan.org/>

Address 1800 East 12 Mile Road  
Warren, MI 48093

Service Area Michigan

Services: People diagnosed with fibromyalgia and related chronic pain often feel alone due to the fact that while Fibromyalgia is an illness that is recognized by the United States government, World Health Organization and more, many people still are not familiar with it. The goal of FAM is to provide an organization so people are not alone and connect them to the best resources as soon as possible. Members receive free monthly E-newsletters and real-time news and updates on Facebook and Twitter.

### Metro Fibromyalgia Support Group

Phone: (313) 676-0267

Email:

Web Page <http://metrofibrogroup.com/index.html>

Address 2055 Merriman Road  
Garden City, MI 48135

Service Area Michigan

Services: The purpose of this group is to support each other. We deal with fibromyalgia & Chronic Fatigue Syndrome (CFS) daily. Some people do not understand because we do not look sick. This group is an opportunity to be with others who know and understand how we feel. Fibromyalgia affects anyone. It has no restrictions. Together as a group we help each other. We encourage you to bring spouses, family members & friends to our meetings. This is an opportunity for them to understand you better.

## Chronic Illness Support Group

### Multiple Sclerosis Foundation

Phone: (888) 673-6287

Email:

Web Page [www.msfocus.org](http://www.msfocus.org)

Address 6520 N. Andrews Ave.  
Ft. Lauderdale, FL 33309

Service Area Nationwide

Services: The mission of the Multiple Sclerosis Foundation is to provide programs and support services to those persons affected by MS that help them maintain their health, safety, self-sufficiency, and personal well-being; and to heighten public awareness of multiple sclerosis in order to elicit financial support for the Foundation's programs and services and promote understanding for those diagnosed with the illness.

### Multiple Sclerosis Society

Phone: (800) 344-4867

Email:

Web Page [www.nationalmssociety.org](http://www.nationalmssociety.org)

Address

Service Area Nationwide

Services: Society provides free Multiple Sclerosis Navigators to patients and caregivers who can assist with financial resources, education and support

## Clothing

### Belding Emergency Fund

Phone: (616) 794-1900

Email:

Web Page

Address PO Box 191  
Belding, MI 48809

Service Area Anyone

Services: This fund provides emergency relief for food, clothing, financial assistance and utility bills in Ionia County.

### Central Montcalm Community Church

Phone: (989) 291-0000

Email:

Web Page

Address 215 Main Street  
Sheridan, MI 48884

Service Area Montcalm County

Services: Hours: Mondays from 9:00-11:00 a.m. This pantry offers basic household and personal cleaning items to those in need. Donations of toilet paper, paper towel, laundry soap, laundry bleach, bar soap, shampoo, conditioner, deodorant, toothpaste, dish soap, disposable razors, all purpose cleaner, toilet paper, and paper towel would be greatly appreciated. A limit of 8 boxes per week will be issued. Reservations can be made for them by calling the church office at (989) 291-0000. First come, first serve, based on availability. Families can request one per month.

### Crystal Congregational Church

Phone: (989) 235-4208

Email:

Web Page [https://www.naccc.org/wpbdp\\_listing/crystal-congregational-church/](https://www.naccc.org/wpbdp_listing/crystal-congregational-church/)

Address 300 south Main Street  
Crystal, MI 48818

Service Area Montcalm County

Services: Clothes can be dropped off that day or can call the church to make arrangements; leave a phone message if no one is there to answer your call. The service is for anyone, no restrictions. This food pantry is open on the second Saturday of every month from 9am-12pm.

## Clothing

### Footprints of Michigan, Inc.

Phone: (877) 811- 7463

Email: [info@footprintsofmichigan.org](mailto:info@footprintsofmichigan.org)

Web Page [www.footprintsofmichigan.org](http://www.footprintsofmichigan.org)

Address 3300 West Main St.  
Lansing, MI 48917

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Committed to caring for the people by providing new and gently used footwear to those that are in need. The Soles4Vets program provides Veterans who are homeless or in need with new footwear and socks.

### Helping Hands of Eaton County

Phone: (517) 543-8737

Email:

Web Page

Address 621 Jefferson Avenue  
Charlotte, MI 48813

Service Area Eaton County

Services: Helping Hands of Eaton County is a faith-based 501(c)(3) food pantry operated almost entirely by volunteers. Our goal is to honor our Lord by seeking to be His hands extended. We do this by providing a 7-day supply of groceries and personal care items free of charge to people in need from our community, regardless of their religious beliefs or lack thereof. We further seek to express our faith by exhibiting compassion and encouragement through prayer on request and by providing a listening ear. We offer referrals to other local resources available and make every effort to treat all with dignity and empathy as they encounter difficult times.

### Ionia Goodwill

Phone: (616) 527-4404

Email:

Web Page [www.goodwillgr.org](http://www.goodwillgr.org)

Address 153 E Sprague Rd  
Ionia, MI 48846

Service Area Anyone

Services: Goodwill Industries International Inc., or shortened to Goodwill, is an American nonprofit 501 organization that provides job training, employment placement services, and other community-based programs for people who have barriers preventing them from otherwise obtaining a job. Through several locations around Michigan, Goodwill thrift stores take donations for clothing, household items and much more. These stores are open to the public and provide discount priced items to those in need.



## Clothing

### Manna's Market, Inc.

Phone: (269) 838-5887

Email: [info@MannasMarket.org](mailto:info@MannasMarket.org)

Web Page <http://www.mannasmarket.org/>

Address 7180 Velte Rd (M-50)  
Lake Odessa, MI 48849

Service Area Barry, Ionia county South of I-96, Eaton county east to the Vermontville/Mulliken line

Services: Food, clothing bank and baby pantry.

### Saint Johns Basic Needs Center

Phone: (517) 230-4618

Email:

Web Page [None \(they have a facebook page\)](#)

Address 213 N. Clinton Avenue  
St. Johns, MI 48879

Service Area Clinton County

Services: Open Tues, Wed and Thursdays 10a-4p or by appt. Provide groceries (fresh and non-perishable - guests select their own) once a month to Clinton Co residents. Also offer school-age children's clothing as well as adult winter clothing. Offer winter coats in all sizes.

### Settlement Lutheran Church

Phone: (616) 984-5442

Email:

Web Page

Address 1031 South Johnson Road  
Gowen, MI 49326

Service Area Montcalm County

Services: Provides for emergency food and clothing needs. Open on Thursdays from 2:00-5:00pm.

### The St. Johns Baby Pantry

Phone: (989) 307-9936

Email:

Web Page

Address 100 Maple St.  
Saint Johns, MI 48879

Service Area Clinton

Services: Provide food, clothing and personal care items for babies and toddlers age 5 and under - 1 item per kind of each item, unless otherwise marked. Clothing, bedding and toys are unlimited. Also give out food and personal care items for the older children and adult members of these families - 1 item per kind up to 8 items. Open from 11 am to 5 pm on the first 4 Tuesdays of the month. Clients can come and obtain items every week with no proof of need or area. No appointment is needed.

## Community Paramedicine

### Sparrow Eaton Hospital Community Paramedics

Phone: (517) 541-5908

Email: [Robert.Hale@sparrow.org](mailto:Robert.Hale@sparrow.org)

Web Page

Address 321 E. Harris St.  
Charlotte, MI 48813

Service Area Eaton, Western Ingham

Services: Community paramedicine is an emerging component of population health. Community paramedics, as part of the physician lead medical team, provide non-emergency home visits, assessments, medication reconciliation, treatments, specimen collection, and home safety inspections.

## Crisis Services

### Kent County Community Action Agency

Phone: (616) 632-7950

Email:

Web Page <https://www.accesskent.com/Departments/CommunityAction/>

Address 121 Franklin Street SE, Suite 110  
Grand Rapids, MI 49507

Service Area

Services: The Community Action Division focuses on meeting emergency needs such as, but not limited to, food, utility assistance, housing, transportation and socialization for residents of Kent County. Additionally, we assist with areas of self-sufficiency, medical insurance enrollment, tax preparation and information and referral services.

## Dental

### Altarum - Michigan Dental Registry (MiDR)

Phone: (734) 302-4600

Email: [Laura.pinnock@altarum.org](mailto:Laura.pinnock@altarum.org)

Web Page

Address 3520 Green Court Ste. 300  
Ann Arbor, MI 48105

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Michigan Dental Registry (MiDR) is a free 1st of its kind clinical application that allows for care coordination and communication between medical and dental providers.

### Care Free Medical Clinic

Phone: (517) 887-5922

Email: [dhill@carefreemedical.org](mailto:dhill@carefreemedical.org)

Web Page <http://www.carefreemedical.com/>

Address 1100 W. Saginaw St. Ste. 5  
Lansing, MI 48915

Service Area Clinton, Eaton, Ingham, Jackson, Kent

Services: Provides medical, dental, and optometry services to the underinsured and uninsured in the community. Provides services to adults and children of all ages, from newborns to adults nearing end of life.

### Destiny Dental Care

Phone: (517) 882-0800

Email:

Web Page <https://destinydentalcare.com/>

Address 5601 S. Cedar St.  
Lansing, MI 48911

Service Area Anyone

Services: We were founded with the goal of providing convenient access to high quality, affordable dental care for the communities we serve by empowering our team of highly skilled dental professionals. Our dental offices are designed with the entire family in mind. We see patients of all ages. We're open evenings and weekends and proudly accept most insurances and Medicaid. No insurance? No problem. We have a discount payment plan that's right for you.

## Dental

### Lansing Community College Dental Hygiene Clinic

Phone: (517) 483-1458

Email: [lcc-dh@lcc.edu](mailto:lcc-dh@lcc.edu)

Web Page <https://www.lcc.edu/services/community-campus-resources/dental-clinic.html>

Address 515 N. Washington Square, Suite 107  
Lansing, MI 48933

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The Dental Hygiene Clinic at Lansing Community College offers preventive dental hygiene services to the public. Services offered include: • Comprehensive Dental Hygiene Care • Dental Health Instruction • Fluoride and Sealant Application • X-rays • Oral Health Screenings • Athletic Mouth Guards When school is in session, the clinic is typically open Tuesday, Wednesday, Thursday and Friday. Screenings are not required for potential patients under age 18 or for those who are current patients of record, who have been seen at the clinic within the past two years. Services include: Comprehensive Dental Hygiene Care, Dental Health Instruction, Fluoride and Sealant Application, X-rays, Pain Management, Athletic Mouth Guards, and Oral Health Screenings.

### Michigan Department of Health and Human Services Oral Health Program

Phone: (517) 241-0593

Email: [norrixe@michigan.gov](mailto:norrixe@michigan.gov)

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_63445\\_82473---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_63445_82473---,00.html)

Address 109 West Michigan Ave., 5th floor  
Lansing, MI 48990

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The MDHHS Oral Health Program works to improve the oral health of Michigan residents. The Perinatal Oral Health initiative focuses on the oral health of pregnant women. The program provides education to providers and patients as well as technical assistance surrounding medical and dental integration. The Michigan Dental Program (MDP) provides dental care for persons living with HIV.

### My Community Dental Center Ionia

Phone: (616) 523-9369

Email:

Web Page <https://ioniacounty.org/health/my-community-dental-center/>

Address 2542 Heartland Blvd  
Ionia, MI 48846

Service Area Ionia County

Services: My Community Dental Centers is a non-profit 501(c) 3 corporation dedicated to providing dental services to Medicaid enrollees, low-income, uninsured and those with private insurance seeking a dental home. It is our mission to “improve the lives of our patients and enhance community health by setting the highest standard of oral health care”. The care we provide is customized to meet the individual needs of each patient, and is offered in a patient-centered atmosphere with exceptional customer service. Our centers utilize electronic patient records, digital radiography, and state-of-the-art dental equipment.

## Dental

### My Community Dental Centers

Phone: (231) 437-4769 (877) (313) 6232

Email: [info@mydental.org](mailto:info@mydental.org)

Web Page <http://www.midental.org/>

Address 623 Courthouse Dr.  
Charlotte, MI 48813

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: My Community Dental Centers operates 34 dental centers throughout Michigan. The center provides dental services to Medicaid enrollees, Healthy Kids Dental, Healthy Michigan Plan, low-income uninsured and those with private insurance seeking a dental home. MCDC offers comprehensive dental care for the entire family, including exams, cleanings, fillings, crowns, and dentures is provided.

## Disability Services

### ASPPIRE of Mid-Michigan

Phone: (989) 272-2977

Email: [info@aspfireofmidmichigan.com](mailto:info@aspfireofmidmichigan.com)

Web Page [www.asppireofmidmichigan.com](http://www.asppireofmidmichigan.com)

Address 3815 W. St. Joe Suite B-400B  
Lansing, MI 48917

Service Area Ingham, Eaton, Clinton

Services: ASPPIRE provides support services and programs to adults with disabilities. Many participants are diagnosed with Autism Spectrum Disorder (ASD). Through social coaching programs and trainings, ASPPIRE helps participants and those working with them to lead functional and productive lives.

### Capital Area Down Syndrome Association

Phone: (517) 333-6655

Email: [info@cadsa.org](mailto:info@cadsa.org)

Web Page <http://www.cadsa.org/>

Address 808 W. Lake Lansing Road, Ste. 101  
East Lansing, MI 48823

Service Area Calhoun, Clinton, Eaton, Gratiot, Ingham, Jackson, Livingston, Saginaw, Shiawassee

Services: CADSA provides resources, education, advocacy, and community awareness for people with Down Syndrome and their families. This goal is accomplished by providing scholarships, educational programming, and fellowship for our membership.

### CHUM Therapeutic Riding Inc.

Phone: (517) 204-0974

Email: [bonnieandchum@gmail.com](mailto:bonnieandchum@gmail.com)

Web Page <http://www.chumtherapy.net/>

Address 2180 East Dexter Trail  
Dansville, MI 48819

Service Area Clinton, Eaton, Ingham, Ionia, Shiawassee

Services: Provides Equine Assisted Activities and Therapies to children and adults. Through neurodevelopment approach, sensory processing theories, orthopedic and cognitive rehab, job coaching, etc., occupational therapists work with clients' needs/goals to get functional increases in ADL's through the use of this unique dynamic movement. The combination of the walking movement, the overlaying of upper extremity, sensory, and cognitive activities, the natural input on the body through movement to the rest of the body systems (OMM theory), and the motivating human-animal bond connection all make for increase in function and goals being met.

## Disability Services

### Disability Advocates of Kent County

Phone: (616) 949-1100

Email:

Web Page <https://www.dakc.us/>

Address 3600 Camelot Dr SE  
Grand Rapids, MI 49546

Service Area Kent County

Services: We strive to eliminate systemic barriers and enhance programs so that people with disabilities can live the self-directed life they choose. Our community benefits by becoming more accessible, inclusive, and welcoming for all.

### Disability Network Capital Area

Phone: (517) 999-2760

Email: [eshannon@dncap.org](mailto:eshannon@dncap.org)

Web Page [www.dncap.org](http://www.dncap.org)

Address 901 E. Mt. Hope Ave.  
Lansing, MI 48910

Service Area Clinton, Eaton, Ingham, Shiawassee

Services: Part of a Statewide network of Centers for Independent Living that provides a variety of programs and services for individuals with disabilities and their families.

Phone: (517) 999-2760

Email: [eshannon@dncap.org](mailto:eshannon@dncap.org)

Web Page [www.dncap.org](http://www.dncap.org)

Address 1975 W. M-21 Suite 204  
Owosso, MI 48867

Service Area Clinton, Eaton, Ingham, Shiawassee

Services: Part of a Statewide network of Centers for Independent Living that provides a variety of programs and services for individuals with disabilities and their families.

### Ingham Intermediate School District (IISD) Early Childhood Services

Phone: (517)676-1051

Email:

Web Page <https://www.inghamisd.org/ouracademics/earlychildhood/>

Address 2630 W. Howell Rd.  
Mason, MI 48854

Service Area Ingham County

Services:



## Disability Services

### Michigan Alliance for Families

Phone: (517) 492-5021 (800) 552-4821 (Statewide)

Email: [info@michiganallianceforfamilies.org](mailto:info@michiganallianceforfamilies.org)

Web Page <http://www.michiganallianceforfamilies.org/>

Address 1325 S. Washington Ave.  
Lansing, MI 48910

Service Area Statewide

Services: Michigan Alliance for Families assists parents in understanding their special education rights and protections, communicating their children's needs, supporting self-advocacy skills, and finding information to help children develop and learn. Information and referrals is offered as well as group learning opportunities, and individual parent mentoring on disability and special education issues involving children and young adults from birth to age 26.

### Michigan Coalition for Deaf and Hard of Hearing People

Phone: (586) 932-6090

Email: [info@michdhh.org](mailto:info@michdhh.org)

Web Page <http://www.michdhh.org/>

Address PO BOX 16234  
Lansing, MI 48901

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: All counties. Coalition of agencies and organizations working together to improve accessibility and services to this population, including a week-long camp for Deaf and Hard of Hearing Youth, ages 11-17.

### MI-UCP (Michigan United Cerebral Palsy)

Phone: (517) 203-1200 (248) 557-5070 (Southfield)  
(Lansing)(800) 827-4843 (248) 557-0224 (Fax)

Email: [info@mi-ucp.org](mailto:info@mi-ucp.org)

Web Page <https://www.mi-ucp.org/>

Address 1325 S. Washington Ave.  
Lansing, MI 48910

Service Area Statewide

Services: MI-UCP's mission is to empower all Michiganders with disabilities statewide. It is our vision to enable all Michiganders with disabilities to live to the best of their abilities and ambitions. We are one of the state's leading sources of information, referral, and strategic partnerships with like-minded organizations. By having offices in Detroit and Lansing, we can continue to be a leading advocate for all 1.4MM of Michiganders with disabilities.

## Disability Services

### The ARC Michigan

Phone: (800) 292-7851

Email: [courtney@arcmi.org](mailto:courtney@arcmi.org)

Web Page: <http://www.arcmi.org/>

Address: 1325 S. Washington Ave.  
Lansing, MI 48910

Service Area: Statewide

Services: The Arc Michigan is the legislative advocacy and community policy office of The Arc of the United States. The mission of The Arc is to ensure that people with developmental and intellectual disabilities are valued and given the opportunity to fulfill their own dreams of having employment, education, meaningful relationships, and living independently within the community. The Arc Michigan provides information and referral to local Arc chapters, which provide supports and services in their local community.

### The Arc Mid-Michigan

Phone: (989) 723-7377

Email: [lynn@arcmidmichigan.org](mailto:lynn@arcmidmichigan.org)

Web Page: [www.arcmidmichigan.org](http://www.arcmidmichigan.org)

Address: P.O. Box 63  
Owosso, MI 48867

Service Area: Clinton, Eaton, Ingham, and Shiawassee

Services: The Arc Mid-Michigan is the local Arc serving the Capital area. Its mission is to empower people of all ages with disabilities in Clinton, Eaton, Ingham, and Shiawassee counties to participate and be fully included in the community. The Arc Mid-Michigan provides information, resources, services and supports, and community events for individuals with disabilities, self-advocates, and families.

## Disease Specific Resources

### Alzheimer's Association Michigan Chapter

Phone: (517) 999-3004

Email: [crobinson@alz.org](mailto:crobinson@alz.org)

Web Page <http://www.alz.org/mglc>

Address 2111 University Park Ste 200  
Okemos, MI 48864

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Seeks to partner with physicians diagnosing/treating individuals with AD/dementia. Support available to both physicians, persons with AD and their care partners. Free online Community Resource Finder that allows Alzheimer patients and caregivers access to resources: [www.alz.org/crf](http://www.alz.org/crf)

### American Cancer Society

Phone: (517) 303-8191

Email: [megan.landry@cancer.org](mailto:megan.landry@cancer.org)

Web Page <http://www.cancer.org/>

Address 1755 Abbey Rd.  
East Lansing, MI 48532

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: 24/7/365 cancer information and support for patients and caregivers, guidelines for cancer prevention and early detection, and access to care.

### American Diabetes Association

Phone: (248) 433-3830

Email: [ADAMI@diabetes.org](mailto:ADAMI@diabetes.org)

Web Page <http://www.diabetes.org/>

Address 20700 Civic Center Drive, Suite 100  
Southfield, MI 48076

Service Area Statewide

Services: Mission is to prevent and cure diabetes and to improve the lives of all those affected by diabetes. Servicing the entire state of Michigan as the sole organization that provides resources to individuals impacted by any variation of diabetes.

### American Heart Association

Phone: (517) 319-1050

Email: [kathie.thomas@heart.org](mailto:kathie.thomas@heart.org)

Web Page [http://www.heart.org/HEARTORG/Affiliate/MWA-Greater-Lansing-Home-Page\\_UCM\\_MWA002\\_AffiliatePage.jsp](http://www.heart.org/HEARTORG/Affiliate/MWA-Greater-Lansing-Home-Page_UCM_MWA002_AffiliatePage.jsp)

Address 2469 Woodlake Cir Suite 100  
Okemos, MI 48864

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Mission is to build healthier lives free of cardiovascular disease and stroke.

## Disease Specific Resources

### Arthritis Foundation Michigan

Phone: (947) 282-2955

Email: [info@arthritis.org](mailto:info@arthritis.org)

Web Page <http://www.arthritis.org/michigan/>

Address 888 W Big Beaver Rd Suite 305  
Troy, MI 48084

Service Area All counties in Michigan

Services: The Arthritis Foundation of Michigan is a nonprofit organization boldly pursuing a cure for America's #1 cause of disability while championing the fight against arthritis with life-changing resources, science, advocacy and community connections. They do this through fundraising events, in-person education events, and a variety of online self-help resources and online communities.

### CCS Medical - Diabetic supplies and meal plans

Phone: (888) MEDICAL

Email: [info.supplies@ccsmed.com](mailto:info.supplies@ccsmed.com)

Web Page <http://www.ccsmed.com/>

Address

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Offers detailed information on nutrition, exercise programs, and diabetes education, as well as tips on wound management, and urology and ostomy care.

### Epilepsy Foundation of Michigan

Phone: (248) 351-7979

Email: [rderry@epilepsymichigan.org](mailto:rderry@epilepsymichigan.org)

Web Page <http://www.epilepsymichigan.org/>

Address 25200 Telegraph Rd., Suite 110  
Southfield, MI 48033

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Founded in 1948, the Epilepsy Foundation of Michigan leads the fight to overcome the challenges of living with epilepsy and to accelerate therapies to stop seizures, find cures, and save lives through education, referrals, camp, advocacy, public awareness, support and research.

## Disease Specific Resources

### Healthy Living: Tobacco & You - Workshops for People Living With HIV

Phone: (517) 887-4597

Email:

Web Page <https://hd.ingham.org/SeekingCare/SubstanceUse/Tobacco.aspx>

Address 2316 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham Co and surrounding

Services: Workshops for People Living With HIV - 2ND & 4TH THURSDAYS OF THE MONTH 12PM - 1:30PM  
Location: Forest Community Health Center 2316 S Cedar St. Lansing

### Ingham Health Plan Corp- MATCH Asthma

Phone: (517) 336-3777 (866) 291-8691 (Toll-Free)

Email: [tdoolittle@ihpmi.org](mailto:tdoolittle@ihpmi.org)

Web Page <https://www.ihpmi.org/MATCHAsthma>

Address 3425 Belle Chase Way, Suite 1  
Lansing, MI 48911

Service Area Ingham, Clinton and Eaton County

Services: A Certified Asthma Educator provides home based asthma education to adults and children with new diagnosed or uncontrolled asthma. Focus is on trigger management, medication compliance and connecting to resources to reduce ED and hospitalizations due to asthma. Referral form can be accessed <https://hipaa.jotform.com/51186082593156>

### Lansing Area Aids Network

Phone: (517) 394-3560

Email: [srhoades@laanonline.org](mailto:srhoades@laanonline.org)

Web Page <http://www.laanonline.org/>

Address 913 W Holmes Rd, Suite 115  
Lansing, MI 48910

Service Area Clinton, Eaton, Ingham, Ionia, Montcalm, Shiawassee

Services: LAAN provides care services to those living with HIV/AIDS as well as prevention counseling, HIV testing and outreach services. For HIV testing referral contact Nhoua Yang - [nyang@laanonline.org](mailto:nyang@laanonline.org)

## Disease Specific Resources

### Lewy Body Dementia Association

Phone: (800) 539-9767

Email: [lbda@lbda.org](mailto:lbda@lbda.org)

Web Page <https://www.lbda.org>

Address

Service Area Nation wide

Services: The Lewy Body Dementia Association (LBDA) is a 501(c)(3) nonprofit organization dedicated to raising awareness of the Lewy body dementias (LBD), supporting people with LBD, their families and caregivers and promoting scientific advances. The Association's purposes are charitable, educational, and scientific.

### Michigan Lupus Foundation

Phone: (248) 506-0020

Email:

Web Page <https://milupus.org/>

Address 30200 Telegraph Rd. Suite 170

Bingham Farms, MI 48025

Service Area Statewide

Services: We exist to improve the quality of life for those living with lupus through support, education and research with the goal of finding a cure.

### Michigan Parkinson Foundation

Phone: (248) 433-1011

Email: [office@parkinsonsmi.org](mailto:office@parkinsonsmi.org)

Web Page <https://www.parkinsonsmi.org/>

Address 30400 Telegraph Rd. Ste. 150

Bingham Farms, MI 48025

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw. Majority of counties in Mi

Services: Non-profit, independent organization whose mission is to provide support/education/services to people affected by Parkinson's disease, families, and health care providers. Affiliated with more than 70 support groups including those in Lansing, Ionia, Owosso, Howell, Flint, Frankenmuth, Bay-Saginaw counties. Provides information & referral, newsletter, website & educational programs.

## Disease Specific Resources

### Mid-State Health Network (MSHN)

Phone: (517) 657-3013

Email: [cammie.myers@midstatehealthnetwork.org](mailto:cammie.myers@midstatehealthnetwork.org)

Web Page <http://www.midstatehealthnetwork.org/>

Address 530 W. Ionia St.  
Lansing, MI 48933

Service Area Arenac, Bay, Tuscola, Saginaw, Midland, Gratiot, Clinton, Eaton, Ingham, Ionia, Jackson, Hillsdale, Mont

Services: MSHN is the agency responsible for managing the Medicaid/Healthy Michigan Plan resources for behavioral health and substance use disorder (SUD) services. Offers assistance to people who fall below certain income levels based on the Federal Poverty Guidelines. Partners with 12 community mental health (CMH) agencies and many SUD providers all over the state to assist vulnerable populations.

### Multiple Sclerosis Foundation

Phone: (888) 673-6287

Email:

Web Page [www.msfocus.org](http://www.msfocus.org)

Address 6520 N. Andrews Ave.  
Ft. Lauderdale, FL 33309

Service Area Nationwide

Services: The mission of the Multiple Sclerosis Foundation is to provide programs and support services to those persons affected by MS that help them maintain their health, safety, self-sufficiency, and personal well-being; and to heighten public awareness of multiple sclerosis in order to elicit financial support for the Foundation's programs and services and promote understanding for those diagnosed with the illness.

### Multiple Sclerosis Society

Phone: (800) 344-4867

Email:

Web Page [www.nationalmssociety.org](http://www.nationalmssociety.org)

Address

Service Area Nationwide

Services: Society provides free Multiple Sclerosis Navigators to patients and caregivers who can assist with financial resources, education and support

## Disease Specific Resources

### National Kidney Foundation of Michigan

Phone: (734) 222-9800

Email: [info@nkm.org](mailto:info@nkm.org)

Web Page <http://www.nkfm.org/>

Address 1169 Oak Valley Dr.  
Ann Arbor, MI 48108

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The NKFM has several programs that are available for individuals with kidney disease – emergency fund, low-cost medical ID tags, scholarships, and a peer mentor program. In addition, Personal Action Toward Health workshops are offered. The mission of the NKFM is to prevent kidney disease and its two major causes (diabetes and high blood pressure) as well as improve the quality of life for those living with kidney disease. Provides information, peer mentors, and emergency financial support to persons with kidney disease. Works to prevent kidney disease by providing proven, community based self management programs including PATH, Diabetes-PATH, Kidney-PATH and Diabetes Prevention Program - - website: [www.readyssetprevent.org](http://www.readyssetprevent.org)

### Sparrow Diabetes Education

Phone: (517) 364-8080

Email: [Erin.Roberts@sparrow.org](mailto:Erin.Roberts@sparrow.org)

Web Page <http://www.sparrow.org/diabetes>

Address 2900 Hannah Blvd., Ste. 114  
East Lansing, MI 48823

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Offers a wide variety of comprehensive services including treatment and management of diabetes, endocrine related conditions, and state certified diabetes education classes. They utilize state of the art technology to manage insulin pumps and continuous glucose monitors. They offer services from multiple disciplines including board certified physicians, knowledgeable mid-level providers, Registered Dietitians, Registered Nurses and Certified Diabetes Educators.

### UM Rinne Lewy Body Dementia Initiative

Phone: (734) 764-5137

Email: [rgadwa@med.umich.edu](mailto:rgadwa@med.umich.edu)

Web Page <https://alzheimers.med.umich.edu/lbd/>

Address 1921 East Miller Road  
Lansing, MI 48911

Service Area Michigan

Services: Lansing area Lewy Body Dementia Association Support Group



## Domestic Violence, Sexual Assault, Stalking

### Capital Area Response Effort (CARE)

Phone: (517) 272-7436

Email: [CARE.Program@lansingmi.gov](mailto:CARE.Program@lansingmi.gov)

Web Page <https://www.lansingmi.gov/476/Capital-Area-Response-Effort-CARE>

Address 2500 S. Washington  
Lansing, MI 48910

Service Area Ingham

Services: CARE program is a post-arrest response team for survivors of intimate partner violence. CARE staff and volunteers provide empathetic listening, education in the dynamics of power/control, and tools for empowerment. CARE assists survivors in developing a safety plan, obtaining shelter (if necessary), and accessing available community resources. Advocates also provide follow-up services and accept walk-ins.

### EVE (End Violent Encounters)

Phone: (517) 372- 5976                      24 Hour Crisis Line: (517)  
372-5572

Email: [ldryer@eveinc.org](mailto:ldryer@eveinc.org)

Web Page <http://www.eveinc.org/>

Address 313 W. Kalamazoo St.  
Lansing, MI 48933

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Eve's mission is to provide shelter and supportive services for victims of domestic and sexual violence while seeking to end violence through public awareness and community education. Services include shelter, advocacy, counseling, 24 hour crisis line, personal protection orders, and medical advocacy to SANE exams. Services are free and confidential and available to shelter residents and non-residents.

Phone: (517) 372- 5976                      24 Hour Crisis Line: (517)  
372-5572

Email: [ldryer@eveinc.org](mailto:ldryer@eveinc.org)

Web Page <http://www.eveinc.org/>

Address PO Box 14149  
Lansing, MI 48901

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Eve's mission is to provide shelter and supportive services for victims of domestic and sexual violence while seeking to end violence through public awareness and community education. Services include shelter, advocacy, counseling, 24 hour crisis line, personal protection orders, and medical advocacy to SANE exams. Services are free and confidential and available to shelter residents and non-residents.

## Domestic Violence, Sexual Assault, Stalking

### Michigan Coalition to End Domestic and Sexual Violence (MCEDVS)

Phone: (517) 347-7000

Email: [sarah.proutrennie@mcedsv.org](mailto:sarah.proutrennie@mcedsv.org)

Web Page: <http://www.mcedsv.org/>

Address: 3893 Okemos Rd. Suite B2  
Okemos, MI 48864

Service Area: Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: MCEDVS is a statewide membership organization whose members represent a network of more than 70 domestic and sexual violence programs and over 200 allied organizations and individuals. MCEDVS has provided leadership as the statewide voice for survivors of domestic and sexual violence and the programs that serve them since 1978.

### Michigan VOICES4 Hotline

Phone: (517) 347-7000

Email: [eric.stiles@mcedsv.org](mailto:eric.stiles@mcedsv.org)

Web Page: <https://mcedsv.org/hotline/hotline-chat/>

Address: 3893 Okemos Rd., Ste. A1  
Okemos, MI 48864

Service Area: All of Michigan

Services: The Michigan Hotline VOICES4 project supports a 24 hour hotline, text, and chat line in addition to publications to support the needs of survivors and those who support them. There is a trained sexual assault advocate available 24/7 to provide the following: • Confidential support from a trained sexual assault advocate • Supportive active listening • Someone who is non-judgmental to listen to you as you share your story • Assistance with how you share your story • Referrals to support you within your community • Resources to assist you on your healing path

### MSU Safe Place

Phone: (517) 355-1100

Email: [noabuse@msu.edu](mailto:noabuse@msu.edu)

Web Page: [www.safeplace.msu.edu](http://www.safeplace.msu.edu)

Address: 166 Service Rd., Room 113A  
East Lansing, MI 48824

Service Area: MSU Community

Services: MSU Safe Place is a program that addresses relationship violence and stalking. MSU Safe Place provides advocacy, emergency shelter, counseling, support groups, safety planning, information and referrals to survivors of violence and their minor children. Services are free and confidential. The program primarily serves members of the MSU community, however, may be able to serve non-affiliated persons when space and staffing allow for this.

## Domestic Violence, Sexual Assault, Stalking

### Relief After Violent Encounter - RAVE-I/M, Inc.

Phone: (616) 755-0996

Email: [PatriciaB@raveim.org](mailto:PatriciaB@raveim.org)

Web Page [www.raveim.org](http://www.raveim.org)

Address P.O. Box 93  
Ionia, MI 48846

Service Area Ionia, Montcalm

Services: RAVE-I/M Inc. emergency response team is a collaborative community effort between law enforcement, the prosecutor's office, and Relief After Violent Encounter-RAVE I/M Inc. advocates. The emergency response team advocates are specially trained and led by the Emergency Response Program Coordinator. The emergency response team provides immediate support services at the scene of domestic violence and/or sexual assault crimes throughout Ionia and Montcalm Counties. Services include but not limited to emergency transportation, lethality Risk Assessment, personalized safety planning, crisis intervention, medical advocacy to SANE exam, information and referrals, supportive listening, legal advocacy, emergency shelter, personal protection order assistance, court accompaniment and crime victims' rights Information.

### SafeCenter

Phone: (989) 723-9716

Email: [safecenter@thesafecenter.org](mailto:safecenter@thesafecenter.org)

Web Page <http://www.thesafecenter.org/>

Address 1300 N. Hickory  
Owosso, MI 48867

Service Area Clinton, Shiawassee

Services: SafeCenter provides professional counseling, advocacy and outreach services. Services include, but are not limited to, crisis intervention, individual and group support, advocacy, education and counseling, after hour crisis response team and criminal justice support to victims of intimate partner violence and their children. The scope of violence includes domestic violence, dating violence, sexual violence and stalking.

Phone: (989) 723-9716

Email: [safecenter@thesafecenter.org](mailto:safecenter@thesafecenter.org)

Web Page <http://www.thesafecenter.org/>

Address 325 N. Clinton Ave.  
Saint Johns, MI 48879

Service Area Clinton, Shiawassee

Services: SafeCenter provides professional counseling, advocacy and outreach services. Services include, but are not limited to, crisis intervention, individual and group support, advocacy, education and counseling, after hour crisis response team and criminal justice support to victims of intimate partner violence and their children. The scope of violence includes domestic violence, dating violence, sexual violence and stalking.

## Domestic Violence, Sexual Assault, Stalking

### SIREN/Eaton Shelter

Phone: (517) 543-0748 (800) 899-9997

Email: [sireneaton@gmail.com](mailto:sireneaton@gmail.com)

Web Page <https://sireneatonshelter.org/>

Address 520 Robinson St.  
Charlotte, MI 48813

Service Area Eaton

Services: 24/7 Crisis Line; Housing Programs for victims of domestic violence including Emergency Shelter, Rapid Rehousing, & Transitional Housing; Supportive Counseling and safety planning for residents and non-residents; Weekly domestic violence support/education group for residents and non-residents; Information and referral to community resources; Food & clothing bank

### The Firecracker Foundation

Phone: (517) 742-7224

Email: [info@thefirecrackerfoundation.org](mailto:info@thefirecrackerfoundation.org)

Web Page <http://thefirecrackerfoundation.org/>

Address 2450 Delhi Commerce Dr. Ste. 9  
Holt, MI 48842

Service Area Clinton, Eaton, Ingham

Services: The Firecracker Foundation honors the bravery of children who have survived sexual trauma by building a community invested in the healing of their whole being. Children and teens, who have survived sexual trauma, are provided with holistic healing services that include trauma sensitive yoga, individual mental health therapy, and caretaker support groups for their parents/guardians. Title IX advocacy services are provided to children and families who are experiencing gender-based discrimination in their educational setting and trauma-informed doula care and education is available to pregnant teens.

### The National Domestic Violence Hotline

Phone: (800) 799-7233 (737) 225-3150

Email:

Web Page <http://www.thehotline.org/>

Address PO Box 90249  
Austin, TX 78709

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Highly trained expert advocates are available 24/7 to talk confidentially with anyone in the United States who is experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.

## Domestic Violence, Sexual Assault, Stalking

### Women's Center of Greater Lansing

Phone: (517) 372-9163

Email: [womenscentergl@gmail.com](mailto:womenscentergl@gmail.com)

Web Page [www.womenscenterofgreaterlansing.org](http://www.womenscenterofgreaterlansing.org)

Address 1712 E Michigan Ave.  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Serving anyone who identifies as a woman and their family. Provides individual/couples/family counseling, support groups, employment services, professional clothes closet, and legal clinic. Counseling is provided on a sliding scale income-based scale starting at \$1; insurance is not billed at this time. Employment services include resume and cover letter building, job searching assistance, assistance with computer use, and career counseling.

## Durable Medical Equipment

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street  
Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

### University of Michigan Health - Guest Assistance Program (GAP)

Phone: (734)764-6893 (800) (888) 9825

Email:

Web Page <https://www.uofmhealth.org/patient-visitor-guide/guest-assistance-program>

Address 1500 East Medical Center Drive  
Ann Arbor, MI 48109-5718

Service Area Serves patients and families of MI Medicine

Services: The Guest Assistance Program (GAP) is a part of the Department of Social work that assists both adult and pediatric patients with navigation of non-medical needs they may face. Our dedicated social workers problem-solve, research community resources, and assist with the coordination of various needs that arise during medical treatment. We focus solely on barriers to care — things that would keep patients from maintaining treatment or appointments that would impact their health.

## Early School Preparedness

### Clinton County Regional Educational Service Agency (CCRESA)

Phone: (989)224-6831

Email:

Web Page <https://ccresa.org/page.php?ID=73>

Address 1013 South US-27  
St. Johns, MI 48879

Service Area Clinton County

Services: Clinton County Regional Educational Service Agency (CCRESA) supports local school districts with cost efficient, non-duplicative county-wide services. We are an educational service agency that provides research-based teaching and learning methods, along with direct services like speech, physical therapy and many others to public and non-public school students, professional development to school personnel and direct services such as Special Education for students birth to 26, Early Childhood, Great Parent/Great Start services and Career and Technical Education Coursework and programs. We also provide Business Office services such as payroll and accounting for districts in our service area, technology and data support, and state-wide innovative projects that serve professionals who provide services to infants and toddlers with special needs and their families!

### Eaton Intermediate School District (EISD) Early Childhood Services

Phone: (517)543-5500

Email:

Web Page <https://www.eatonresa.org/early-childhood/>

Address 1790 E. Packard Rd.  
Charlotte, MI 48813

Service Area Eaton County

Services: Early On is a program that connects families with early intervention supports and services for infants and toddlers, from birth to age three. Early On is family focused, emphasizing family strengths and abilities, and addresses each child's developmental delays within home-based and/or play group settings. Great Start Readiness Program (GSRP) provides high quality preschool education to income and need eligible four-year-old children and is focused on school readiness. The Eaton Great Start Collaborative is a network of early childhood education and care partners who are working together to support parents and caregivers in providing quality, developmental learning opportunities and programs for young children, birth to age eight, across the Eaton RESA service area. The collaborative promotes the importance of early childhood education through various activities and strives to have all children developmentally ready to succeed in school.

### Ingham Intermediate School District (IISD) Early Childhood Services

Phone: (517)676-1051

Email:

Web Page <https://www.inghamisd.org/ouracademics/earlychildhoodservices/>

Address 2630 W. Howell Rd.  
Mason, MI 48854

Service Area Ingham County

## Elder Community Support/Recreation

### Clinton County Senior Center

Phone: (989) 224-4257

Email:

Web Page <https://www.facebook.com/CCSeniorCenter/>

Address 201 E. Walker St.  
St. Johns, MI 48879

Service Area Clinton Co and Surrounding Area

Services: Senior Center offering arts and crafts, peer networking, lunch and card games

Phone: (989) 224-4257

Email:

Web Page <https://www.facebook.com/CCSeniorCenter/>

Address 201 E. Walker St.  
St. Johns, MI 48879

Service Area Clinton Co and Surrounding Area

Services: Senior Center offering arts and crafts, peer networking, lunch and card games

### Delta Township 39ers 50+ Senior Program

Phone: (517) 484-5600

Email:

Web Page [https://www.deltami.gov/departments/parks\\_recreation/senior\\_programs.php](https://www.deltami.gov/departments/parks_recreation/senior_programs.php)

Address 4538 Elizabeth Road  
Lansing, MI 48917

Service Area Delta Township, Waverly School District, and surrounding areas

Services: The Delta Township 39'ers program is an energetic and vibrant program that serves people ages 50 and over from Delta Township, Waverly School District, and surrounding areas. There is no fee to become a member, just come join us! Activities include: luncheons M-W-F, travel opportunities, cards/games, treadmill and lending library.

### Eaton Area Senior Center

Phone: (517) 541-2934

Email:

Web Page

Address 804 S. Cochran Ave.  
Charlotte, MI 48813

Service Area Eaton County

Services: The Eaton Area Senior Center is established to promote and provide, in a comfortable and friendly setting, social, educational, economic and recreational programs that will enrich the lives of seniors in the greater Eaton County area.



## Elder Community Support/Recreation

### Eaton Rapids Senior Center

Phone: (517) 663-2335

Email:

Web Page

Address 201 Grand St.

Eaton Rapids, MI 48827

Service Area Eaton County

Services: Our center has provided several services to our seniors over the years including: tax assistance, assistance with SSI and Medicare, counseling, transportation to doctor's appointments, exercise classes, foot classes, hearing tests, blood pressure screening, flu shots, wills and estate planning seminars. Over the years different programs have developed and cultivated friendships at the center. Craft groups, card groups, art, Golden Oldies Chorus, Jam sessions, dances, exercise group, the monthly newsletter, and Wii bowling are some examples of the programs offered.

### Kent County Community Action Agency

Phone: (616) 632-7950

Email:

Web Page <https://www.accesskent.com/Departments/CommunityAction/>

Address 121 Franklin Street SE, Suite 110

Grand Rapids, MI 49507

Service Area

Services: The Community Action Division focuses on meeting emergency needs such as, but not limited to, food, utility assistance, housing, transportation and socialization for residents of Kent County. Additionally, we assist with areas of self-sufficiency, medical insurance enrollment, tax preparation and information and referral services.

### Lowell Senior Center

Phone: (616) 897-5949

Email:

Web Page <https://seniorneighbors.org/centers/lowell/>

Address 314 South Hudson

Lowell, MI 49331

Service Area Anyone

Services: The Lowell Senior Center strives to feel like a community. We entertain with music, Wii bowling, cards, bingo, knitting groups, Bible study, crafts, exercise class and more. We stay connected with a party each month to celebrate holidays, life and birthdays. We also enjoy socializing with dinners to different restaurants and ice cream socials on our beautiful grounds where we build our friendships.

## Elder Community Support/Recreation

### Northview Senior Center

Phone: (616) 365-6150

Email:

Web Page <http://www.northviewseniors.org/>

Address 5255 Grand River Drive, NE  
Grand Rapids, MI 49525

Service Area Kent County

Services: Northview Senior Citizens is an active and engaged group that is open to all senior citizens. We offer a broad spectrum of programming from weekly classes (exercise, crafts, wood carving, card playing, etc.) to monthly activities (book club, Movie and a Meal group and monthly luncheons with entertainment) to lectures, outings and day trips. There is something for most everyone!

### St. Alphonsus Senior Program

Phone: (616) 913-4419

Email:

Web Page <https://www.stalphonsusgr.org/senior-program>

Address 224 Carrier Street NE  
Grand Rapids, MI 49505

Service Area Kent County

Services: All Senior program events take place in the Parish Center. Everyone is welcome and you do not need to be a St. Alphonsus parishioner to attend events. Coffee, refreshments, games and socializing are available in the Parish Center Lounge every Monday from 9:00am-3:00pm and Wednesday from 9:00am to 12:00pm.

### The Bridge Center of Lansing

Phone: 4-8912

Email:

Web Page <https://www.bridgewebs.com/centerlansing/>

Address 325 N. Clippert, Suite B  
Lansing, MI

Service Area Anyone

Services: The Bridge Center of Greater Lansing offers ACBL sanctioned duplicate bridge games Monday through Friday, including games specifically for Novices. • We have beginning and intermediate classes throughout the year and a mentoring program for those looking to improve their game. • Guests are always welcome, first time visitors play free. Guests needing a partner should come early, or contact the game director for the specific game.

## Elder Community Support/Recreation

### Williamston Senior Center

Phone: (517) 655-5173

Email:

Web Page

Address 201 School St.

Williamston, MI 48895

Service Area Williamston

Services: Senior Center offering arts and crafts, peer networking, lunch and cards/computer games

### Wyoming Senior Center

Phone: (616) 530-3190

Email:

Web Page <https://www.wyomingmi.gov/Living-in-Wyoming/Wyoming-Senior-Center>

Address 2380 DeHoop Ave SW

Wyoming, MI 49509

Service Area Kent County

Services: The Wyoming Senior Center, located at 2380 DeHoop Avenue, SW provides Older Adults with a variety of recreation, social enrichment and volunteer opportunities. The Center also provides a variety of Health and Wellness services. We offer a variety of in-house services, including free billiards, Ping Pong, free and paid fitness classes, Fitness Center, coffee shop, computer lab with access to the Internet, free wi-fi, various activities and much more!

## Emergency Food

### Belding Emergency Fund

Phone: (616) 794-1900

Email:

Web Page

Address PO Box 191  
Belding, MI 48809

Service Area Anyone

Services: This fund provides emergency relief for food, clothing, financial assistance and utility bills in Ionia County.

## Emergency Shelter

### City Rescue Mission of Lansing Men's Shelter

Phone: (517) 485-0145  
Email: [info@BeaRESCUER.org](mailto:info@BeaRESCUER.org)  
Web Page [www.BEaRESCUER.org](http://www.BEaRESCUER.org)  
Address 607 E. Michigan Ave.  
Lansing, MI 48912  
Service Area Lansing area  
Services: The City Rescue Mission of Lansing provides food, shelter, and hope with separate shelters for men and for women with children. An evening meal is served to the public everyday.

### City Rescue Mission of Lansing Women and Children's Shelter

Phone: (517) 485-0145  
Email: [info@BeaRESCUER.org](mailto:info@BeaRESCUER.org)  
Web Page [www.BEaRESCUER.org](http://www.BEaRESCUER.org)  
Address 2216 S. Cedar St.  
Lansing, MI 48912  
Service Area Lansing area  
Services: The City Rescue Mission of Lansing provides food, shelter, and hope with separate shelters for men and for women with children. An evening meal is served to the public everyday at the Michigan Avenue location.

### Haven House

Phone: (517) 337-2731  
Email: [info@havenhouseel.org](mailto:info@havenhouseel.org)  
Web Page <https://www.havenhouseel.org/>  
Address 121 Whitehills Dr.  
East Lansing, MI 48823  
Service Area Clinton, Eaton, Ingham  
Services: Haven House provides emergency housing and support services for one-parent and two-parent families with children. The shelter helps families who are homeless prepare for permanent housing by developing and promoting self-sufficiency, stability, and financial responsibility.

### Loaves and Fishes

Phone: (517) 482-2099 x 7901  
Email: [advocacy@loavesandfisheslansing.org](mailto:advocacy@loavesandfisheslansing.org)  
Web Page <https://www.loavesandfisheslansing.org/>  
Address 831 N. Sycamore St.  
Lansing, MI 48906  
Service Area Ingham  
Services: Emergency overnight shelter for up to 30 days. Also has two temporary transitional housing units (Luke's House for men and Zacchaeus House for women and children).

## Employment

### Capital Area Michigan Works!

Phone: (517) 492-5500

Email: [crosingana@camw.net](mailto:crosingana@camw.net)

Web Page <https://www.camw.org/>

Address 2110 S. Cedar St.

Lansing, MI 48910

Service Area Ingham, Eaton, Clinton

Services: Capital Area Michigan Works! Is a network of resources for employers and career seekers. We work with job seekers to enhance education and career opportunities. We have three American Job Centers in Charlotte, Lansing, and St. Johns.

### Pure Michigan Talent Connect

Phone: (888) 522-0103

Email:

Web Page <https://www.mitalent.org/job-seeker>

Address

Service Area Michigan

Services: Be cautious of anyone offering employment without an interview. Thoroughly investigate any employer who requires a fee before you can start working for them. These are just some of the ways online scammers may try and mislead you. These tips, and many more, can be found on our Online Job Search Safely page – check it out while you’re doing your job search!

### West Michigan Works

Phone: (800) 285-9675

Ionia Branch: (616) 389-8525

Email:

Web Page <http://www.westmiworks.org/>

Address 301 W. Main St.

Ionia, MI 48846

Service Area Allegan, Barry, Ionia, Kent, Montcalm, Muskegon, Ottawa

Services: Works to create a qualified workforce that meets our region’s current and future talent needs and fuels our shared economic future.

## End-of-Life Care

### Visiting Angels

Phone: (989) 314-0457

Email:

Web Page <https://www.visitingangels.com/eastlansing/articles/in-home-care-in-east-lansing/19018>

Address 215 N Walter St #140  
Owosso, MI 48867

Service Area East Lansing Area

Services: Visiting Angels of East Lansing is family owned and operated. We provide essential personal in-home services for adults and seniors. Our living assistance services can help your loved one continue to live at home where they are most comfortable. Visiting Angels East Lansing provides caring assistance to families in Argentine Twp., Bancroft, Bannister, Bath Twp., Byron, Chapman, Chesaning, Corunna, Durand, East Lansing, Elsie, Laingsburg, Linden, New Haven, New Lathrop, Oakley, Ovid, Owosso, Perry, Shaftsbury, Swartz Creek, and surrounding areas.

## Exercise/Wellness

### A Matter of Balance: Managing Concerns about Falls

Phone: (517) 887-1450

Email: [histedc@tcoa.org](mailto:histedc@tcoa.org)

Web Page <https://www.tcoa.org/classesevidence-based-programs/>

Address 5303 S. Cedar St. Building #1  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham

Services: A Matter of Balance: Managing Concerns about Falls is an evidence-based program designed to manage falls and increase activity levels in older adults. Participants learn to identify and recognize beliefs about falls, identify barriers to exercise, and strategies to reduce the risk of falling. Workshop meets 2 hours once per week for 8 weeks. Workshop is free of charge but donations are accepted.

### ALIVE

Phone: (517) 541-5800

Email: [Jacob.Campbell@Sparrow.org](mailto:Jacob.Campbell@Sparrow.org)

Web Page <http://www.myalive.com/>

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: ALIVE exercise and wellness programming includes a full-service fitness facility (MOVE), Health Management program for individuals with chronic disease, Weigh Beyond weight management program, group exercise classes, cooking classes, spa services and clinical programs such as Intensive Cardiac Rehab, Pulmonary Rehab, Physical Therapy, Occupational Therapy, Vision Therapy, Diabetes Education, Osteopathic Neuromuscular Manipulation (ONMM) and Medical Nutrition Therapy (MNT).

### ALIVE / Sparrow Eaton Hospital

Phone: (517) 541-5800 x 52461

Email: [Jacob.campbell@sparrow.org](mailto:Jacob.campbell@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: Proper nutrition partnered with exercise is the key to good health. From nutrition coaching to medically supervised weight loss programs, and everything in between, we are equipped to help you take control of your health and weight.



## Exercise/Wellness

### Bath Charter Township's Senior Center

Phone: (517) 641-5169

Email:

Web Page <https://bathtownship.us/departments-services/senior-center/>

Address 14480 Webster Rd.  
Bath, MI 48808

Service Area Anyone

Services: Bath Charter Township's Senior Center provides the citizens of Bath and surrounding areas a place to gather and start new friendships! No age requirements unless noted, and there is no fee to become a member, just come join us! The Center is located behind the Bath Charter Township Offices, 14480 Webster Road in Bath, and is open Monday, Wednesday, and Friday. Lunch is served at 12:00 p.m. A weekly schedule is printed in the DeWitt-Bath review, and a monthly Menu & Events schedule is on the front page of our website. Please see the information below regarding Events & Activities, Programs & Services, and Trips.

### Creating Confident Caregivers©

Phone: (517) 887-1450

Email:

Web Page <https://www.tcoa.org/classesevidence-based-programs>

Address 5303 S. Cedar St. Building #1  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham

Services: Creating Confident Caregivers© is an evidence based program that provides dementia caregivers information, skills, and attitudes to manage stress and improve caregiving skills. This workshop utilizes tested and effective methods from the University of Minnesota's Savvy Caregiver Program. This program is not intended for professional caregivers. Person with dementia must live at home. Workshop meets for 2 hours once per week for 6 weeks. Workshop is free of charge but donations are accepted.

### East Lansing Hannah Community Center

Phone: (517) 333-2580

Email:

Web Page <https://www.cityofeastlansing.com/824/EL-Hannah-Community-Center>

Address 410 Abbot Rd.  
East Lansing, MI 48823

Service Area Greater Lansing

Services: The East Lansing Hannah Community Center houses event and meeting spaces, a fitness center, personal training, a 25-yard swimming pool, two gymnasiums and classes and programs.

## Exercise/Wellness

### Eaton County Parks and Recreation

Phone: (517) 543-7500 (517) 485-3417

Email: [makingithappen@eatoncounty.org](mailto:makingithappen@eatoncounty.org)

Web Page: <https://www.eatoncounty.org/206/Parks-Recreation>

Address: 1045 Independence Blvd.  
Charlotte, MI 48813

Service Area: Eaton

Services: The RX for Parks Program and health care providers utilizes nature to improve patient's quality of life. Visit and see all that Eaton County Parks have to offer the community. From beautiful parks, healthy recreation opportunities, to interpretive programming, Eaton County has something for everyone.

Phone: (517) 627-7351

Email: [parksdept@eatoncounty.org](mailto:parksdept@eatoncounty.org)

Web Page: <https://www.eatoncounty.org/206/Parks-Recreation>

Address: 133 Fitzgerald Park Dr.  
Grand Ledge, MI 48837

Service Area: Eaton

Services: The RX for Parks Program and health care providers utilizes nature to improve patient's quality of life. Visit and see all that Eaton County Parks have to offer the community. From beautiful parks, healthy recreation opportunities, to interpretive programming, Eaton County has something for everyone.

### Eaton Rapids Community Pool

Phone: (517) 663-3484

Email:

Web Page:

Address: 815 Greyhound Dr.  
Eaton Rapids, MI 48827

Service Area: Eaton County

Services: The Eaton Rapids Community Pool is an indoor, year-round complex open to the public! We offer a variety of recreational and lap swims, along with water fitness classes! If you have any questions, please call the aquatics office at (517) 663-3484

## Exercise/Wellness

### Hilltop Yoga, LoveYourBrain Yoga Program

Phone: (517) 230-7497

Email: [hilltop@hilltopyoga.com](mailto:hilltop@hilltopyoga.com)

Web Page <https://www.hilltopyoga.com/lansing-studio/>

Address 107 E. Cesar Chavez  
Lansing, MI 48906

Service Area

Services: The LoveYourBrain (LYB) FUNdamentals gentle yoga program is free for people who have experienced a TBI and their caregivers. It is a 6-week series offered 4 times/year at Hilltop Yoga studio. The LoveYourBrain foundation has additional resources and opportunities available for the TBI community. Gentle yoga videos and guided meditations can be found on our website. LoveYourBrain also offers a scholarship-based retreat in Maine for people affected by TBI. More information can be found on our website.

### Ingham County Parks and Recreation

Phone: (517) 676-2233

Email: [parks@ingham.org](mailto:parks@ingham.org)

Web Page <http://pk.ingham.org/>

Address 121 E. Maple St. Suite 102  
Mason, MI 48854

Service Area Ingham

Services: Provide quality outdoor recreation opportunities and facilities for all segments of the population. Strives to enhance the quality of life for park visitors and county residents through active citizen involvement, planned acquisition, preservation, and professional management of park lands. Parks include Burchfield Park, Hawk Island, Lake Lansing North, Lake Lansing South, Lake Lansing Boat Launch.

### Lansing Parks and Recreation

Phone: (517) 483-4277

Email: [emily.stevens@lansingmi.gov](mailto:emily.stevens@lansingmi.gov)

Web Page <http://www.lansingmi.gov/parks>

Address 200 North Foster  
Lansing, MI 48912

Service Area Ingham

Services: Lansing Parks and Recreation's mission is to enhance the quality of life through the preservation and maintenance of park lands, the provision of quality leisure time activities, and the provision of special facilities which would otherwise not be available to the Lansing area Residents.

## Exercise/Wellness

### Making the Turn Against Parkinson's

Phone: (517) 505-1888

Email: [makingtheturngolf@gmail.com](mailto:makingtheturngolf@gmail.com)

Web Page <http://www.makingtheturngolf.com/>

Address 1861 Rowley Rd.

Williamston, MI 48895

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Held at the Michigan Athletic Club (MAC) in East Lansing., MI. Exercise for Parkinson's Patients. Join in a 12-week program designed for the specific needs of Parkinson's patients. Classes will rotate between boxing and group exercise. This class is appropriate for any stage of Parkinson's, from early onset through wheelchair-bound. You do not need to be a MAC member to participate and participation is free thanks to a subsidy from "Making the Turn Against Parkinson's." In partnership with the Michigan Athletic Club, we sponsor and subsidize a bi-weekly exercise therapy program designed specifically for Parkinson's patients.

### Matter of Balance

Phone: (517) 887-1450

Email:

Web Page <https://www.tcoa.org/classesevidence-based-programs/>

Address Tri-County Office on Aging (program is online via Z

Service Area Ingham, Clinton, Eaton

Services: A Matter of Balance: Managing Concerns about Falls is an award-winning evidence-based program designed to manage falls and increase activity levels in older adults. The workshop meets in small groups (approximately 8-12 participants) and is led by 2 trained facilitators. The workshop meets for 2 hours per session for 8 sessions in community locations. Participants learn to identify and recognize beliefs about falls and fitness, identify barriers to exercise and its importance to preventing falls, identify potential home and community fall hazards and strategies to reduce the risk of falling and learn about community resources.

### Medically Based Water Fitness, Swipe Card Program - Sparrow Michigan Athletic Club

Phone: (517) 364-8870

Email:

Web Page <http://www.sparrow.org/waterfitness>

Address 2900 Hannah Blvd.

East Lansing, MI 48823

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Held at the Michigan Athletic Club (MAC) in East Lansing., MI. Medically-based water fitness classes led by a certified water fitness instructor. A doctor's note is required to enroll.

## Exercise/Wellness

### PATH (Personal Action Toward Health)for Diabetes and Chronic Pain Management

Phone: (517) 887-1450

Email: [HistedC@tcoa.org](mailto:HistedC@tcoa.org)

Web Page <https://www.tcoa.org/classesevidence-based-programs/>

Address 5303 S. Cedar Street, Suite 1  
Lansing, MI 48911

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Diabetes PATH and Chronic Pain PATH are interactive workshops offered to help individuals take an active role in managing their chronic condition. Workshops meet for 2 ½ hours once per week for 6 weeks. Workshops are offered in convenient, easily accessible community locations. Caregivers and/or significant others are encouraged to attend as well. Workshops are free of charge but donations are accepted.

### Playmakers Fitness Foundation

Phone: (517) 349-3803

Email:

Web Page <https://www.playmakers.com/Foundation.aspx>

Address 2299 W. Grand River Ave.  
Okemos, MI 48864

Service Area Mid-Michigan

Services: Committed to wellness. Playmakers works to empower the people to adopt and sustain a healthier, more active lifestyle by providing OPPORTUNITIES for people to move more and EDUCATIONAL programs that train people to move better. Free Good Form Classes: Good Form Running, Good Form Walking, Stretch, Strengthen and Roll, Free Injury Clinic, Free Injury Articles. Through education and opportunity the health of our community will improve!

### Powerful Tools for Caregivers

Phone: (517) 887-1450

Email: [histedc@tcoa.org](mailto:histedc@tcoa.org)

Web Page <https://www.tcoa.org/classesevidence-based-programs/>

Address 5303 S. Cedar St. Building #1  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham

Services: Powerful Tools for Caregivers is an evidence-based workshop designed to help caregivers learn to how take better care of themselves while caring for a family member or friend. This program is not intended for professional caregivers. Workshop meets for 2 ½ hours once per week for 6 weeks. Workshop is free of charge but donations are accepted.

## Exercise/Wellness

### Sparrow Michigan Athletic Club

Phone: (517) 364-8888 (517) 364-8805

Email:

Web Page <https://www.sparrow.org/our-hospitals-services/michigan-athletic-club>

Address 2900 Hannah Blvd.  
East Lansing, MI 48823

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Physician Referral Exercise Program (P.R.E.P.) You've completed therapy.....now what?! The program helps maintain your current status and improve your overall level of fitness. P.R.E.P. limits the possibility of regression and provides a seamless transition from physical therapy to general fitness. The MAC is one of a very few facilities of its kind in the United States. As the only hospital-based club in Mid-Michigan, the MAC offers the advantage of the latest medical knowledge in developing exercise programs for those with special medical needs. The fitness instructors, personal trainers, and Pilates instructors are certified and degreed to accommodate a variety of health concerns.

Phone: (517) 364-8805

Email:

Web Page <http://www.sparrow.org/upload/docs/MAC/PREP/MAC%20PREP%20flyer.pdf>

Address 2900 Hannah Blvd.  
East Lansing, MI 48823

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Exercise for Parkinson's Patients: 12-Week program designed for the specific needs of Parkinson's Patients. Appropriate for any stage of Parkinson's from early onset through wheelchair-bound. Classes are Free. Do not need to be a MAC member to participate. Medically Based Water Fitness, Swipe Card Program: Medically-based water fitness classes led by Sparrow MAC certified water fitness instructors. Weekly classes are ongoing and prior registration is not required. A doctor's note is required. Classes are \$8 each and can be purchased in packs of 6, 12, or 15 and pre-loaded on a swipe card to be used at the MAC.

### YMCA

Phone: (517) 827-9645 (517) 827-9610

Email: [cthompson@ymcaoflansing.org](mailto:cthompson@ymcaoflansing.org)

Web Page <https://www.lansingymca.org/>

Address 119 N. Washington Sq.  
Lansing, MI 48933

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The YMCA is a statewide presence offering programs throughout the state at YMCA branches, churches, and community centers. Chronic disease offerings include Diabetes Prevention, Cancer Survivorship, Arthritis programs, Blood Pressure Self-Monitoring classes and youth obesity programs. The YMCA offers these at their facilities, community centers, churches and many others for off-site programming as well.

## Financial Assistance

### Belding Emergency Fund

Phone: (616) 794-1900

Email:

Web Page

Address PO Box 191  
Belding, MI 48809

Service Area Anyone

Services: This fund provides emergency relief for food, clothing, financial assistance and utility bills in Ionia County.

### City of East Lansing - Department of Neighborhoods and Citizen Engagement

Phone: (517) 483-4285

Email: [zachary.etzin@lansingmi.gov](mailto:zachary.etzin@lansingmi.gov)

Web Page <https://www.lansingmi.gov/OFE>

Address 124 W. Michigan Ave. 3rd floor  
Lansing, MI 48933

Service Area Ingham

Services: The Financial Empowerment Center (FEC), located at Cristo Rey Community Center, offers free one-on-one financial counseling. The FEC focuses on improving credit scores, reducing debt, increasing savings, and accessing safe and affordable bank accounts. To schedule an appointment visit: <https://www.schedulicity.com/scheduling/LFECLP>

### Kent County Community Action Agency

Phone: (616) 632-7950

Email:

Web Page <https://www.accesskent.com/Departments/CommunityAction/>

Address 121 Franklin Street SE, Suite 110  
Grand Rapids, MI 49507

Service Area

Services: The Community Action Division focuses on meeting emergency needs such as, but not limited to, food, utility assistance, housing, transportation and socialization for residents of Kent County. Additionally, we assist with areas of self-sufficiency, medical insurance enrollment, tax preparation and information and referral services.

## Financial Assistance

### Multiple Sclerosis Foundation

Phone: (888) 673-6287

Email:

Web Page [www.msfocus.org](http://www.msfocus.org)

Address 6520 N. Andrews Ave.  
Ft. Lauderdale, FL 33309

Service Area Nationwide

Services: The mission of the Multiple Sclerosis Foundation is to provide programs and support services to those persons affected by MS that help them maintain their health, safety, self-sufficiency, and personal well-being; and to heighten public awareness of multiple sclerosis in order to elicit financial support for the Foundation's programs and services and promote understanding for those diagnosed with the illness.

### Multiple Sclerosis Society

Phone: (800) 344-4867

Email:

Web Page [www.nationalmssociety.org](http://www.nationalmssociety.org)

Address

Service Area Nationwide

Services: Society provides free Multiple Sclerosis Navigators to patients and caregivers who can assist with financial resources, education and support

### Sparrow Hospital/Financial Assistance Specialist

Phone: (517) 364-7999

Email:

Web Page <https://www.sparrow.org/?id=1687&sid=5>

Address 3301 E. Michigan Ave. Ste. A  
Lansing, MI 48912

Service Area Ingham (primarily)

Services: Ability to assist other counties. Provides financial screening for programs like Medicaid and Sparrow financial assistance.



## Financial Assistance

### The Elsa U. Pardee Foundation

Phone: (989) 463-9319

Email:

Web Page <https://pardeefoundation.org/>

Address P.O. Box 2767  
Midland, MI 48641

Service Area Gratiot County

Services: In 1951, Elsa Uhinck Pardee recognized another important need: many people suffering from cancer did not have the money to get adequate medical care without risking financial ruin. Research was important, she argued, but so was meeting the immediate financial needs of cancer patients. Today, about one-third of the Foundation's grants are made to the Pardee Cancer Treatment Funds, which provide financial assistance to needy cancer patients in Midland and surrounding counties, and in other selected locations. Since 1951, about \$36 million in grants has helped thousands of cancer patients seek treatment and support.

## Food

### Bread of Life Pantry

Phone: (616) 894-9873

Email:

Web Page <https://havemercymi.org/bread-life/>

Address 6596 Vining Road  
Greenville, MI 48838

Service Area Montcalm County

Services: We offer a prepared food box along with eggs, cheese, bread, meat, and fruits and vegetable (in season). This is meant to be a supplemental food supply to assist your family for a few days only. If you need more assistance than that, we may offer guidance to other resources.

### Carson City Food Pantry

Phone: (989) 584-6044

Email:

Web Page <https://stmarystjohn.net/documents/collection/bulletin>

Address 404 N Division Street  
Carson City, MI 48811

Service Area Montcalm County

Services: Serves Residents of greater Carson City -Crystal Area School District. Documents required: Valid picture ID with address Pantry hours: Tuesday 10am-12pm.

### Charlotte Assembly of God

Phone: (517) 543-0649

Email:

Web Page

Address 1100 East Clinton Trail  
Charlotte, MI 48813

Service Area Eaton County

Services: This food pantry serves low-income residents of Eaton County every Monday and Thursday from 8:30pm - 4:30pm.

### Community Impact Center

Phone: (616) 225-9999

Email:

Web Page <http://cimpact.org/>

Address 1220 N. Lafayette  
Greenville, MI 48838

Service Area Montcalm County

Services: We have a small rummage shop in the back of the building on the South side. We have clothes, household items, old computers, we get bikes every now and again. Freezer, dishwasher, vacuums, blankets. Bookcases, books, desks. A little bit of everything. This is for the community, and we asked a small donation for each item other than clothes- we ask \$2.00 donation per bag.

## Food

### Crystal Congregational Church

Phone: (989) 235-4208

Email:

Web Page <https://crystalcongregationalchurch.com/>

Address 300 south Main Street  
Crystal, MI 48818

Service Area Montcalm County

Services: Clothes can be dropped off that day or can call the church to make arrangements; leave a phone message if no one is there to answer your call. The service is for anyone, no restrictions. This food pantry is open on the second Saturday of every month from 9am-12pm.

### Crystal Lake Community Church

Phone: (989) 235-2522

Email:

Web Page <https://www.crystallake.cc/>

Address 122 South Main Street  
Crystal, MI 48818

Service Area Montcalm County

Services: This food pantry is open every 2nd Tuesday from 1 to 3pm. Please use the guidelines given to us per the health department when visiting.

### Food Bank Council of Michigan

Phone: (517) 485-1202

Email: [fbcfcmich.org](mailto:fbcfcmich.org)

Web Page <http://fbcfcmich.org/>

Address 330 Marshall St. Suite 102  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Operates a statewide helpline that can assist individuals with applying for Food Assistance (SNAP/Bridge Card) benefits over the phone and also connect to local food programs/resources. Helpline: (888) 544-8773.

### Greater Lansing Food Bank

Phone: (517) 853-7800

Email: [glfb@greaterlansingfoodbank.org](mailto:glfb@greaterlansingfoodbank.org)

Web Page <https://greaterlansingfoodbank.org/>

Address 5600 Food Ct  
Bath, MI 48808

Service Area Clare, Clinton, Eaton, Gratiot, Ingham, Isabella, Shiawassee

Services: Assistance applying for food benefits and information on local food resources. Food Assistance Resource Line: (517) 899-9457

## Food

### Greenville Church of the Nazarene

Phone: (616) 754-7605

Email:

Web Page <https://greenvillenazarene.org/>

Address 10087 S. Greenville Rd.  
Greenville, MI 48838

Service Area Montcalm County

Services: This food pantry is open every 1st and 3rd Wednesday of the month from 4:00-6:0pm.

### Heart & Hands

Phone: (517) 663-7104

Email: [HeartandHandsInc@gmail.com](mailto:HeartandHandsInc@gmail.com)

Web Page <https://heartandhandsinc.weebly.com/>

Address 9220 Kinneville Rd.  
Eaton Rapids, MI 48827

Service Area Eaton

Services: Food pantry providing food and some personal hygiene items. We do provide EATRAN tokens to get to and from Heart and Hands.

### Helping Hands of Eaton County

Phone: (517) 543-8737

Email:

Web Page

Address 621 Jefferson Avenue  
Charlotte, MI 48813

Service Area Eaton County

Services: Helping Hands of Eaton County is a faith-based 501(c)(3) food pantry operated almost entirely by volunteers. Our goal is to honor our Lord by seeking to be His hands extended. We do this by providing a 7-day supply of groceries and personal care items free of charge to people in need from our community, regardless of their religious beliefs or lack thereof. We further seek to express our faith by exhibiting compassion and encouragement through prayer on request and by providing a listening ear. We offer referrals to other local resources available and make every effort to treat all with dignity and empathy as they encounter difficult times.

## Food

### Homeless Angels

Phone: (517) 487-9119

Email:

Web Page <https://www.homelessangels.org/>

Address 3216 W. Main St.  
Lansing, MI 48917

Service Area Lansing area

Services: To rebuild and restore faith in humanity through innovative ideas, programs, and events to create REAL change for people that are homeless or at risk of homelessness.

### Ionia Church of the Nazarene

Phone: (616) 527-9350

Email:

Web Page

Address 83 E Tuttle Rd  
Ionia, MI 48846

Service Area Ionia County

Services: This food pantry is open every Monday afternoon from 3:00-4:00pm.

### Manna's Market, Inc.

Phone: (269) 838-5887

Email: [info@MannasMarket.org](mailto:info@MannasMarket.org)

Web Page <http://www.mannasmarket.org/>

Address 7180 Velte Rd (M-50)  
Lake Odessa, MI 48849

Service Area Barry, Ionia county South of I-96, Eaton county east to the Vermontville/Mulliken line

Services: Food, clothing bank and baby pantry.

## Food

### Meals on Wheels - Clinton County

Phone: (989)224-3600 (888) 224-3030  
Email:

Web Page <https://www.tcoa.org/nutrition/meals-on-wheels/>

Address 201 E. Walker St.  
St. Johns, MI, 48879

Service Area Clinton County

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

### Meals on Wheels - Eaton County

Phone: (517)541-2330 (866) 541-5444  
Email:

Web Page <https://www.tcoa.org/nutrition/meals-on-wheels/>

Address 210 E. Lawrence Ave  
Charlotte, MI 48813

Service Area Eaton County

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

### Meals on Wheels - Gratiot County

Phone: (989) 875-5246  
Email:

Web Page <https://www.gratiotmi.com/171/Commission-on-Aging>

Address

Service Area Gratiot County

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

## Food

### Meals on Wheels - Ingham County Greater Lansing

Phone: (517)887-1460

Email:

Web Page <https://www.tcoa.org/nutrition/meals-on-wheels/>

Address 5303 S. Cedar St., Ste. 1

Lansing, MI 48911

Service Area Ingham Co - Greater Lansing (Lansing, East Lansing, Haslett and Okemos)

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

### Meals on Wheels - Ionia County

Phone: (616) 527-5365.

Email:

Web Page <https://ioniacounty.org/health/commission-on-aging/home-delivered-meals/>

Address 101 W. Main St.

Ionia, MI 48846

Service Area Ionia County

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

### Meals on Wheels - Jackson County

Phone: (517)788-4364

Email:

Web Page <https://www.mealsonwheels-jacksonmi.com/meals-on-wheels/>

Address 1715 Jackson Ave., Ste 672

Jackson, MI

Service Area Jackson County

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

## Food

### Meals on Wheels - Montcalm County

Phone: (989) 831-7476 option 1

Email:

Web Page [http://www.montcalm.us/departments\\_services/health\\_and\\_human\\_services/home\\_delivered\\_meals.php](http://www.montcalm.us/departments_services/health_and_human_services/home_delivered_meals.php)

Address 613 State St.  
Stanton, MI 48888

Service Area Montcalm County

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

### Meals on Wheels - Rural Ingham County

Phone: (517)676-2775

Email:

Web Page <https://www.tcoa.org/nutrition/meals-on-wheels/>

Address 415 E. Maple St.  
Mason, MI 48854

Service Area Ingham Co Rural (Holt, Mason, Williamston, Webberville, Stockbridge, Leslie, Dansville and Onondaga)

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.

### Meals on Wheels - Shiawassee County

Phone: (989)723-8875

Email:

Web Page <https://www.shiawasseecoa.org/>

Address 300 N. Washington St.  
Owosso, MI 48867

Service Area Shiawassee County

Services: Meals on Wheels America is the leadership organization supporting the more than 5,000 community-based programs across the country that are dedicated to addressing senior isolation and hunger. This network serves virtually every community in America and, along with more than two million staff and volunteers, delivers the nutritious meals, friendly visits and safety checks that enable America's seniors to live nourished lives with independence and dignity. By providing funding, leadership, education, research and advocacy support, Meals on Wheels America empowers its local member programs to strengthen their communities, one senior at a time.



## Food

### Meals on Wheels of Western Michigan

Phone: (616) 459-3111

Email:

Web Page <https://mealsonwheelswesternmichigan.org/meals-on-wheels/>

Address 2900 Wilson Ave SW Suite 500  
Grandville, MI 49418

Service Area Kent County

Services: Nutritionally balanced home-delivered meals are prepared locally in our central kitchen. Our meals meet or exceed 1/3 DRI requirements. Most of our meals contain 800mg of sodium or less. Eligible clients can receive up to two meals per day. Most meals are delivered 3 days per week on Mondays, Wednesdays, and Fridays between 8:00 AM and 3:00 PM. The meal should be heated and enjoyed by the client at their convenience. Meals come with heating instructions for both microwaves and ovens.

### Montcalm County Commission on Aging

Phone: (989) 861-7476

Email:

Web Page [http://www.montcalm.org/departments\\_services/health\\_and\\_human\\_services/commission\\_on\\_aging.php](http://www.montcalm.org/departments_services/health_and_human_services/commission_on_aging.php)

Address 613 N. State Street  
Stanton, MI 48888

Service Area Montcalm County

Services: Our mission is to provide senior citizens and their families with the necessary assistance and information to maintain health, dignity, independence, and well-being for all residents of Montcalm County who are 60 years of age and older. We work at accomplishing this mission through our Transportation Program, Journey Program, Respite & Specialized Respite Program, Trip Program, Volunteer Program, Information and Referral, Stanton Center Activities, and our Case Coordination and Support Program. We also provide assistance through the Medicaid/Medicare Assistance Program and our monthly newspaper.

### Muir First Christian Church

Phone: (989) 855-2062

Email:

Web Page

Address 138 W Garden St  
Muir, MI 48860

Service Area Ionia County

Services: This food pantry serves residents of, Muir, Lyons, Palo, Hubbardston or Pewamo. Documents required: Valid picture ID, Proof of income. Pantry hours: Tuesdays 8am-5pm

## Food

### Saint Johns Basic Needs Center

Phone: (517) 230-4618

Email:

Web Page [None \(they have a facebook page\)](#)

Address 213 N. Clinton Avenue  
St. Johns, MI 48879

Service Area Clinton County

Services: Open Tues, Wed and Thursdays 10a-4p or by appt. Provide groceries (fresh and non-perishable - guests select their own) once a month to Clinton Co residents. Also offer school-age children's clothing as well as adult winter clothing. Offer winter coats in all sizes.

### Saranac Community Church

Phone: (616) 642-6801

Email:

Web Page

Address 125 South Bridge St  
Saranac, MI 48881

Service Area Ionia County

Services: The Saranac Community Church Food Pantry is open on the first and third Thursdays from 2-4pm for residents of Saranac and Clarksville – no appointment is needed. Residents may come once per calendar month, we are currently offering drive-thru service.

### Settlement Lutheran Church

Phone: (616) 984-5442

Email:

Web Page

Address 1031 South Johnson Road  
Gowen, MI 49326

Service Area Montcalm County

Services: Provides for emergency food and clothing needs. Open on Thursdays from 2:00-5:00pm.

## Food

### Shiloh Community Church

Phone: (616) 761-3584

Email:

Web Page

Address 8197 Heth Street  
Orleans, MI 48865

Service Area

Services: We are honored to be able to serve our community each week in such a tangible way! Pre-register by calling the church office M-Th 9am to 3pm. Pick up food the following Monday between 11am and 12:00 pm. We currently have the resources to provide food up to six times a year for you and your family. What you will receive: Face to face contact with the friendliest people in town! A selection of non-perishable and perishable foods to provide physical nourishment. A caring ear to hear your prayer requests and pray with you and provide you with spiritual nourishment.

### Society of St. Vincent DePaul- St Mary's of Charlotte

Phone: (517) 543-4319

Email:

Web Page

Address 812 Saint Mary Boulevard  
Charlotte, MI 48813

Service Area Eaton County

Services: The society of Saint Vincent de Paul helps the poor, less fortunate, and low income in the Charlotte Michigan area. There is free food or meals from a pantry along with clothes, hygiene items, and clothes. The St. Vincent churches may, when possible, provide emergency financial help for bills, housing, heating costs or medications. There is also a home based service from volunteers, and they deliver hot meals to the homebound in Eaton County Michigan.

Phone: (517) 543-4319

Email:

Web Page

Address 812 Saint Mary Boulevard  
Charlotte, MI 48813

Service Area Eaton County

Services: The society of Saint Vincent de Paul helps the poor, less fortunate, and low income in the Charlotte Michigan area. There is free food or meals from a pantry along with clothes, hygiene items, and clothes. The St. Vincent churches may, when possible, provide emergency financial help for bills, housing, heating costs or medications. There is also a home based service from volunteers, and they deliver hot meals to the homebound in Eaton County Michigan.

## Food

### Society of St. Vincent DePaul- St Mary's of Charlotte

Phone: (517) 543-4319

Email:

Web Page

Address 812 Saint Mary Boulevard  
Charlotte, MI 48813

Service Area Eaton County

Services: The society of Saint Vincent de Paul helps the poor, less fortunate, and low income in the Charlotte Michigan area. There is free food or meals from a pantry along with clothes, hygiene items, and clothes. The St. Vincent churches may, when possible, provide emergency financial help for bills, housing, heating costs or medications. There is also a home-based service from volunteers, and they deliver hot meals to the homebound in Eaton County Michigan.

### St. Vincent de Paul Food Pantry

Phone: (517) 482-0765

Email: [siscarane@gmail.com](mailto:siscarane@gmail.com)

Web Page <https://www.facebook.com/StThereseSVDPFoodPantry>

Address 102 W. Randolph St.  
Lansing, MI 48906

Service Area East of Martin Luther King Jr. Blvd, west of US 127, south of State Road (we do serve King Arthur's Court

Services: Recipients are eligible for food assistance once every 30 days. (We provide both non-perishable foods and fresh produce when it is available from the Greater Lansing Food Bank. We have distribution guidelines as to the quantity of food clients receive. Breakdowns include families of 1-2 people, 3-5 people and 6 or more). A clothing voucher to be used at the St. Vincent de Paul Thrift Store in Lansing may be obtained once every six months and is good for 3 sets of clothing per individual. A voucher may be obtained for coats, boots and shoes (not to exceed \$50) at the St. Vincent de Paul Thrift store twice in a 12 month period. A furniture voucher (not to exceed \$100) to be redeemed for beds to be used at the St. Vincent de Paul Thrift Store in Lansing may be obtained only once in a 12 month period.

### The Basic Needs Center

Phone: (517) 230-4618

Email:

Web Page

Address 213 N. Clinton Ave.  
Saint Johns, MI 48879

Service Area Clinton

Services: Provides basic needs such as food, clothing, shelter, and counseling

## Food

### The St. Johns Baby Pantry

Phone: (989) 307-9936

Email:

Web Page

Address 100 Maple St.  
Saint Johns, MI 48879

Service Area Clinton

Services: Provide food, clothing and personal care items for babies and toddlers age 5 and under - 1 item per kind of each item, unless otherwise marked. Clothing, bedding and toys are unlimited. Also give out food and personal care items for the older children and adult members of these families - 1 item per kind up to 8 items. Open from 11 am to 5 pm on the first 4 Tuesdays of the month. Clients can come and obtain items every week with no proof of need or area. No appointment is needed.

### Tri-County Office on Aging (TCOA) Clinton County Meals on Wheels

Phone: (989) 224-3600 (888) 224-3030

Email: [CCMOW@tcoa.org](mailto:CCMOW@tcoa.org)

Web Page <https://www.tcoa.org/nutrition/>

Address 201 E. Walker St.  
St. Johns, MI 48879

Service Area Clinton County

Services: TCOA Meals on Wheels program provides delicious, well-balanced meals delivered up to five days per week (Monday through Friday) by friendly volunteers for adults age 60 and over. Other eligibility requirements may apply.

### Tri-County Office on Aging (TCOA) Eaton County Meals on Wheels

Phone: (517) 541-2330

Email: [ECMOW@tcoa.org](mailto:ECMOW@tcoa.org)

Web Page <https://www.tcoa.org/nutrition/>

Address 210 Lawrence Avenue  
Charlotte, MI 48854

Service Area Eaton County

Services: TCOA Meals on Wheels program provides delicious, well-balanced meals delivered up to five days per week (Monday through Friday) by friendly volunteers for adults age 60 and over. Other eligibility requirements may apply.

## Food

### Tri-County Office on Aging (TCOA) Great Lansing Meals on Wheels

Phone: (517) 887-1460

Email: [GLMOW@tcoa.org](mailto:GLMOW@tcoa.org)

Web Page <https://www.tcoa.org/nutrition/>

Address 5303 S. Cedar St. Building #1  
Lansing, MI 48911

Service Area Primarily Lansing, East Lansing, Haslett & Okemos

Services: TCOA Meals on Wheels program provides delicious, well-balanced meals delivered up to five days per week (Monday through Friday) by friendly volunteers for adults age 60 and over. Other eligibility requirements may apply.

### Tri-County Office on Aging (TCOA) Rural Ingham Meals on Wheels

Phone: (517) 676-2775

Email: [RIMOW@tcoa.org](mailto:RIMOW@tcoa.org)

Web Page <https://www.tcoa.org/nutrition/>

Address 415 E. Maple St.  
Mason, MI 48854

Service Area Holt, Mason, Williamston, Webberville, Stockbridge, Leslie, Dansville and Onondaga

Services: TCOA Meals on Wheels program provides delicious, well-balanced meals delivered up to five days per week (Monday through Friday) by friendly volunteers for adults age 60 and over. Other eligibility requirements may apply.

### Tri-County Office on Aging (TCOA) Senior Dining Sites

Phone: (517) 887-1393

Email: [StetlerT@tcoa.org](mailto:StetlerT@tcoa.org)

Web Page <https://www.tcoa.org/nutrition/>

Address 5303 S. Cedar St. Building #1  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham

Services: TCOA Senior/Congregate Dining Sites serve hot, well-balanced meals at over 20 sites throughout the Tri-County area) for adults age 60 and over and their spouses. Other eligibility requirements may apply.

## Food

### University of Michigan Health - Guest Assistance Program (GAP)

Phone: (734)764-6893 (800) (888) 9825

Email:

Web Page <https://www.uofmhealth.org/patient-visitor-guide/guest-assistance-program>

Address 1500 East Medical Center Drive

Ann Arbor, MI 48109-5718

Service Area Serves patients and families of MI Medicine

Services: The Guest Assistance Program (GAP) is a part of the Department of Social work that assists both adult and pediatric patients with navigation of non-medical needs they may face. Our dedicated social workers problem-solve, research community resources, and assist with the coordination of various needs that arise during medical treatment. We focus solely on barriers to care — things that would keep patients from maintaining treatment or appointments that would impact their health.

### Zion Community Food Pantry

Phone: (616) 527-1910

Email:

Web Page

Address 423 W Washington St

Ionia, MI 48846

Service Area Ionia County

Services: This food pantry is open every Wednesday from 2:00pm to 4:30pm.

## Government Benefits

### Feelsafe Wireless

Phone: (877) 247-7799

Email:

Web Page <https://www.feelsafewireless.com/michigan-free-government-phone>

Address 2425 Franklin  
Bloomfield Hills, MI 48302

Service Area Statewide

Services: FeelSafe Wireless offers government assisted wireless phone services to low income families and individuals within the state of Michigan. Qualified Michigan customers may receive a free cell phone plus 1000 Voice, 500 Text Messages and 4.5GB of Data for Internet every month. Feelsafe offers Lifeline discounts to qualified Michigan customers who meet certain eligibility requirements such as government assistance or a household income that is at or below 135% of the Federal Poverty Guidelines. Your FREE Lifeline benefit in Michigan is limited to one per household and cannot be combined with any other Lifeline offer or offers.

### Humana Medicare Advantage

Phone: (800) 457-4708

Email:

Web Page <https://www.humana.com/>

Address

Service Area Michigan

Services: Humana Medicare Advantage is a health insurance company with benefits and extras designated to help you live your best life and support your total health.

### Ingham County Registration and Enrollment Dept.

Phone: (517) 887-4306

Email:

Web Page

Address 5303 S. Cedar St. P.O. Box 30161  
Lansing, MI 48909

Service Area Ingham County

Services: Assistance in Medicaid applications and/or enrolling in Marketplace Plan



## Government Benefits

### Ionia County Department of Health & Human Services

Phone: (616) 527-5200  
Email:

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-73970\\_5461\\_66819-287834--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66819-287834--,00.html)

Address 920 E Lincoln Ave, Ionia, MI 48846  
Ionia, MI 48846

Service Area Ionia County

Services: MDHHS provides opportunities, services, and programs that promote a healthy, safe, and stable environment for residents to be self-sufficient. Develop and encourage measurable health, safety, and self-sufficiency outcomes that reduce and prevent risks, promote equity, foster healthy habits, and transform the health and human services system to improve the lives of Michigan families.

### Kent County Community Action Agency

Phone: (616) 632-7950  
Email:

Web Page <https://www.accesskent.com/Departments/CommunityAction/>

Address 121 Franklin Street SE, Suite 110  
Grand Rapids, MI 49507

Service Area

Services: The Community Action Division focuses on meeting emergency needs such as, but not limited to, food, utility assistance, housing, transportation and socialization for residents of Kent County. Additionally, we assist with areas of self-sufficiency, medical insurance enrollment, tax preparation and information and referral services.

### MDHHS Resource Center

Phone: (844) 275-6324  
Email:

Web Page <https://www.michigan.gov/mdhhs>

Address

Service Area Statewide

Services: Assistance with MDHHS related services and offerings.

### Social Security Extra Help

Phone: (800) 772-1213  
Email:

Web Page <https://www.ssa.gov/benefits/medicare/prescriptionhelp.html>

Address

Service Area National

Services: Medicare beneficiaries can qualify for Extra Help paying for their monthly premiums, annual deductibles, and co-payments related to Medicare Part D (prescription drug coverage).

## Grief Support

### Gilda's Club

Phone: (616) 453-8300

Email: [info@gildasclubgr.org](mailto:info@gildasclubgr.org)

Web Page: <https://gildasclubgr.org/>

Address: 1806 Bridge St

Grand Rapids, MI 49504

Service Area: Ionia, Ingham, Montcalm, Clinton

Services: Gilda's Club Grand Rapids and Lowell Program is a free community of children, adults, families and friends impacted by cancer or grief due to any cause of death. The program is designated to support emotional health and all support groups are facilitated by Master level Professionals. People gather here to learn, share, and true to our namesake, Gilda Radner, have a few laughs along the way.

### Sparrow Hospice Services - Grief Support

Phone: (517) 364-7223

Email: [jennifer.scholes@sparrow.org](mailto:jennifer.scholes@sparrow.org)

Web Page: <https://www.sparrow.org/hospice-bereavement>

Address: 1210 W. Saginaw

Lansing, MI 48915

Service Area: Clinton, Eaton, Ingham, portions of Montcalm, Gratiot, and Ionia

Services: Grief support is available for those grieving the death of a loved one. Services are free of charge and available to anyone in the community. Services offered include short-term counseling and support groups. We also provide education and materials on grief and what to expect while grieving. support groups schedule is posted on the website.

## Health Education

### American Lung Association of Michigan

Phone: (800) (586) 4872

Email:

Web Page <https://www.lung.org/>

Address

Service Area Statewide

Services: The American Lung Association has a national phone support system designed to help callers quit their tobacco addiction. Free service. Help is offered in 100+ languages with scheduled phone calls that provide encouragement

### Healthy Living: Tobacco & You - Workshops for People Living With HIV

Phone: (517) 887-4597

Email:

Web Page <https://hd.ingham.org/SeekingCare/SubstanceUse/Tobacco.aspx>

Address 2316 S. Cedar St.

Lansing, MI 48911

Service Area Ingham Co and surrounding

Services: Workshops for People Living With HIV - 2ND & 4TH THURSDAYS OF THE MONTH 12PM - 1:30PM  
Location: Forest Community Health Center 2316 S Cedar St. Lansing

### Ingham Co Health Department - Tobacco Use Reduction Program (TURP)

Phone: (517) 388-8570

Email:

Web Page <https://hd.ingham.org/SeekingCare/SubstanceUse/Tobacco.aspx>

Address 5303 S. Cedar St.

Lansing, MI 48911

Service Area Ingham Co Residents

Services: The Tobacco Use Reduction Program (TURP) provides group and individual services for People Living with HIV (PLWH) living in Ingham County and other surrounding counties.

## Health Insurance Assistance

### Department of Insurance and Financial Services

Phone: (517) 284-8800 (877) 999-6442 (Toll-Free)

Email: [DIFSInfo@michigan.gov](mailto:DIFSInfo@michigan.gov)

Web Page <http://www.michigan.gov/difs/>

Address 530 W. Allegan St. 7th Floor  
Lansing, MI 48933

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: DIFS is the regulatory authority in Michigan over insurance companies, agencies, and agents. DIFS provides educational materials regarding health insurance and is available to answer questions and explain how DIFS can help patients with their denied health insurance claims.

### Medicare/Medicaid Assistance Program (MMAAP)

Phone: (517) 887-1416

Email: [ThumaS@tcoa.org](mailto:ThumaS@tcoa.org)

Web Page [www.tcoa.org](http://www.tcoa.org)

Address 5303 S. Cedar St. Suite 1  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham

Services: This free service provides trained, unbiased staff and volunteers to help with questions about Medicare and Medicaid eligibility, enrollment and coverage, Medicare supplemental and long-term care insurance, fraud prevention and Part D prescription drug coverage.

### Michigan Department of Financial and Insurance Services

Phone: (877) 999-6442

Email: [DIFS-info@michigan.gov](mailto:DIFS-info@michigan.gov)

Web Page <https://www.michigan.gov/difs/>

Address 530 W. Allegan St  
Lansing, MI 48933

Service Area All counties in Michigan

Services: The Department of Insurance and Financial Services (DIFS) regulates Michigan's insurance and financial services industry. DIFS can offer assistance to consumers if they have questions or complaints about any of the entities it regulates. It is our duty to sustain an active relationship with Michigan consumers. This involves keeping consumers informed and helping them adapt to industry developments.

## Health Services

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street

Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

### MDHHS MIChild Health Care Program

Phone: (855) 789-5610

Email:

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-71547\\_2943\\_4845\\_4931---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71547_2943_4845_4931---,00.html)

Address Statewide

Statewide, MI

Service Area Statewide

Services: Most MIChild families pay a premium of \$10 per month or \$120 per year, regardless of the number of children in the family with MIChild coverage. There are no co-pays in MIChild.

Phone: (855) 789-5610

Email:

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-71547\\_2943\\_4845\\_4931---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71547_2943_4845_4931---,00.html)

Address Statewide

Statewide, MI

Service Area Statewide

Services: Most MIChild families pay a premium of \$10 per month or \$120 per year, regardless of the number of children in the family with MIChild coverage. There are no co-pays in MIChild.

## Hearing

### Affordable Hearing Clinic

Phone: (616) 710-1969

Email:

Web Page <https://affordablehearingclinic.com/>

Address 833 Kenmoor Ave SE  
Grand Rapids, MI 49546

Service Area Western Michigan

Services: Affordable Hearing Clinic is my dream come true. My name is John P. Jendrasiak II and I am the owner and founder of Affordable Hearing Clinic. I have a vision to offer not only the best service around but at the most affordable prices. EVERY person who works with hearing aids will tell you they offer the "best service". I am the only one who can say I deliver the best service AND prices in West Michigan on top name, high quality hearing instruments.

### CapTel

Phone: (248) 550-6866

Email: [jennifer.weallans@oeius.org](mailto:jennifer.weallans@oeius.org)

Web Page <https://www.captel.com/>

Address 450 Science Dr.  
Madison, WI 53711

Service Area All counties in Michigan

Services: CapTel is part of a federally-funded program that provides a No-Cost phone for individuals that have difficulty hearing. CapTel is short for Captioned Phone. Every word that the caller says is displayed on the screen, similar to closed captioning TV. There are several models to fit your lifestyle. To qualify for a phone, a third-party professional would need to verify the hearing loss.

### Hear Now

Phone: (866) 354-3254

Email:

Web Page <https://www.starkeyhearingfoundation.org/>

Address 6700 Washington Avenue South  
Eden Prairie, MN 55344

Service Area National

Services: HEAR NOW, a domestic program of the Starkey Hearing Foundation, provides hearing aids to people with no other resources to acquire hearing aids. HEAR NOW is a program of last resort; all other options must be used before service is awarded. Professional/consumer fact sheets and brochures are available.

## Hearing

### Hearing Loss Association of America

Phone: (301) 657-2248

Email:

Web Page <https://www.hearingloss.org/>

Address

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Service Area National

Services: Our primary purpose is to educate ourselves, our families, friends, coworkers, teachers, hearing health care providers, industry, government, and others about hearing loss. HLAA provides adults and children with tools for self help; sensitizes the general population about the special needs of people who have hearing loss; and promotes understanding of the nature, causes, complications, and remedies of hearing loss. We provide information on many aspects of hearing loss, from technological and medical advances to coping and parenting strategies. We want to help you become an informed consumer on what options are available to you to help you make the best decisions on how to deal with hearing loss.

### Lions of Michigan Foundation

Phone: (517) 887-6640

Email: [info@lmsf.net](mailto:info@lmsf.net)

Web Page <http://www.lmsf.net/>

Address 5730 Executive Dr.  
Lansing, MI 48911

Service Area Statewide

Services: Eye care assistance, hearing aid assistance, medical assistance for the restoration of sight and hearing, vision programs and hearing screening programs.

### MDHHS - Hearing and Vision Screening Program

Phone: (517) 512-0224

Email: [schumannR@michigan.gov](mailto:schumannR@michigan.gov)

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-73971\\_4911\\_4912-260177--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-73971_4911_4912-260177--,00.html)

Address 109 W. Michigan Ave. 4th floor  
Lansing, MI 48913

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Vision screenings are offered by local public health departments at no charge to children residing in Michigan. Screenings and follow-up are offered in preschools and Head Start Centers (3-5 years) and in schools during grades 1,3,5,7, and 9 or by appointment at the local health department.

## Help Hotlines

### 2-1-1 Northeast Michigan

Phone: (888) 636-4211

Email:

Web Page <https://www.navigateresources.net/NEMI/Search.aspx?;0;;;176335>

Address 2007 Austin Street Suite U  
Midland, MI 48642

Service Area Northeast Michigan

Services: 2-1-1 is a free, easy-to-remember telephone number that connects people in need with people who can help - 24 hours a day, 7 days a week.



## Home Care

### Comfort Keepers

Phone: (517) 321-4010

Email: [lansign@comfortkeepers.com](mailto:lansign@comfortkeepers.com)

Web Page <https://www.comfortkeepers.com>

Address 1118 Centennial Way  
Lansing, MI 48917

Service Area Grand Ledge, Lansing, East Lansing, DeWitt

Services: Comfort Keepers provides In-home care, senior care, assisted living in the home, respite care, transitioning home, and Alzheimer's/Dementia services

### Cypress Home Care

Phone: (517) 485-6100

Email: [alexa@cypresshomecare.net](mailto:alexa@cypresshomecare.net)

Web Page <https://cypresshomecare.net/>

Address 808 W. Lake Lansing Rd. Suite 203  
East Lansing, MI 48823

Service Area Clinton, Eaton, Ingham, Ionia, Shiawassee, Livingston, Jackson

Services: At Cypress, caring for your loved ones with compassion, skill, and sensitivity is a motto we live by. Our caregivers treat each client as family, and are imbued with a mission: to improve our clients' quality of life by providing exceptional home care services. Services include: personal care, memory care, traumatic brain and spinal cord injury, respite care, transitioning home.

### Luminate Home Care

Phone: (616) 755-0938

Email:

Web Page <https://www.luminatehomecare.com/index.html>

Address 930 4th Avenue  
Lake Odessa, MI 48849

Service Area Anyone

Services: Luminate Home Care, LLC was formed to help clients and their families with these difficult turns and challenges in our everyday lives. We value the comforts, love, and security of home. We will strive to extend grace, empathy, and honor to each client and their family as an advocate, caregiver, and listening ear. We have a heart for service. Services include personal care, homemaker, companions and sitters, respite care, transportation, medication and handyman.

## Home Care

### Senior Helpers

Phone: (517) (301) 9452

Email:

Web Page <https://www.seniorhelpers.com/mi/okemos>

Address 3681 Okemos Rd. Suite 200  
Okemos, MI 48864

Service Area All Michigan

Services: Alzheimer's & Dementia Care, Parkinson's care, companion care, personal care, transitional care, respite care, surgery assistance, end of life support care

## Home Goods

### Christian Service Center

Phone: (616) 527-1530

Email:

Web Page

Address S Depot St  
Ionia, MI 48846

Service Area Ionia County

Services: We are a nonprofit organization operating a store to provide clothing for people of all ages and household items plus knick knacks. Our purpose is to provide items for anyone who needs them. Most items are 10 cents.

### Dicker and Deal Furniture and More

Phone: (517) 487-3325

Email:

Web Page <https://dickeranddeal.com/kalamazoo-street-lansing/>

Address 710 E. Kalamazoo  
Lansing, MI 48912

Service Area Anyone

Services: Located in a former lumber company building, we have 3 floors and over 34,000sq feet of new and used furniture and at any given time has up to 300 bicycles! Have something you want to sell and don't have a truck? No worries we'll come to you. We offer free pickups and deliveries. (limitations apply) From vintage to modern furniture we have it all!

### Ionia Goodwill

Phone: (616) 527-4404

Email:

Web Page [www.goodwillgr.org](http://www.goodwillgr.org)

Address 153 E Sprague Rd  
Ionia, MI 48846

Service Area Anyone

Services: Goodwill Industries International Inc., or shortened to Goodwill, is an American nonprofit 501 organization that provides job training, employment placement services, and other community-based programs for people who have barriers preventing them from otherwise obtaining a job. Through several locations around Michigan, Goodwill thrift stores take donations for clothing, household items and much more. These stores are open to the public and provide discount priced items to those in need.

## Home Health Services

### BrightStar Care of East Lansing

Phone: (517) 679-1700

Email: [cmiller@brightstarcare.com](mailto:cmiller@brightstarcare.com)

Web Page <https://www.brightstarcare.com/east-lansing>

Address 2510 Kerry St. Ste. 108  
Lansing, MI 48912

Service Area Statewide

Services: Your loved one deserves care that's nothing less than extraordinary. At BrightStar Care® of East Lansing, our experienced, trustworthy, and compassionate care professionals provide a full range of services in the comfort and safety of home. From personal care to companion care, BrightStar Care offers quality home care services for children, adults, and seniors.

### Clinton Area Ambulance Service Authority

Phone: (989) 224-2428

Email: [director@clintonambulance.com](mailto:director@clintonambulance.com)

Web Page [www.clintonambulance.com](http://www.clintonambulance.com)

Address 1001 S. Oakland St. PO Box 203  
Saint Johns, MI 48879

Service Area Clinton, Gratiot, and Montcalm

Services: Provides COVID vaccinations and mAb therapy (antibody infusion for Covid - Monoclonal antibodies)for homebound patients.

### ComForCare

Phone: (989) 831-5000

Email:

Web Page <https://www.comforcare.com/michigan/mid-michigan/care-services/home-care-services.html>

Address 129 E. Main Street  
Stanton, MI 48888

Service Area Anyone

Services: Whether your loved one who needs assistance is a senior, a person with one or more disabilities or special needs, recovering from illness or surgery, or a veteran, everyone needs a little help at times. The care needed may be short term, long term, or ongoing. We are available to assist 24 hours a day, seven days a week.

## Home Health Services

### Elara Caring

Phone: (833) 463-5272 833-GoElara

Email: [ncoon@elara.com](mailto:ncoon@elara.com)

Web Page <https://elara.com/>

Address 3100 West Road, Bldg. 2 Suite 110  
East Lansing, MI 48823

Service Area Nationwide

Services: At the heart of your care. Wherever you call home. Whether you, a loved one or a patient needs skilled home health care, hospice care, personal care services, behavioral health services or palliative care, the professionals at Elara Caring can help. We provide a comprehensive, compassionate and holistic program of care and support to help you meet your health and care goals.

### First Light Home Care

Phone: (517) 318-0634

Email:

Web Page <https://www.firstlighthomecare.com/home-healthcare-lansing/>

Address

Okemos, MI

Service Area Lansing Area

Services: Whether you or a loved one need help at home, turn to FirstLight Home Care. FirstLight Home Care is here to lend a helping hand and provide the best caregivers for companionship or care in daily life. We provide care for anyone over the age of 18 in the Lansing and the surrounding communities. Our experienced team will provide a free home assessment and develop the best home care plan for you or your loved one's individual needs. All of our in-home caregivers are trusted and highly-trained, so you and your loved one can trust you are in good hands with in home care through FirstLight Home Care of Lansing, MI. Our compassionate caregivers can provide help for people with disabilities and provide Alzheimer's care, dementia care, respite care, senior companionship, cleaning, personal care, transportation, medication reminders, and peace of mind.

### Home Instead

Phone: (616) 681-8908

Email:

Web Page <https://www.homeinstead.com/ppc/dual/employment-home-care-services/>

Address 2944 Fuller Ave NE Suite 201  
Grand Rapids, MI 49505

Service Area North West Michigan

Services: In-home care services can help people at any point within the aging process. We'll work with you to develop a personalized care plan tailored to help fit your family's needs. Our expert care provides all the support people need to live well wherever they call home for years to come.

## Home Health Services

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street  
Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

### Luminate Home Care

Phone: (616) 755-0938

Email:

Web Page <https://www.luminatehomecare.com/index.html>

Address 930 4th Avenue  
Lake Odessa, MI 48849

Service Area Anyone

Services: Luminate Home Care, LLC was formed to help clients and their families with these difficult turns and challenges in our everyday lives. We value the comforts, love, and security of home. We will strive to extend grace, empathy, and honor to each client and their family as an advocate, caregiver, and listening ear. We have a heart for service. Services include personal care, homemaker, companions and sitters, respite care, transportation, medication and handyman.

### Montcalm County Commission on Aging

Phone: (989) 861-7476

Email:

Web Page [http://www.montcalm.org/departments\\_services/health\\_and\\_human\\_services/commission\\_on\\_aging.php](http://www.montcalm.org/departments_services/health_and_human_services/commission_on_aging.php)

Address 613 N. State Street  
Stanton, MI 48888

Service Area Montcalm County

Services: Our mission is to provide senior citizens and their families with the necessary assistance and information to maintain health, dignity, independence, and well-being for all residents of Montcalm County who are 60 years of age and older. We work at accomplishing this mission through our Transportation Program, Journey Program, Respite & Specialized Respite Program, Trip Program, Volunteer Program, Information and Referral, Stanton Center Activities, and our Case Coordination and Support Program. We also provide assistance through the Medicaid/Medicare Assistance Program and our monthly newspaper.

## Home Health Services

### Montcalm County Commission on Aging

Phone: (989) 861-7476  
Email:  
Web Page [http://www.montcalm.org/departments\\_services/health\\_and\\_human\\_services/commission\\_on\\_aging.php](http://www.montcalm.org/departments_services/health_and_human_services/commission_on_aging.php)  
Address 613 N. State Street  
Stanton, MI 48888  
Service Area Montcalm County  
Services: Our mission is to provide senior citizens and their families with the necessary assistance and information to maintain health, dignity, independence, and well-being for all residents of Montcalm County who are 60 years of age and older. We work at accomplishing this mission through our Transportation Program, Journey Program, Respite & Specialized Respite Program, Trip Program, Volunteer Program, Information and Referral, Stanton Center Activities, and our Case Coordination and Support Program. We also provide assistance through the Medicaid/Medicare Assistance Program and our monthly newspaper.

### Project Choices

Phone: (517) 887-1361  
Email:  
Web Page <https://www.tcoa.org/long-term-care/>  
Address 5303 S. Cedar Street  
Lansing, MI 48911  
Service Area Clinton, Eaton and Ingham County  
Services: Project Choices is the local name for a state wide care management program which gives individuals who are likely candidates for a nursing home the opportunity to make the choice to stay in the community. Staffing is provided by nurse and social work care management teams that specialize in working with individuals who need ongoing assistance to remain their homes. This program helps client and their families by: Utilizing a person centered assessment process to identify needs, supports and desires of each individual client, Linking clients with services and programs, Seeking ways to support and assist caregivers without replacing them, Monitoring service quality, Respecting the rights of clients to choose their own options of care

### Sparrow Home Care

Phone: (517) 364-7205  
Email: [Kasey.Walker-Lance@sparrow.org](mailto:Kasey.Walker-Lance@sparrow.org)  
Web Page <https://www.sparrow.org/homecare>  
Address 3315 E. Michigan Ave., Suite 4  
Lansing, MI 48912  
Service Area Ingham, Eaton, Shiawassee, Clinton, Gratiot, Ingham, Ionia, and Montcalm.  
Services: Meeting the needs of patients at all stages of life. Provides nursing care using an ALL RN TEAM, Physical, Occupational, and Speech Therapists that are all employed directly by Sparrow. Masters prepared Social Workers and Home Health Aides complete care offerings.

## Home Health Services

### Visiting Physicians Association

Phone: (517) 347-4085

Email:

Web Page <https://www.visitingphysicians.com/locations/mi.html>

Address 2205 Jolly Rd, Suite B  
Okemos, MI 48864

Service Area Statewide

Services: In-home physician care, palliative care, x-rays, ultrasounds and labs



## Home Living Aide Services

### HomeJoy

Phone: (989) 277-0915

Email:

Web Page <https://homejoy.care/in-home-care/>

Address 101 S. Shiawassee St  
Corunna, MI 48817

Service Area Shiawassee County

Services: It is our pleasure to hire, train and supervise Home Care Aides, HCA's, who meet the needs of clients who live in Shiawassee County and Clinton County. From Durand to St. Johns and from Chesaning to Perry, we are ready to meet the needs of people who wish to live at home. Our in-home care is a great fit for someone who has just finished a rehabilitation program but was not able to completely recover to their former glory. A little bit of TLC from our staff and they will be able to stay home and be safe. We will handle things that are difficult to manage such as errands, housekeeping, and meal prep. We can also be there to assist with bathing as often as is needed during the week. We will be glad to drive to your home for a FREE home conference to evaluate your need and to allow you to interview us. Call us at (989) 277-0915.

### Right at Home (Owosso)

Phone: (989) 721-6230

Email: [tmartin@rightdoor.org](mailto:tmartin@rightdoor.org)

Web Page <https://www.rightathome.net/owosso>

Address 108 E Exchange Street  
Owosso, MI 48867

Service Area Shiawassee County

Services: The mission of Right at Home is very simple: We improve the quality of life for those we serve. As humans, and as members of a diverse and connected community, we should never forget that we serve each other. In doing so, we stand against all racism, discrimination, and prejudice. We must respect every member of our communities and ensure each is treated with dignity and is valued as a unique individual. Now more than ever, we need to live our mission

### Tender Care Home Health Care LLC

Phone: (989) 720-9393

Email:

Web Page <https://www.tendercaresupportllc.com/>

Address 1001 N Saginaw St Suite C  
Durand, MI 48429

Service Area Shiawassee County

Services: Tender Care Home Health Care LLC opened in 1999. We are locally owned & operated and will treat your family with the respect you deserve. We provide in-home health care and allow you the independence to remain safely in your home. Whether on a short-term or long-term basis, we are here for your needs. We provide non-medical services through long-term care, workers' compensation, Veterans Benefits and accident coverage, as well as Valley Area Agency on Aging (VAAA), which administers the Medicaid Waiver Program. Call us for details.

## Home Living Aide Services

### Visiting Angels

Phone: (989) 314-0457

Email:

Web Page <https://www.visitingangels.com/eastlansing/articles/in-home-care-in-east-lansing/19018>

Address 215 N Walter St #140  
Owosso, MI 48867

Service Area East Lansing Area

Services: Visiting Angels of East Lansing is family owned and operated. We provide essential personal in-home services for adults and seniors. Our living assistance services can help your loved one continue to live at home where they are most comfortable. Visiting Angels East Lansing provides caring assistance to families in Argentine Twp., Bancroft, Bannister, Bath Twp., Byron, Chapman, Chesaning, Corunna, Durand, East Lansing, Elsie, Laingsburg, Linden, New Haven, New Lathrop, Oakley, Ovid, Owosso, Perry, Shaftsbury, Swartz Creek, and surrounding areas.

## Home Maintenance and Repairs

### Eaton Emergency Home Repair Program

Phone: (517) 543-3710

Email:

Web Page <https://www.eatoncounty.org/181/Emergency-Home-Repair>

Address 1045 Independence Blvd  
Charlotte, 48813, MI

Service Area Eaton County

Services: Eaton County administers an Emergency Repair Program. No interest, no payment loans to Eaton County residents who meet federal, state and County Housing Program guidelines may be provided. This program assists with emergency repairs that are causing a health and safety risk to the occupants and the structure of the home. The program offers up to \$20,000 in no interest, no payment loan assistance to repair and improve program participant's home. A deferred mortgage is recorded against the property for the amount invested into the home.

### Home Repair Services

Phone: (616) 241-2601

Email:

Web Page <https://www.homerepairservices.org/>

Address 1100 South Division Avenue  
Grand Rapids, MI 49507

Service Area Kent County

Services: Home Repair Services strengthens vulnerable Kent County homeowners because strong homeowners build strong communities.

Phone: (616) 241-2601

Email:

Web Page <https://www.homerepairservices.org/>

Address 1100 South Division Avenue  
Grand Rapids, MI 49507

Service Area Kent County

Services: Home Repair Services strengthens vulnerable Kent County homeowners because strong homeowners build strong communities.

## Home Maintenance and Repairs

### Saginaw-Shiawassee Habitat for Humanity

Phone: (989) 753-5200

Email:

Web Page <https://www.sshfh.org/>

Address 315 W Holland Ave  
Saginaw, MI 48602

Service Area Saginaw and Shiawassee County

Services: Saginaw-Shiawassee Habitat for Humanity is part of a global, nonprofit housing organization founded on Christian principles that seeks to put God's love into action by building homes, communities and hope. Saginaw-Shiawassee Habitat for Humanity is dedicated to eliminating substandard housing locally and worldwide through constructing, rehabilitating, repairing and preserving homes; by advocating for fair and just housing policies and by providing training and access to resources to help families improve their shelter conditions. Habitat for Humanity was founded on the conviction that everyone should have a simple, decent place to live in dignity and safety, and that decent shelter in decent communities should be a matter of conscience and action for all.

## Hospice

### Sparrow Hospice & Palliative Care

Phone: (517) 364-7205

Email: [Kasey.Walker-Lance@sparrow.org](mailto:Kasey.Walker-Lance@sparrow.org)

Web Page <https://www.sparrow.org/Hospice>

Address 1210 W Saginaw Hwy  
Lansing, MI 48915

Service Area Clinton, Eaton, Gratiot, Ingham, Ionia

Services: Hospice provides quality, compassionate care to help relieve physical, mental, and spiritual pain. People of any age, with any life-limiting illness, can receive hospice care. Inpatient Palliative care is ideal for hospitalized Patients (Lansing hospital only at this time), to help ease pain and manage symptoms during treatment for illnesses that are chronic in nature and/or may include life management discussions for patients who need more information on their disease process as they age. There are clinics currently located in Sparrow Oncology for the Sparrow Oncology patients and more clinic based programs are being planned for disease specific specialty areas in Sparrow.

## Housing

### Capital Area Housing Partnership (CAHP)

Phone: (517) 332-4663

Email: [nicole@capitalareahousing.org](mailto:nicole@capitalareahousing.org)

Web Page <https://www.capitalareahousing.org/>

Address 600 W. Maple, Suite D  
Lansing, MI 48906

Service Area All counties in Michigan

Services: CAHP develops strong, diverse neighborhoods with a focus on affordable housing, homeownership, and financial security in Mid-Michigan. CAHP offers classes such as Home Buyer Education, Budgeting, Credit Building, and Home Improvement. Our HERO Program includes a Tool Library and more.

### Have Mercy

Phone: (616) 225-8055

Email:

Web Page <https://havemercymi.org/>

Address 1015 E Washington Street  
Greenville, MI 48838

Service Area Montcalm and Ionia

Services: To reflect the compassion of Christ to homeless families in Montcalm and Ionia counties.

Phone: (616) 225-8055

Email:

Web Page <https://havemercymi.org/>

Address 1015 E Washington Street  
Greenville, MI 48838

Service Area Montcalm and Ionia

Services: To reflect the compassion of Christ to homeless families in Montcalm and Ionia counties.

### Holy Cross Services

Phone: (989) 270-0252

Email: [customerservice@hccsnet.org](mailto:customerservice@hccsnet.org)

Web Page <https://holycrossservices.org>

Address 3440 S. Washington Rd.  
Saginaw, MI 48601

Service Area Ingham

Services: Holy Cross Services provides a myriad of services for people experiencing homelessness or at risk of becoming homeless within a fourteen day period.

## Housing

### Homeless Angels

Phone: (517) 487-9119

Email:

Web Page <https://www.homelessangels.org/>

Address 3216 W. Main St.  
Lansing, MI 48917

Service Area Lansing area

Services: To rebuild and restore faith in humanity through innovative ideas, programs, and events to create REAL change for people that are homeless or at risk of homelessness.

### Housing Clinic-MSU College of Law

Phone: (517) 432-6880

Email:

Web Page <https://www.law.msu.edu/clinics/housing.html>

Address 648 North Shaw Lane Law College Building, Room  
East Lansing, MI 48824

Service Area Statewide

Services: The Housing Clinic advances the cause of safe, decent, sanitary, fair, open, and affordable housing in mid-Michigan. Students deal with all aspects of the landlord-tenant relationship, including educating residents on their basic rights, working with tenants who are on the brink of eviction, assisting renters who are living in unsafe conditions, and connecting people with community resources.

### Housing Services Mid Michigan

Phone: (517) 541-1180

Email: [hsmminfo@hs-mm.org](mailto:hsmminfo@hs-mm.org)

Web Page <https://hs-mm.org/>

Address 319 S. Cochran  
Charlotte, MI 48813

Service Area Eaton

Services: Non-profit agency which serves as the centralized intake provider for people with housing needs in Eaton and Clinton counties. Free resources are provided for those who are homeless or at risk of homelessness, such as housing search resources, first month's rent assistance, eviction assistance, and foreclosure prevention assistance. The agency also has a street outreach team which connects those living on the street with services.

## Housing

### Housing Services Mid Michigan

Phone: (989) 224-5538

Email: [hsmminfo@hs-mm.org](mailto:hsmminfo@hs-mm.org)

Web Page [www.hsmidmichigan.org](http://www.hsmidmichigan.org)

Address 105 W. Tolles Dr.  
St. Johns, MI 48879

Service Area Clinton

Services: Non-profit agency which serves as the centralized intake provider for people with housing needs in Eaton and Clinton counties. Free resources are provided for those who are homeless or at risk of homelessness, such as housing search resources, first month's rent assistance, eviction assistance, and foreclosure prevention assistance. The agency also has a street outreach team which connects those living on the street with services.

### Ionia Housing Commission

Phone: (616) 527-9060

Email:

Web Page

Address 677 Union Street  
Ionia, MI 48846

Service Area Ionia County

Services: Ionia Housing Commission provides housing assistance to low income residents through the management of programs such as Low Rent Public Housing and the Housing Choice Voucher Program - Section 8. These programs are income based and the eligibility guidelines are set by HUD. There may be waiting lists for rentals or vouchers and at times the lists may close to new applicants based on the size of and length of wait on the lists. If you are in need of housing assistance in the area please contact the Housing Commission directly to obtain more information about eligibility requirements, availability of rentals or vouchers, the status of any waiting lists and their application procedures.

### Kent County Community Action Agency

Phone: (616) 632-7950

Email:

Web Page <https://www.accesskent.com/Departments/CommunityAction/>

Address 121 Franklin Street SE, Suite 110  
Grand Rapids, MI 49507

Service Area

Services: The Community Action Division focuses on meeting emergency needs such as, but not limited to, food, utility assistance, housing, transportation and socialization for residents of Kent County. Additionally, we assist with areas of self-sufficiency, medical insurance enrollment, tax preparation and information and referral services.



## Housing

### Rebuilding Together, Tri-County

Phone: (517) 455-5068

Email:

Web Page <https://www.rtingham.org/contact>

Address P.O. Box 1111  
Okemos, MI 48805

Service Area Clinton, Eaton, Ingham

Services: In 1993 a group of civic minded citizens in Lansing decided to join a national movement to rehabilitate homes of their low income elderly and handicapped neighbors. That organization was then known as Christmas in April. Today, 500 plus homes later, we are known as Rebuilding Together, Tri-County, still thriving and now serving residents of the Greater Lansing Area, including Ingham, Eaton and Clinton Counties. Many of the homeowners we assist have worked hard all their lives to maintain their home. Now, due to aging, illness and limited income, they are unable to do the needed repairs to make their home safe, and in some cases livable.

### Salvation Army Housing Assessment Program

Phone: (616) 454-5840

Email:

Web Page <https://centralusa.salvationarmy.org/kentcounty/provide-housing/>

Address 1215 Fulton Street East  
Grand Rapids, MI 49503

Service Area Kent County

Services: HAP is a community-driven resource rooted in a Housing First, strength-based approach (see our Housing Services Philosophy). We are here to connect people who are literally homeless or at imminent risk of homelessness to the best available housing resource in the community. We do this by completing assessments to better understand the needs of each person or family and then pair them with a housing service provider from the community, known as Housing Resource Specialists. That way, anyone experiencing homelessness needs to only start at one place.

### University of Michigan Health - Guest Assistance Program (GAP)

Phone: (734)764-6893 (800) (888) 9825

Email:

Web Page <https://www.uofmhealth.org/patient-visitor-guide/guest-assistance-program>

Address 1500 East Medical Center Drive(Located in the mai  
Ann Arbor, MI 48109-5718

Service Area Serves patients and families of MI Medicine

Services: The Guest Assistance Program (GAP) is a part of the Department of Social work that assists both adult and pediatric patients with navigation of non-medical needs they may face. Our dedicated social workers problem-solve, research community resources, and assist with the coordination of various needs that arise during medical treatment. We focus solely on barriers to care — things that would keep patients from maintaining treatment or appointments that would impact their health.

## Human Rights

### LAHR Lansing Association for Human Rights

Phone: (517) 484-4512

Email: [communications@lahronline.org](mailto:communications@lahronline.org)

Web Page <https://lahronline.org/index.php/about/>

Address PO Box 12021  
Lansing, MI 48901

Service Area Eaton, Ingham

Services: LAHR is an advocacy organization working for over 40 years to bring equality and freedom of sexual orientation, gender identity and gender expression.

## Human Trafficking

### National Human Trafficking Resource Center

Phone: (888) 373-7888 (TTY: 711) Text 233733

Email: [humantraffickinghotline@polarisproject.org](mailto:humantraffickinghotline@polarisproject.org)

Web Page: <https://humantraffickinghotline.org/>

Address

Service Area: Nationwide

Services: The National Human Trafficking Hotline is a national, toll-free hotline, available to answer calls, texts, and chats from anywhere in the country, 24 hours a day, 7 days a week, every day of the year. The Hotline is a program of Polaris, a non-profit, non-governmental organization working exclusively on the issue of human trafficking. The Hotline is not a government entity, law enforcement, or an immigration authority. To access the reporting and referral resources of the Hotline, survivors should call (888) 373-7888, text BEFREE to 233733, or chat with an advocate through the website at <https://humantraffickinghotline.org/chat>. Available to assist anyone needing help regarding a human trafficking situation or seeking information about human trafficking.

### The House of Promise

Phone: (517) 282-9924

Email: [shari@thehouseofpromise.com](mailto:shari@thehouseofpromise.com)

Web Page: <http://www.thehouseofpromise.com/>

Address: PO Box 27032  
Lansing, MI 48909

Service Area: Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw. All counties in Michigan a

Services: The House of Promise (THOP) is a rehabilitation home for severely sexually abused and/or sex trafficked women. Women can stay up to 2 years. THOP provides room, food, clothing, therapy and medical. Basically THOP try's to help with all that they need to rebuild their life to enter back into society .

## Injury Prevention

### Lansing Area Safety Council

Phone: (517) 394-4614

Email: [info@safetycouncil.org](mailto:info@safetycouncil.org)

Web Page <https://www.safetycouncil.org/>

Address 3315 S. Pennsylvania Ave.  
Lansing, MI 48910

Service Area Mid-Michigan

Services: Promotes safety through education, child/school safety, traffic safety, home/community safety and work place safety, including First Aid and CPR Training.

### Playmakers & ALIVE partnership

Phone: (517) 541-5814

Email: [kimberly.dickinson@sparrow.org](mailto:kimberly.dickinson@sparrow.org)

Web Page [myalive.com / playmakers.com](http://myalive.com/playmakers.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: For patients with sore feet, heels, knees, back or another nagging injury, a free consult with a sports or health professional such as a physical therapist, physician or exercise physiologist will be provided to discuss the problem. Clinics occur at ALIVE in Charlotte weekday by appointment only and at Playmakers in Okemos every Wednesday from 6-8pm.

### Sparrow Hospital, Trauma Services

Phone: (517) 364-3783

Email: [Penny.stevens@sparrow.org](mailto:Penny.stevens@sparrow.org)

Web Page <http://www.sparrow.org/car-seat-safety>

Address 1215 E Michigan Ave.  
Lansing, MI 48912

Service Area Carson, Clinton, Eaton, Ionia, Ingham, Shiawassee

Services: Services include injury prevention education; child passenger safety, bicycle safety, senior fall prevention, and senior driving safety (CarFit).

## Legal Aid

### Law Offices of Duff, Chadwick and Associates, P.C.

Phone: (616) 527-0020

Email:

Web Page <https://www.duffchadwickpc.com/>

Address 220 W. Main St.  
Ionia, MI 48846

Service Area Statewide

Services: Today, the lawyers at Duff, Chadwick & Associates continue to serve Ionia County's residents—from Belding to Portland; from Clarksville to Hubbardston; from Saranac to Pewamo; from Lake Odessa to Palo—with expert advice that meets the unique needs of Ionia County. We believe that by matching up-to-date knowledge of the law with our client's specific needs, we can provide better service than lawyers from larger cities, like Grand Rapids or Lansing, who are unfamiliar with our area. Up-to-date knowledge of the law allows our lawyers to serve in other counties and aggressively represent our clients there as well. Free living wills, DPOA and Health Care Power of Attorney during the months of December and January.

### Legal Aid of Western Michigan

Phone: (919) 774-0672

Email:

Web Page <https://lawestmi.org/>

Address 25 division Ave S, Ste 300  
Grand Rapids, MI 49503

Service Area Ionia, Kent, Montcalm and Mecosta County.

Services: Legal Aid of Western Michigan (LAWM) is a nonprofit law firm providing free legal advice and representation to low income individuals in a broad range of areas including consumer cases, family matters, housing problems, government benefits, and more.

### Legal Services of South Central Michigan

Phone: (517) 394-2985

Email: [lsscm-info@lsscm.org](mailto:lsscm-info@lsscm.org)

Web Page [www.lsscm.org](http://www.lsscm.org)

Address 3490 Belle Chase Blvd. #50  
Lansing, MI 48910

Service Area Clinton, Eaton, Ingham, Shiawassee

Services: Free legal advice and representation in general civil legal services to low-income and senior citizens.

## Legal Aid

### MSU Law Clinic

Phone: (517) 432-6925

Email:

Web Page <https://www.law.msu.edu/clinics/>

Address 610 Abbot Rd.  
East Lansing, MI 48823

Service Area Greater Lansing

Services: Chance at Childhood Clinic, Civil Rights Clinic, First Amendment Clinic, Housing Law Clinic, Immigration Law Clinic, Indian Law Clinic, Tax Clinic

### Sixty Plus, Inc., Elderlaw Clinic

Phone: (517) 334-5760

Email: [sixtyplus@cooley.edu](mailto:sixtyplus@cooley.edu)

Web Page <https://www.cooley.edu/academics/experiential-learning/estate-planning-clinic>

Address 300 S. Capitol Avenue  
Lansing, MI 48933

Service Area Clinton, Eaton, Ingham

Services: The Sixty Plus, Inc., Elderlaw Clinic provides free legal services for estate planning, including the preparation of wills, durable powers of attorney for finances, and medical directives. Free legal services are available to persons 60 years of age or older primarily in Ingham, Eaton or Clinton county. Priority is given to people in greatest social and economic need.

## Literacy/Computer Skills

### Advent House Ministries

Phone: (517) 485-4722

Email: [secancro@adventhouse.com](mailto:secancro@adventhouse.com)

Web Page <http://www.adventhouse.com/>

Address 743 N. Martin Luther King, Jr. Blvd.  
Lansing, MI 48915

Service Area Clinton, Eaton, Ingham

Services: Adult ED classes provided, Family Literacy, workplace life skills, and GED prep. Also serve 3 meals per weekend days (Sat. and Sun.) 52 weekends a year (36,000 meals total).

### Capital Area District Libraries

Phone: (517) 367-0810

Email: [hamlinj@cadl.org](mailto:hamlinj@cadl.org)

Web Page <https://www.cadl.org/>

Address 401 S. Capitol Ave.  
Lansing, MI 48933

Service Area Ingham

Services: CADL has staff expertise which can help with technology, device and health information gathering, even via 1-on-1 appointments with patients. They offer programming relating to healthy living and mental agility. Launchpad tablets for use with seniors and anyone interested, and Books-by-Mail to homebound customers. The library's early literacy efforts emphasize reading to children to assist with healthy brain development. The library offers sensory friendly gear for use in-branch to make visits more welcoming to folks in need of these resources. Additionally, LifeKits are now available with a focus on topics of particular interest to seniors such as memory care, coping with grief, caregiving, and gentle yoga. The kits may include books, activities, games, dexterity exercises, puzzles and more.

### Charlotte Community Library

Phone: (517) 543-8859

Email: [contact@charlottelibrary.org](mailto:contact@charlottelibrary.org)

Web Page <https://charlottelibrary.org/>

Address 226 S. Bostwick  
Charlotte, MI 48813

Service Area Eaton

Services: The Charlotte Community Library furnishes opportunities for educational, informational, recreational and cultural needs of the community. We offer one-on-one appointments as well as on the spot computer and literacy instruction.

## Literacy/Computer Skills

### Delta Township District Library

Phone: (517) 321-4014

Email: [rcampbell@dtdl.org](mailto:rcampbell@dtdl.org)

Web Page <http://www.dtdl.org/>

Address 5130 Davenport Dr.  
Lansing, MI 48917

Service Area Delta Township

Services: Delta Township District Library connects community members to resources for exploration, enrichment and enjoyment. Computer classes as well as one-on-one appointments for literacy needs are offered.

### East Lansing Public Library

Phone: (517) 319-6939 (517) 351-2420

Email: [bbush@cityofeastlansing.com](mailto:bbush@cityofeastlansing.com)

Web Page <http://www.elpl.org>

Address 950 Abbot Road  
Lansing, MI 48823

Service Area InghamOthers

Services: Anyone is welcome at all programs and in the library. All age groups are provided with computer training, early childhood literacy programs, computer stations, and teen programs. Burcham Hills, Independence Village, The Willows, and East Glen host lobby stops. Home deliveries are provided to people who are homebound and live in East Lansing.

### Ionia Community Library

Phone: (616) 527-3680

Email:

Web Page <https://www.ioniacommunitylibrary.org/>

Address 126 E Main St  
Ionia, Mi 48846

Service Area Ionia County

Services: The Ionia Community Library (ICL) is a district library that was incorporated in 2004 to serve the citizens of the City of Ionia and Easton Township and the residents of the Ionia Public School District.



## Literacy/Computer Skills

### Lyons Township Library

Phone: (989) 855-3414

Email:

Web Page <https://www.lyons.michlibrary.org/>

Address 240 E Bridge Street  
Lyons, MI 48851

Service Area Ionia County

Services: The courteous and professional staff of Lyons Township District Library welcome you! It is the mission of the Lyons Township District Library to provide free public library services to the communities comprising the Library District as a whole. It will procure and make available to the general public quality materials and services which fulfill the informational, cultural, recreational, and educational needs of the entire community in an atmosphere that is friendly, welcoming, and respectful. Through Woodlands Library Cooperative, we are able to provide patrons with access to books, eBooks and DVD's at no cost. Patrons are able to request books and other materials through MeLCat interloan, either independently or with the assistance of our staff. In addition to these items, thousands of people entered the library to utilize print and electronic reference resources, access the Internet, enjoy state-of-the-art Wi-fi service or attend one of the Library's many events

### Portland District Library

Phone: (517) 647-6981

Email:

Web Page <https://www.pdl.michlibrary.org/>

Address 334 Kent Street  
Portland, MI 48875

Service Area Ionia County

Services: This library offers a variety of resources such as books, access to computers and Wi-Fi, databases, software and other useful resources.

## Literacy/GED completion

### Capital Area Literacy Coalition

Phone: (517) 485-4949

Email: [director@thereadingpeople.org](mailto:director@thereadingpeople.org)

Web Page [www.thereadingpeople.org](http://www.thereadingpeople.org)

Address 1028 E. Saginaw  
Lansing, MI 48906

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Our goal at The Reading People/ Capital Area Literacy Coalition is to empower children, teens and adults to become successful members of our community by learning to read, write, comprehend and speak English to the best of their ability. Programs that we are currently focusing on include basic reading, high school completion/ GED, English Second Language, citizenship, children's literacy programs, free books for children and adults and public training programs to become a Volunteer here. All programs and materials are free of charge to participants. Empowerment through Literacy is our mission!!

## Medical Equipment

### Michigan Loan Closets/Great Lakes Loan Closets

Phone:

Email: [janice@loanclosets.org](mailto:janice@loanclosets.org)

Web Page <http://loanclosets.org/michigan/>

Address

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Provides a public online directory of organizations that loan medical equipment for free or at low-cost. The directory assists patients who are in need of equipment but may be unable to afford it.

### River Terrace Church Loan Closet

Phone: (517) 351-9059

Email:

Web Page <http://www.riverterrace.org>

Address 1509 River Terrace Drive, East Lansing, MI, 48823

Service Area Ingham

Services: River Terrace maintains a free and open-to-the-public distribution center of various medical supplies, including walkers, crutches and many other items which are useful especially for those recovering from surgery or other illness. If you want to borrow something or if you have items to donate, contact the church office at 351-9059.

## Medication Resources/Assistance

### ExactCare Pharmacy

Phone: (877) 355-7225  
Email: [help@exactcare.com](mailto:help@exactcare.com)  
Web Page <https://www.exactcarepharmacy.com/>  
Address 8333 Rockside Rd.  
Valley View, OH 44125  
Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.  
Services: Medication Therapy Management, Pre-Packed Medications, In-home Pharmacy assessments.

### Institute for Safe Medication Practices

Phone: (215) 947-7797  
Email:  
Web Page <https://consumermedsafety.org/>  
Address 200 Lakeside Drive, Suite 200  
Horsham, PA 19044  
Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.  
Services: Consumer leaflets that offer important safety tips for taking each medication safely. The leaflets are freely available for download and can be reproduced for free distribution to consumers. You can purchase professionally printed copies for distribution.

### NeedyMeds

Phone: (800) 503-6897 (978) 281-6666  
Email: [info@needymeds.org](mailto:info@needymeds.org)  
Web Page <https://www.needymeds.org>  
Address 50 Whittemore St.  
Gloucester, MA 01930  
Service Area Nation-wide  
Services: A national non-profit organization that maintains a website of free information on programs that help people who can't afford medications and healthcare costs.

### Sparrow Medication Disposal

Phone: (517) 364-2405  
Email:  
Web Page <http://www.sparrow.org/MedicationDisposalProgram>  
Address Sparrow Hospital 1215 E Michigan Ave.  
Lansing, MI 48912  
Service Area  
Services: Sparrow has placed permanent medication disposal bins at seven locations throughout Mid-Michigan. The Medication Disposal Program provides an easy way for Patients and community members to properly dispose of excess medications.

## Medication Resources/Assistance

### Sparrow Medication Disposal

Phone: (517) 364-8640

Email:

Web Page <http://www.sparrow.org/MedicationDisposalProgram>

Address Sparrow Health Center - Lansing 2909 E. Grand Ri  
Lansing, MI 48912

Service Area

Services: Sparrow has placed permanent medication disposal bins at seven locations throughout Mid-Michigan. The Medication Disposal Program provides an easy way for Patients and community members to properly dispose of excess medications.

Phone: (517) 364-5380

Email:

Web Page <http://www.sparrow.org/MedicationDisposalProgram>

Address Sparrow Professional Building 1200 E. Michigan A  
East Lansing, MI 48823

Service Area

Services: Sparrow has placed permanent medication disposal bins at seven locations throughout Mid-Michigan. The Medication Disposal Program provides an easy way for Patients and community members to properly dispose of excess medications.

## Memory Care

### HomeJoy

Phone: (989) 277-0915

Email:

Web Page <https://homejoy.care/in-home-care/>

Address 101 S. Shiawassee St  
Corunna, MI 48817

Service Area Shiawassee County

Services: It is our pleasure to hire, train and supervise Home Care Aides, HCA's, who meet the needs of clients who live in Shiawassee County and Clinton County. From Durand to St. Johns and from Chesaning to Perry, we are ready to meet the needs of people who wish to live at home. Our in-home care is a great fit for someone who has just finished a rehabilitation program but was not able to completely recover to their former glory. A little bit of TLC from our staff and they will be able to stay home and be safe. We will handle things that are difficult to manage such as errands, housekeeping, and meal prep. We can also be there to assist with bathing as often as is needed during the week. We will be glad to drive to your home for a FREE home conference to evaluate your need and to allow you to interview us. Call us at (989) 277-0915.

### Right at Home (Owosso)

Phone: (989) 721-6230

Email: [tmartin@rightdoor.org](mailto:tmartin@rightdoor.org)

Web Page <https://www.rightathome.net/owosso>

Address 108 E Exchange Street  
Owosso, MI 48867

Service Area Shiawassee County

Services: The mission of Right at Home is very simple: We improve the quality of life for those we serve. As humans, and as members of a diverse and connected community, we should never forget that we serve each other. In doing so, we stand against all racism, discrimination, and prejudice. We must respect every member of our communities and ensure each is treated with dignity and is valued as a unique individual. Now more than ever, we need to live our mission

### Tender Care Home Health Care LLC

Phone: (989) 720-9393

Email:

Web Page <https://www.tendercaresupportllc.com/>

Address 1001 N Saginaw St Suite C  
Durand, MI 48429

Service Area Shiawassee County

Services: Tender Care Home Health Care LLC opened in 1999. We are locally owned & operated and will treat your family with the respect you deserve. We provide in-home health care and allow you the independence to remain safely in your home. Whether on a short-term or long-term basis, we are here for your needs. We provide non-medical services through long-term care, workers' compensation, Veterans Benefits and accident coverage, as well as Valley Area Agency on Aging (VAAA), which administers the Medicaid Waiver Program. Call us for details.

## Mental Health Services

### Cor Counseling Services

Phone: (517) 230-5695  
Email:  
Web Page  
Address 2720 Alpha Access St. Ste. D  
Lansing, MI 48910  
Service Area Lansing  
Services: Mental Health Services

### Integrated Family Psychiatry

Phone: (517) 347-6944  
Email:  
Web Page  
Address 2422 Jolly Rd. Suite 300  
Okemos, MI 48864  
Service Area Lansing Area  
Services: Currently, Family Counseling And Psychiatry specializes in Psychology, Psychiatry, Adult, Child/Adolescent Psychiatry, Adolescent Medicine and Child and Adolescent Psychiatrist.

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925  
Email:  
Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>  
Address 5656 South Cedar Street  
Lansing, MI 48911  
Service Area Greater Lansing Area Veterans  
Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

## Mental Health Services

### MSU Autism Clinic

Phone: (517) 355-9564

Email:

Web Page <https://psychology.msu.edu/assets/pdfs/clinic-brochures/autismclinic.pdf>

Address Hannah Admin. Building 426 Auditorium Rd.  
East Lansing, MI 48824

Service Area

Services: The Autism Clinic provides evidence -based services to help individuals improve social communication, develop skills, and manage behaviors or emotional concerns, such as anxiety and depression. Therapists in the Autism Clinic receive specialized training in ASD assessment and treatment. We have a special emphasis on helping parents and teachers develop skills for working with children on the autism spectrum using evidence -based practices. We provide tailored services for individuals and their families following a careful and collaborative consultation phase. Based on need and availability, the following services are available through the clinic: • Diagnostic assessments • Individual treatment • Consultations • Parent training • Behavior management • Social Skills training

### Origami Rehabilitation West

Phone: (517)336-6060

Email:

Web Page <https://www.origamirehab.org/>

Address 137 S. Marketplace Blvd.  
Lansing, MI 48917

Service Area Statewide

Services: Origami Rehabilitation is a CARF accredited 501(c)(3) nonprofit organization. Origami provides comprehensive rehabilitation for children, adolescents, and adults with neurological, developmental, mental health, and orthopedic conditions through their residential and outpatient programs. With their compassionate and innovative services, Origami creates opportunities and transforms lives.



## Multi-Service Organization

### Allen Neighborhood Center

Phone: (517) 367-2468

Email: [denisep@allenneighborhoodcenter.org](mailto:denisep@allenneighborhoodcenter.org)

Web Page: <http://allenneighborhoodcenter.org/>

Address: 1611 E Kalamazoo St.  
Lansing, MI 48912

Service Area: Ingham

Services: Provide health, fitness, local food to neighbors. Walking/exercise program that is incentivized with tokens for their Farmers Market, assist in registering for Medicaid, ACA, Ingham Health Plan and other basic needs through DHHS. Access to local food through CSA, Exchange for residential and institutions. Youth programs, Senior programs.

### Aunt Bertha (Connecting People and Programs)

Phone: (512) 717-0518

Email: [support@auntbertha.com](mailto:support@auntbertha.com)

Web Page: <https://www.auntbertha.com>

Address: 3616 Far West Blvd.  
Austin, TX 78731

Service Area: Nation-wide

Services: Aunt Bertha's mission is to connect all people in need and the programs that serve them (with dignity and ease). We're the largest community resource platform in the United States, with federal, state, county, municipal, and local programs in the biggest cities and smallest towns. Users simply enter their ZIP Code into our platform, unlocking a wide breadth of free and reduced-cost assistance in their community, such as food, housing, financial and legal help, health services, and more.

### Barry-Eaton County District Health Department (BEDHD)

Phone: (517) 543-2430 (269) 945-9516

Email:

Web Page: <https://www.barryeatonhealth.org/>

Address: 1033 Health Care Dr. Charlotte, MI 48813; 330 W.  
Hastings, MI 49058

Service Area: Barry and Eaton Counties

Services: The Barry-Eaton District Health Department (BEDHD) is the nationally-accredited public health service agency for Barry and Eaton counties. We protect and improve the health of Barry and Eaton counties through education; promotion of healthy lifestyles; and implementation of effective policies and programs for individuals, families, businesses, and communities. We provide a wide variety of services, from restaurant food safety inspections to the WIC nutrition program. BEDHD is governed by the Barry-Eaton Board of Health.

## Multi-Service Organization

### Capital Area Community Services

Phone: (517) 393-7077

Email: [info@cacs-inc.org](mailto:info@cacs-inc.org)

Web Page <http://cacs-inc.org/>

Address 1301 Rensen St.  
Lansing, MI 48910

Service Area Clinton, Eaton, Ingham, Shiawassee

Services: CACS works toward eliminating the causes and conditions of poverty in Ingham, Eaton, Clinton, and Shiawassee Counties by providing programs in childhood education, nutrition, weatherization, housing, and financial counseling. Our ultimate goal is to provide the services and support for individuals to achieve their own definition of success and quality of life. Offer services for seniors too.

### Capital Area Health Alliance (CAHA)

Phone: (517) 347-3377

Email: [connect@cahealthalliance.org](mailto:connect@cahealthalliance.org)

Web Page [www.capitalareahealthalliance.org](http://www.capitalareahealthalliance.org)

Address 2123 University Park Drive Ste 105  
Okemos, MI 48864

Service Area Clinton, Eaton, Ingham

Services: Free healthy living resources for patients. As a regional health coalition, CAHA convenes conversations to understand and address healthcare system trends, needs and opportunities for improvement, and provides an inclusive platform on which competing organizations and multiple sectors can collaborate. CAHA connects providers engaged in the work of health care with organizations working at the community level, bringing resources and educational opportunities to employers, businesses and area residents. Areas of focus: Whole Person Care, Readiness for Care, and Health Equity.

### Central Michigan 2-1-1

Phone: 211 (866) 561-2500

Email: [211@lifewayscmh.org](mailto:211@lifewayscmh.org)

Web Page <http://www.211.org/>

Address 1200 N. West Ave.  
Jackson, MI 49202

Service Area Ingham, Eaton, Clinton, Shiawassee, Jackson, Hillsdale, Lenawee, Livingston, Genesee

Services: 2-1-1 is an easy to remember number to direct people to resources in the community, from housing, help paying bills, employment, public assistance, education, child care, health and mental health assistance, etc. 2-1-1 is available 24 hours a day, answered by knowledgeable staff to provide information and referrals. 2-1-1 is available statewide through different regional call centers.

## Multi-Service Organization

### Christian Services

Phone: (517) 394-5411 Help line 9:30 am – 12 noon & 12:30 – 3 pm  
Monday through Thursday

Email:

Web Page <http://www.christianserviceslansing.com/>

Address P.O. Box 22112  
Lansing, MI 48909

Service Area Lansing

Services: Greater Lansing Area Christian Services is a ministry that networks local church ministries across denominations to help people in their community. Through Christian Services, churches and church volunteers are mobilized to work together, along with community organizations and government resources, to provide coordinated assistance to people in need.

### Cristo Rey Community Center

Phone: (517) 372-4700

Email: [kpino@crestoreycommunity.org](mailto:kpino@crestoreycommunity.org)

Web Page <http://www.crestoreycommunity.org/>

Address 1717 N. High St.  
Lansing, MI 48906

Service Area Clinton, Eaton, Ingham

Services: Programs include a low-cost family health center, a prescription assistance program, mental health and addiction counseling, food distribution, free breakfast and lunch M-F in the community kitchen, a clothing closet, a personal needs/baby pantry (provides personal hygiene items, diapers, formula), and a financial coaching program. All services are available bilingually in English/Spanish.

### EightCAP, Inc.

Phone: (616) 754-9315

Email: [janl@8cap.org](mailto:janl@8cap.org)

Web Page <http://www.8cap.org/>

Address 5827 Orleans Rd.  
Orleans, MI 48865

Service Area Gratiot, Ionia, Isabella, Montcalm

Services: EightCAP assists with heat and utility bills, food pantry referrals, Weatherization services, veterans assistance, rental and security deposit assistance, emergency hotel vouchers, food commodity distributions and other basic needs assistance.

## Multi-Service Organization

### Ingham Co. Health Dept. - Cedar Community Health Center - Adult Health & Dental

Phone: (517) 887-4305 for Pediatrics (517) 887-4320 for Women's Health

Email:

Web Page <http://chc.ingham.org/>

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham, Ionia, Shiawassee

Services: Community Wellness and Health Care for all. Adult Health & Dental provides primary care, preventive services, chronic disease management, gynecological services, specialty referrals, Ryan White HIV Care Services case management, behavioral health therapy, infectious disease specialty care, dental cleanings, x-rays, fillings, tooth extractions, minor surgical procedures. Also additional services for children, teens, and women.

### Ingham Co. Health Dept.- HIV/STI Program

Phone: (517) 887-4424

Email:

Web Page <http://www.hd.ingham.org/SeekingCare/STIHIV.aspx>

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham

Services: The mission of the Sexually Transmitted Infection (STI) Program is to reduce and prevent the transmission of STI/HIV infections in our county. Clinical services are provided in the strictest of confidence to all county residents who seek care and/or education for the prevention of HIV/STI. Patient Notification locates clients who are unresponsive to providers request to return for treatment. This service allows county providers to utilize the resources and investigative skills of a CDI (Communicable Disease Investigator) to impede the spread of HIV/STI within the community.

### Ingham County Health Department: Health & Resource Navigation

Phone: (517) 887-4306

Email: [msmith@ingham.org](mailto:msmith@ingham.org)

Web Page <https://hd.ingham.org/SeekingCare/RegistrationandEnrollment.aspx>

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham

Services: Healthcare navigation with Medicaid, Ingham Health Plan (IHP), and the Marketplace (Exchange). Provides Medicaid Outreach services to the community at events or with our Mobile Health Unit. Initiatives focus on access to healthcare insurance/plans and other health-related resources. We assist with applications for healthcare coverage online through MI Bridges, IHP, and the

## Multi-Service Organization

### Ingham County Health Department: Immunizations

Phone: (517) 887-4316  
Email: [immunization@ingham.org](mailto:immunization@ingham.org)  
  
Web Page <http://hd.ingham.org/ForParents/Immunizations.aspx>  
Address 5303 S. Cedar St. Entrance #3 - 2nd floor  
Lansing, MI 48911  
Service Area Ingham  
Services: Information about vaccines and appointments for all ages.

### Ingham County Health Department: Maternal and Child Health (MCH) Division Family Outreach Services

Phone: (517) 272-4122  
Email: [Lchambers@ingham.org](mailto:Lchambers@ingham.org)  
  
Web Page <http://hd.ingham.org/ForParents/HomeVisiting/FamilyOutreachServices.aspx>  
Address 5303 S. Cedar St.  
Lansing, MI 48911  
Service Area Ingham  
Services: Family Outreach Services (FOS) is a home visiting program that provides support to Medicaid-eligible pregnant women and families with young children under the age of five. The FOS Advocates can assist families in applying for and managing their Medicaid coverage through the Department of Health and Human Services. They also help identify medical providers for families and help reduce any barriers to getting to those appointments. Staff can also help refer families to other community resources and services.

### Ingham County Health Department: Maternal and Child Health (MCH) Division WIC Program

Phone: (517) 887-4326  
Email: [wiceducation@ingham.org](mailto:wiceducation@ingham.org)  
  
Web Page [http://www.hd.ingham.org/ForParents/Women,InfantsandChildren\(WIC\).aspx](http://www.hd.ingham.org/ForParents/Women,InfantsandChildren(WIC).aspx)  
Address 5303 S. Cedar St.  
Lansing, MI 48911  
Service Area Ingham  
Services: The Women, Infants, and Children (WIC) program is a federal food and nutrition program. The goal of WIC is to eliminate nutritional deficiency as a contributing factor in neonatal death, low birth weight, and other significant health problems of children and pregnant or breastfeeding mothers. Eligible women and children receive breastfeeding support, nutrition counseling and education, and nutritious foods to supplement and improve their diet.

## Multi-Service Organization

### Ingham County Health Department: Maternal and Child Health (MCH) Division; Lead Outreach Program

Phone: (517) 887-4322 (517) 887-4479  
Email: [BCutter@ingham.org](mailto:BCutter@ingham.org)  
  
Web Page <http://hd.ingham.org/ForParents/HealthyHomes/LeadPoisoningPrevention.aspx>  
Address 5303 S. Cedar St.  
Lansing, MI 48911  
Service Area Ingham  
Services: Provides education and training to parents, medical providers and other organizations about risk factors for lead exposure through both home visiting and outreach events.

### Ingham County Health Department: Maternal and Child Health (MCH) Division; Nurse Family Partnership

Phone: (517) 887-4322  
Email:  
  
Web Page <http://hd.ingham.org/DepartmentalDirectory/MaternalandChildHealth/NurseFamilyPartnership.aspx>  
Address 5303 S. Cedar St.  
Lansing, MI 48911  
Service Area Ingham  
Services: Home visiting program for women who are pregnant with their first baby. When a mom enrolls in the program, she is connected to a registered nurse who will provide the support, advice, and information needed to have a healthy pregnancy, a healthy baby, and be a great mom.

### Ingham County Health Department: Maternal and Child Health (MCH) Division; Strong Start | Healthy Start (SSHS)

Phone: (517) 887-4322  
Email: [tleon@ingham.org](mailto:tleon@ingham.org)  
  
Web Page <http://hd.ingham.org/DepartmentalDirectory/MaternalandChildHealth/StrongStart,HealthyStart.aspx>  
Address 5303 S. Cedar St.  
Lansing, MI 48911  
Service Area Ingham  
Services: Enhances the health of African American and Hispanic families by improving birth outcomes by providing home visits for pregnant and parenting moms with a child up to 18 months old. SSHS also offers services to dads and health education workshops that are open to all community members.

## Multi-Service Organization

### Ingham County Health Department: Maternal and Child Health (MCH) Division Children's Special Health Care Services

Phone: (517) 887-4501

Email: [MMachowicz@ingham.org](mailto:MMachowicz@ingham.org)

Web Page <http://hd.ingham.org/DepartmentalDirectory/MaternalandChildHealth/ChildrensSpecialHealthCareServices.aspx>

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham

Services: Children's Special Health Care Services (CSHCS) provides payment for specialty care and care coordination of services to individuals from birth to age 21 with certain qualifying medical diagnoses. In addition, CSHCS covers individuals with Cystic Fibrosis and bleeding and clotting disorders (Hemophilia and Von Willebrand's disease past age 21). The Medicaid Health Plans provide care coordination for all services for their beneficiaries including identifying and referring clients eligible for CSHCS.

### Ingham County Health Department: Pathways to Care

Phone: (517) 272-4123

Email: [enrollmentservices@ingham.org](mailto:enrollmentservices@ingham.org)

Web Page <http://www.hd.ingham.org/SeekingCare/HomeVisiting/PathwaystoCare.aspx>

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham

Services: Pathways to Care is a home visiting program, working with Medicaid eligible adults, with two or more chronic health conditions, living in Ingham County or the city of Lansing. Community Health Workers (CHWs) meet with and connect clients to services and resources in their community. Pathways to Care CHWs assist community members in overcoming challenges related to accessing necessary health care. Resources include health care enrollments, finding a doctor or dentist, setting up Medicaid covered transportation, and connections to substance use disorder recovery resources.

## Multi-Service Organization

### Ingham County Health Dept. - Maternal and Child Health (MCH) Division Maternal Infant Health Department (MIHP)

Phone: (517) 887-4322

Email:

Web Page <http://hd.ingham.org/ForParents/HomeVisiting/MaternalInfantHealthProgram.aspx>

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham

Services: MIHP is the largest home visiting program in Michigan serving pregnant women and infants up to the age of 1 yr. old receiving Medicaid. Services are a covered benefit of Medicaid and the managed health plans. MHP provides support to promote healthy pregnancies, good birth outcomes, and healthy infants. By enrolling in MHP, families will receive services by a team of nurses, social workers, and dieticians to connect parents with the information and support needed to have a healthy pregnancy and baby. The goal of the team is to work together to make sure parents and pregnant women receive services to keep them and the baby healthy.

### Ingham Health Plan Corporation/Ingham Health Plan

Phone: (517) 336-3777 (866) 291-8691 (Toll-Free)

Email: [planmanagement@ihpmi.org](mailto:planmanagement@ihpmi.org)

Web Page [https://www.ihpmi.org/ihp\\_enrollment](https://www.ihpmi.org/ihp_enrollment)

Address 3425 Belle Chase Way, Suite 1  
Lansing, MI 48911

Service Area Ingham County and household income at or below 250% federal poverty guideline and not eligible for

Services: Ingham Health Plan is a basic health coverage program that provides medical, pharmacy and dental coverage for low income Ingham County residents who don't qualify for public insurance or cannot afford to buy health insurance. Ingham Health Plan provides members with access to primary care for office visits and preventive care, medications to manage chronic conditions, dental benefit for maintaining oral health, specialty services and outpatient labs, x-rays and tests and a limited behavioral health benefit. Enrollment application can be accessed <https://hipaa.jotform.com/83374079917166> or visit an enrollment site for assistance.



## Multi-Service Organization

### Ionia County Health Department (ICHD)

Phone: (616) 527-5341

Email: [agermain@ioniacounty.org](mailto:agermain@ioniacounty.org)

Web Page: <https://ioniacounty.org/health/health-department/>

Address: 175 East Adams  
Ionia, MI 48846

Service Area: Ionia

Services: ICHD provides the following health services: Hearing and Vision Screening to preschool and school age children, immunizations for all age groups, Maternal Infant Health Program (MIHP) to pregnant women and infants, WIC Nutritional support program for pregnant women and children up to 5 years of age, breastfeeding support, lead screening and follow-up, oral health/fluoride varnish dental program for children 0 to 3 years of age, Children's Special Health Care Services for medically ill children and their families, substance abuse prevention services, and Communicable Disease programs that include HIV/STD screening, counseling, referral and treatment. Each of these programs are designed to improve the health and better the lives of Ionia County residents. ICHD also offers assistance in applying for medical insurance and/or Medicaid and accepts reimbursement from a variety of health plans.

### Kennedy's Closet Resource Center

Phone: (517) 521-3447

Email: [Kristina.Tennant@sparrow.org](mailto:Kristina.Tennant@sparrow.org)

Web Page:

Address: 313 E. Grand River  
Webberville, MI

Service Area: Greater Lansing

Services: Boy/Girls K-12 Clothing Bank/Hygiene Items Bank & Adult/Peds Medical Equipment Loan Closet

### Michigan State University Extension

Phone: (517) 242-1954

Email: [contrer7@msu.edu](mailto:contrer7@msu.edu)

Web Page: [www.msue.msu.edu](http://www.msue.msu.edu)

Address: 446 West Circle Dr. Room 11  
East Lansing, MI 48824

Service Area: Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: MSU Extension provides financial management, stress management using mindfulness, anger management, and parenting education (newborn to 16 years) programs.

## Multi-Service Organization

### Mid-Michigan District Health Department

Phone: (989) 227-3140 (989) 224-2195 for General Line

Email: [sthelen@mmdhd.org](mailto:sthelen@mmdhd.org)

Web Page: <https://www.mmdhd.org/>

Address: 1307 E. Townsend Rd.  
Saint Johns, MI 48879

Service Area: Pathways: Barry, Clinton, Eaton, Ingham, Gratiot, Montcalm

Services: Promoting health and wellness through health promotion and disease prevention. Services include: WIC, Breastfeeding Support, Family Planning, Lead Testing, Children's Special Health Care Services, Oral Health Program, Community Health Worker Program, Restaurant Inspections, Sharps Program, Vacant Land Evaluations, Septic System Inspections and Water Testing. Pathways is a home visiting program that connects clients to resources.

### Montcalm County Department of Health and Human Services

Phone: (989) 831-8400

Email:

Web Page: [https://www.michigan.gov/mdhhs/0,5885,7-339-73970\\_5461\\_66819-287862--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66819-287862--,00.html)

Address: 609 N. State  
Stanton, MI 48888

Service Area: Montcalm County

Services: Montcalm County Department of Health and Human Services assists individuals with accessing government benefits and services such as obtaining healthcare coverage, Food Assistance Program, Women, Infants, & Children, State Emergency Relief and Child Development & Care.

### NorthWest Initiative

Phone: (517) 999-2894

Email: [miltonkendra112@gmail.com](mailto:miltonkendra112@gmail.com)

Web Page: <http://nwlansing.org/>

Address: 510 W. Ottawa St. 2nd Floor  
Lansing, MI 48933

Service Area: Ingham

Services: Provides a variety of emergency, basic needs, and other services primarily for low and moderate income residents. Assists residents in signing up for health coverage and food stamps, hosts a weekly food distribution program, sponsors a specialized program to help senior citizens with errands/tasks, and much more. Assists recently released ex-offenders with state identification, bus passes, clothing, etc. Provides community gardening and a variety of workshops.

## Multi-Service Organization

### Salvation Army

Phone: (517) 484-4424  
Email: [Desirae.Strong@usc.salvationarmy.org](mailto:Desirae.Strong@usc.salvationarmy.org)  
Web Page: <http://www.salvationarmyusa.org/usn/>  
Address

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Family and individual counseling, emergency assistance, alcohol/drug addiction treatment programs, transitional housing, senior social groups, soup kitchen and food programs, utilities and pre-eviction rental assistance when funding is available. Please enter your zip code when accessing the website for local resources.

### Shiawassee County Health Department

Phone: (989) 743-2304  
Email: [gczubachowski@shiawasseechd.net](mailto:gczubachowski@shiawasseechd.net)  
Web Page: <http://health.shiawassee.net/>  
Address 149 E. Corunna Ave. 2nd Floor  
Corunna, MI 48817

Service Area Shiawassee

Services: Promoting health and wellness through disease prevention and health promotion. Services include: MIHP, WIC, Breastfeeding Support, Family Planning, Lead Testing, Children's Special Services, Wear One, Rave/SMART 911, and Water Testing.

### The Salvation Army

Phone: (517) 484-4424  
Email: [wmilansingcity@usc.salvationarmy.org](mailto:wmilansingcity@usc.salvationarmy.org)  
Web Page: <https://centralusa.salvationarmy.org/lansing/>  
Address 525 N. Pennsylvania Ave  
Lansing, MI 48912

Service Area Ingham, Clinton, Eaton

Services: Utilities, prevention eviction, first month's rental assistance(funding are available). Food Pantry, Sundays, Mondays & Friday luncheons at 12 noon. Pathway of Hope Program for families seeking a long term case management and spiritual guidance. Seasonal programs consist of: Produce distribution and Christmas Toys for Tots.

## Nutrition Counseling and Education

### ALIVE / Sparrow Eaton Hospital

Phone: (517) 541-5800 x 52390

Email: [Deborah.dillon@sparrow.org](mailto:Deborah.dillon@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: Sparrow Eaton Hospital's Nutrition Services can help you on your way to healthier eating through consultations and classes.

### Lettuce Live Well

Phone: (517) 898-1870

Email: [info@lettucelivewell.org](mailto:info@lettucelivewell.org)

Web Page <http://lettucelivewell.org/>

Address 333 Albert Ave, Suite 212  
East Lansing, MI 48823

Service Area Clinton, Eaton, Ingham, On-line support

Services: The goal of Lettuce Live Well is to build healthier communities through healthier individuals and work with all ages, income levels, health literacy levels, etc. One-on-one health coaching, grocery store tours, workshops and a children's nutrition education program called the Little Lettuce League are offered .

### Michigan Department of Health and Human Services

Phone: (517) 241-3740 (800) 942-1636

Email: [MichiganWIC@michigan.gov](mailto:MichiganWIC@michigan.gov)

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-71547\\_4910\\_4918---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71547_4910_4918---,00.html)

Address 333 S. Grand Ave.  
Lansing, MI 48909

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: All counties. Free brochures including: DASH (Dietary Approaches to Stop Hypertension), Eating Plan, Less Salt Better Health sodium resource, blood pressure measurement tracking card, and You Can Control Your High Blood Pressure bookmark.

## Nutrition Counseling and Education

### Michigan Department of Health and Human Services - Eat Safe Fish program

Phone: (800) 648-6942

Email: [koche@michigan.gov](mailto:koche@michigan.gov)

Web Page [www.michigan.gov/eatsafefish](http://www.michigan.gov/eatsafefish)

Address 235 S Grand Ave  
Lansing, MI 48909

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Provides free resources that share the health benefits of fish and help Michigan residents choose fish that are low in chemicals such as mercury, PCBs, and dioxins. We provide information on safe fish consumption and distribute free brochures and other printed materials. Health care providers can order free material to share with their patients.

### MSU Extension

Phone: (517) 543-2310

Email: [ecclesl@msu.edu](mailto:ecclesl@msu.edu)

Web Page [https://www.canr.msu.edu/outreach/about/impacts\\_and\\_programming\\_in\\_michigan/health-nutrition/index](https://www.canr.msu.edu/outreach/about/impacts_and_programming_in_michigan/health-nutrition/index)

Address 121 E. Maple St.  
Mason, MI 48854

Service Area Ingham, Eaton, Gratiot, Ionia, Montcalm, and Clinton

Services: Ingham, Eaton, Gratiot, Ionia, Montcalm, Clinton, counties. Health and Nutrition education.

### Sparrow Outpatient Nutrition Services

Phone: (517) 364-2364

Email:

Web Page <http://www.sparrow.org/fans>

Address 1200 E. Michigan Avenue  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: All counties in SCN region. Referrals are received from primary care physicians, specialists and self-referrals. Outpatient nutrition consultations for infants, children, adolescents and adults are offered, covering this covers a wide range of nutrition needs, from wellness/preventive services to medical nutrition therapy. The team includes registered dietitians specializing in a variety of areas including: infant feeding, pediatric nutrition, GI issues, food allergies, oncology, sports nutrition, weight management and diabetes.

## Nutrition Counseling and Education

### Sparrow Outpatient Nutrition Services

Phone: (517) 364-2387

Email:

Web Page <http://www.sparrow.org/fans>

Address 1200 E. Michigan Avenue  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: All counties in SCN region. Referrals are received from primary care physicians, specialists and self-referrals. Outpatient nutrition consultations for infants, children, adolescents and adults are offered, covering a wide range of nutrition needs, from wellness/preventive services to medical nutrition therapy . The team includes registered dietitians specializing in a variety of areas including: infant feeding, pediatric nutrition, GI issues, food allergies, oncology, sports nutrition, weight management and diabetes.

## Optometry

### Care Free Medical Clinic

Phone: (517) 887-5922

Email: [dhill@carefreemedical.org](mailto:dhill@carefreemedical.org)

Web Page <http://www.carefreemedical.com/>

Address 1100 W. Saginaw St. Ste. 5  
Lansing, MI 48915

Service Area Clinton, Eaton, Ingham, Jackson, Kent

Services: Provides medical, dental, and optometry services to the underinsured and uninsured in the community. Provides services to adults and children of all ages, from newborns to adults nearing end of life.

## Palliative Care

### Eaton Community Palliative Care

Phone: (517) 543-5310

Email: [echospice@voyager.net](mailto:echospice@voyager.net)

Web Page <http://www.echospice.org/>

Address 2675 South Cochran Road  
Charlotte, MI 48813

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Providing inpatient hospice care in partnership with all local hospice programs. Loan closet for medical equipment and supplies. Grief support group meeting weekly. Transitional Care when it's unsafe to live alone. Available when patients need more care than homecare can provide, are no longer safe at home alone or need a place to recoup after illness, surgery, rehab, etc.



## Personal Care Items

### Homeless Angels

Phone: (517) 487-9119

Email:

Web Page <https://www.homelessangels.org/>

Address 3216 W. Main St.  
Lansing, MI 48917

Service Area Lansing area

Services: To rebuild and restore faith in humanity through innovative ideas, programs, and events to create REAL change for people that are homeless or at risk of homelessness.

### Ionia Goodwill

Phone: (616) 527-4404

Email:

Web Page [www.goodwillgr.org](http://www.goodwillgr.org)

Address 153 E Sprague Rd  
Ionia, MI 48846

Service Area Anyone

Services: Goodwill Industries International Inc., or shortened to Goodwill, is an American nonprofit 501 organization that provides job training, employment placement services, and other community-based programs for people who have barriers preventing them from otherwise obtaining a job. Through several locations around Michigan, Goodwill thrift stores take donations for clothing, household items and much more. These stores are open to the public and provide discount priced items to those in need.

## Pharmacy Services

### Apothecary Shop

Phone: (517) 482-0882

Email:

Web Page <https://apothecarydrugs.cornerdrugstore.com/?corpID=371300&pharmID=9911>

Address 737 N. Grand River, Ave.  
Lansing, MI 48906

Service Area Greater Lansing

Services: • Free Home/Office Delivery • Special Compounding Available • Unit Dose Packing (Pill Packs) • DME

### Central Pharmacy

Phone: (517) 316-0711

Email:

Web Page <https://www.centralpharmacymi.com/our-locations>

Address Multiple Locations  
Multiple Locations

Service Area Southern Michigan

Services: Dispel Packaging Assisted Living Services Free Home Delivery Medication Adherence Flu Shots & Immunizations Med Synchronization MTM Services Mail delivery Private Consultation Travel Vaccinations

### Lake Odessa Pharmacy

Phone: (877) 855-9777

Email:

Web Page <https://www.lakeorx.com/>

Address 802 4th Ave  
Lake Odessa, MI 48849

Service Area Anyone

Services: At Lake O Rx, we pride ourselves on bringing you individualized service and attention and are dedicated to helping you and your physician find the best and most cost-effective medication. We invite you to browse our website, order your refills online, or simply research health topics using the links we have provided. And if you still have questions, please don't hesitate to call and speak with one of our experienced pharmacy staff members.

### Welcome Pharmacy

Phone: (517) 589-8291

Email:

Web Page

Address 826 W. Bellevue St.  
Leslie, MI

Service Area Ingham

Services: Pharmacy offering free delivery and medication bubble packing, serving surrounding communities.

## Prescription Assistance

### CVS SimpleDose

Phone: (800) 753-0596

Email:

Web Page [https://www.cvs.com/content/pharmacy/simpledose?cid=ps\\_cor&ds\\_rl=1270396&gclid=CjwKCAjw7rWKBhAtEiwAJ3CWLDAvVxgAWhmvhCzfzaTAPNQXTVbLjCRP6a8twokcvXad-RcwVfeFYRoCmTAQAvD\\_BwE&gclsrc=aw.ds](https://www.cvs.com/content/pharmacy/simpledose?cid=ps_cor&ds_rl=1270396&gclid=CjwKCAjw7rWKBhAtEiwAJ3CWLDAvVxgAWhmvhCzfzaTAPNQXTVbLjCRP6a8twokcvXad-RcwVfeFYRoCmTAQAvD_BwE&gclsrc=aw.ds)

Address

Service Area Michigan

Services: Manage your Rx with SimpleDose™, presorted Rx packs at no added cost.\* Each box contains a 30 day supply, delivered to your home\* or local CVS Pharmacy®, all backed by trusted CVS pharmacists.

### GoodRx

Phone: (855) 268-2822

Email:

Web Page [www.goodrx.com](http://www.goodrx.com)

Address

Santa Monica, CA

Service Area Nationwide

Services: GoodRx is an American healthcare company that operates a telemedicine platform and a free-to-use website and mobile app that track prescription drug prices in the United States and provide free drug coupons for discounts on medications. GoodRx checks more than 75,000 pharmacies in the United States

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street

Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

## Prescription Assistance

### MiRx

Phone: (866) 755-6479

Email:

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-71547\\_2943---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71547_2943---,00.html)

Address P.O Box 30412  
Lansing, MI 48909

Service Area Statewide

Services: The MiRx (My Prescription) Card is a prescription drug discount program for Michigan residents who do not have any prescription drug coverage. The MiRx Card program is free. There is no cost for the card. There is no cost to enroll in the program. And, the MiRx card is easy to use.

### Sparrow Medication Assistance Program

Phone: (517) 364-2342

Email:

Web Page

Address 1215 E. Michigan Ave.  
Lansing, MI 48912

Service Area

Services: Assists eligible patients with cost of medication through grants and prescription drug companies

### University of Michigan Health - Guest Assistance Program (GAP)

Phone: (734)764-6893 (800) (888) 9825

Email:

Web Page <https://www.uofmhealth.org/patient-visitor-guide/guest-assistance-program>

Address 1500 East Medical Center Drive(Located in the mai  
Ann Arbor, MI 48109-5718

Service Area Serves patients and families of MI Medicine

Services: The Guest Assistance Program (GAP) is a part of the Department of Social work that assists both adult and pediatric patients with navigation of non-medical needs they may face. Our dedicated social workers problem-solve, research community resources, and assist with the coordination of various needs that arise during medical treatment. We focus solely on barriers to care — things that would keep patients from maintaining treatment or appointments that would impact their health.

## Prescription Assistance

### World Medical Relief's Affordable Prescriptions Program

Phone: (313) (866) 5333

Email:

Web Page <https://www.worldmedicalrelief.org/local-programs>

Address 21725 Melrose Ave  
Southfield, MI 48075

Service Area Statewide

Services: Established in 1966, this program provides prescription medicines to financially qualified individuals, age 18 and older living in Michigan. The program is for people who are uninsured or under-insured. After an application process, eligible clients can receive prescriptions through our state-licensed pharmacy. Prescriptions are then either sent directly to their home or picked up in person. There is a handling fee of \$8.30 per prescription, plus postage if mailed to the home.

## Refugee Services

### Refugee Development Center

Phone: (517) 999-5090

Email: [info@rdclansing.org](mailto:info@rdclansing.org)

Web Page <http://www.refugeedevelopmentcenter.org/>

Address 600 W. Maple Drive, Suite A  
Lansing, MI 48906

Service Area All counties in Michigan

Services: RDC is a vital Mid-Michigan 501(c)3 non-profit serving refugees and immigrants since 2002. RDC offers English language classes, career preparation, college readiness, mentoring, after school tutoring, summer camp, home visits, and a variety of support programs. The RDC's mission is to cultivate a welcoming, thriving community by collaborating with refugees and newcomers through education, engagement and support.

### St. Vincent Catholic Charities Refugee Services

Phone: (517) 323-4734

Email: [donate@stvcc.org](mailto:donate@stvcc.org)

Web Page <http://stvcc.org/>

Address 2800 W. Willow St.  
Lansing, MI 48917

Service Area Greater Lansing

Services: Provide resettlement and employment services for all refugees coming to the Lansing area. Resettlement includes identifying and preparing initial housing, airport pick up, health screening support, school enrollments, and support for DHHS benefits, Michigan ID cards and Social Security documents.

## Rehabilitation Services

### Origami Rehabilitation

Phone: (517) 455-0264

Email: [info@origamirehab.org](mailto:info@origamirehab.org)

Web Page <https://www.origamirehab.org/>

Address 3181 Sandhill Rd.  
Mason, MI 48854

Service Area Statewide

Services: Origami Rehabilitation is a CARF accredited 501(c)(3) nonprofit organization. Origami provides comprehensive rehabilitation for children, adolescents, and adults with neurological, developmental, mental health, and orthopedic conditions through their residential and outpatient programs. With their compassionate and innovative services, Origami creates opportunities and transforms lives.

### Special Driving Services, Inc

Phone: (517) 349-7990

Email: [reidr@specialdrivingservices.com](mailto:reidr@specialdrivingservices.com)

Web Page <http://specialdrivingservices.com/>

Address 3945 Okemos Rd. Ste. A-5  
Okemos, MI 48805

Service Area Greater Lansing Area

Services: Driver Rehabilitation Services for stroke, dementia, TBI and other health issues. Utilizing adaptive equipment.

## Respite and Relief for Caregivers

### BrightStar Care of East Lansing

Phone: (517) 679-1700

Email: [cmiller@brightstarcare.com](mailto:cmiller@brightstarcare.com)

Web Page <https://www.brightstarcare.com/east-lansing>

Address 2510 Kerry St. Ste. 108  
Lansing, MI 48912

Service Area Statewide

Services: Your loved one deserves care that's nothing less than extraordinary. At BrightStar Care® of East Lansing, our experienced, trustworthy, and compassionate care professionals provide a full range of services in the comfort and safety of home. From personal care to companion care, BrightStar Care offers quality home care services for children, adults, and seniors.

### Clay Street Center Adult Day Services

Phone: (616) 835-9080

Email:

Web Page <https://www.claystreetcenter.org/>

Address 913 S Clay Street  
Greenville, MI 48838

Service Area Montcalm County

Services: Clay Street Center is designed for people age 60 and over who need supervision, assistance, and socialization. Our caring staff and volunteers provide a variety of interesting programs including music, art, travelogues, Zumba class, and memory-stimulating games. Our members have fun, share laughter, form new friendships and enjoy a renewed sense of purpose and belonging. Meanwhile, family caregivers receive a much-needed break (respite), information, and support.

### Eaton Area Senior Center

Phone: (517) 541-2934

Email:

Web Page

Address 804 S. Cochran Ave.  
Charlotte, MI 48813

Service Area Eaton County

Services: The Eaton Area Senior Center is established to promote and provide, in a comfortable and friendly setting, social, educational, economic and recreational programs that will enrich the lives of seniors in the greater Eaton County area.



## Respite and Relief for Caregivers

### Eaton Rapids Senior Center

Phone: (517) 663-2335

Email:

Web Page

Address 201 Grand St.

Eaton Rapids, MI 48827

Service Area Eaton County

Services: Our center has provided several services to our seniors over the years including: tax assistance, assistance with SSI and Medicare, counseling, transportation to doctor's appointments, exercise classes, foot classes, hearing tests, blood pressure screening, flu shots, wills and estate planning seminars. Over the years different programs have developed and cultivated friendships at the center. Craft groups, card groups, art, Golden Oldies Chorus, Jam sessions, dances, exercise group, the monthly newsletter, and Wii bowling are some examples of the programs offered.

### Family Caregiver Alliance

Phone: (800) 445-8106

Email:

Web Page <https://www.caregiver.org/>

Address 801 Montgomery St. , Suite 2150

San Francisco, CA 94104

Service Area National

Services: The mission of Family Caregiver Alliance is to improve the quality of the life for family caregivers and the people who receive their care.

### Forester Woods Adult Day Center

Phone: (517) 349-3101

Email:

Web Page <https://forsterwoods.org/>

Address 4656 Meridian Rd.

Williamston, MI 48895

Service Area Ingham, Clinton, Eaton

Services: Forster Woods Adult Day Center grew from the vision of the The Very Rev. Ronald C. Byrd, Sr. and from the support of the congregation of St. Katherine's Episcopal Church to reach out into our community and provide much needed support to elder adults and their caregivers. Forster Woods opened on July 31, 2012 and is a community-based, non-profit adult day center. Forster Woods is located on 10 ½ acres of gardens and woods in the midst of a residential area on the campus of St. Katherine's Episcopal Church in Williamston, Michigan.

## Respite and Relief for Caregivers

### Fountain View of Lowell

Phone: (616) 897-8413

Email:

Web Page <http://lowellfountainview.baruchsls.org/>

Address 11537 Fulton St SE  
Lowell, MI 49331

Service Area Kent County

Services: Fountain View Assisted Living is dedicated to quality senior care that promotes enjoyment, community, vitality and purpose for every individual. Our residents know the comfort and assurance of home, surrounded by a loving environment and deeply caring staff. Motivated by our faith, we seek to earn trust and build authentic relationships with residents, families and the community through consistency and integrity.

### Green Acres Ionia

Phone: (616) 527-3300

Email:

Web Page <https://www.rlmgmt.com/>

Address 2550 Commerce Lane  
Ionia, MI 48846

Service Area Montcalm County

Services: Designed for retirees and seniors, you will find our Michigan senior living communities provide the very best in retirement living. We focus on providing personalized living spaces within a community atmosphere. You'll find each of our senior communities represents the finest in assisted living for individuals who need supportive care services.

### Green Acres Lowell

Phone: (616) 987-9115

Email:

Web Page <https://www.rlmgmt.com/green-acres-lowell/>

Address 11530 Fulton St E  
Lowell, MI 49331

Service Area Kent County

Services: Designed for retirees and seniors, you will find our Michigan senior living communities provide the very best in retirement living. We focus on providing personalized living spaces within a community atmosphere. You'll find each of our senior communities represents the finest in assisted living for individuals who need supportive care services.

## Respite and Relief for Caregivers

### Hathaway Hills Assisted Living

Phone: (616) 522-3112

Email:

Web Page

Address 1515 Meijer Drive  
Greenville, MI 48838

Service Area Montcalm County

Services: Hathaway Hills, a Leisure Living Community, is located in Greenville, Michigan. Here, we're passionate about serving our senior living residents and sharing life's journey together. Within our community, residents and family members will find an inviting and warm environment. With assisted living and memory care options, our purpose is to provide high-quality senior lifestyle services that promote the value and dignity of every person.

### Home Instead

Phone: (616) 681-8908

Email:

Web Page <https://www.homeinstead.com/ppc/dual/employment-home-care-services/>

Address 2944 Fuller Ave NE Suite 201  
Grand Rapids, MI 49505

Service Area North West Michigan

Services: In-home care services can help people at any point within the aging process. We'll work with you to develop a personalized care plan tailored to help fit your family's needs. Our expert care provides all the support people need to live well wherever they call home for years to come.

### Home Instead Senior Care

Phone: (517) 333-0610

Email: [beth.kendrick@homeinstead.com](mailto:beth.kendrick@homeinstead.com)

Web Page <https://www.homeinstead.com/>

Address 2715 University Park Dr. Suite 200  
Okemos, MI 48864

Service Area Ingham, Eaton, Clinton

Services: Home Instead Senior Care provides companionship & Home Helper services, Personal Services, Alzheimer's or Other Dementia services, Transitional Care Services and Hospice Support

## Respite and Relief for Caregivers

### Just Like Home Adult Day Center

Phone: (616) 523-4310

Email:

Web Page <https://justlikehomeionia.com/>

Address 330 Fourth Street  
Ionia, MI 48846

Service Area Ionia County

Services: It is the mission of Just Like Home Adult Day Center to provide an environment that engages adults with different abilities and those who are aging, while enhancing the emotional, mental, and physical well-being and preserving the individuals dignity and self-worth.

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street  
Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

### Lowell Senior Center

Phone: (616) 897-5949

Email:

Web Page <https://seniorneighbors.org/centers/lowell/>

Address 314 South Hudson  
Lowell, MI 49331

Service Area Anyone

Services: The Lowell Senior Center strives to feel like a community. We entertain with music, Wii bowling, cards, bingo, knitting groups, Bible study, crafts, exercise class and more. We stay connected with a party each month to celebrate holidays, life and birthdays. We also enjoy socializing with dinners to different restaurants and ice cream socials on our beautiful grounds where we build our friendships.

## Respite and Relief for Caregivers

### Maple Ridge Manor

Phone: (616) 552-1588

Email:

Web Page <https://www.mapleridgemanor.com/>

Address 12020 Foreman St SE  
Lowell, MI 49331

Service Area Kent County

Services: Maple Ridge Manor is a family owned 54-room resident facility, located in Lowell and Manistee Michigan. Our Lowell facility opened summer of 2020, and we are excited to provide an opportunity for local families to keep their loved ones, who can no longer live on their own, close to home and in the community they already know and love. Maple Ridge Manor will serve as an extension of the community and a place our residents will be proud to call "home. Our Manistee facility is scheduled to open in 2021.

### Northview Senior Center

Phone: (616) 365-6150

Email:

Web Page <http://www.northviewseniors.org/>

Address 5255 Grand River Drive, NE  
Grand Rapids, MI 49525

Service Area Kent County

Services: Northview Senior Citizens is an active and engaged group that is open to all senior citizens. We offer a broad spectrum of programming from weekly classes (exercise, crafts, wood carving, card playing, etc.) to monthly activities (book club, Movie and a Meal group and monthly luncheons with entertainment) to lectures, outings and day trips. There is something for most everyone!

### Respite Volunteers of Shiawassee County

Phone: (989) 725-1127

Email: [office@respitevolunteers.org](mailto:office@respitevolunteers.org)

Web Page <http://www.respitevolunteers.org>

Address 710 W. King St. P.O. Box 1777  
Owosso, MI 48867

Service Area Shiawassee

Services: Provide patients, and family caregivers with a trained volunteer for regularly scheduled weekly visits; providing one-on-one time with the patient and at the same time, giving family caregivers a well deserved break. Respite Volunteers also help the elderly living alone to remain living safely in their home for as long as possible.

## Respite and Relief for Caregivers

### The Salvation Army Senior Center

Phone: (616) 454-1459

Email:

Web Page <https://centralusa.salvationarmy.org/fultonheights/love-the-elderly/>

Address 1235 East Fulton

Grand Rapids, MI 49503

Service Area Kent County

Services: The senior program (60 and over) is a vibrant community of seniors and an important part of our ministry. It is a wonderful opportunity for seniors to come together to enjoy companionship, good food, and great entertainment. Program runs Monday, Wednesday, and Friday from 8:30 am to 2:00 pm, with various activities including health classes, Bible studies, games, bingo, entertainment, and field trips. They ask for a \$2 dollar donation to help with program cost. Lunch is included!

## Senior Services

### Always Changing Eldercare Options, LLC

Phone: (517) 512-0337

Email: [carolwalker@alwayschangingeldercareoptions.com](mailto:carolwalker@alwayschangingeldercareoptions.com)

Web Page: <https://alwayschangingeldercareoptions.com/>

Address

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: All counties. Free service to all seniors and their families that have been told that they, their parent or loved one, can't live safely in their home any longer. In the last 10 years Always Changing Eldercare Options helps seniors understand the many different Retirement or Assisted Living Communities in their area and Home Care Agencies or Nursing Homes that may be suitable. Education is provided concerning what amenities are offered along with pricing and possible ways to help pay for it, the goal is to save time and frustration.

### American Association for Retired Persons (AARP)

Phone: (866) 227-7448

Email:

Web Page: <https://www.aarp.org/>

Address 309 N Washington Square Suite 110  
Lansing, 48933, MI

Service Area Statewide

Services: Our mission is to enhance the quality of life for all as we age, leading and delivering to our members through information, advocacy and service.

### Area Agency on Aging of Western Michigan

Phone: (616) 456-5664 (888) 456-5664

Email: [aaainfo@aaawm.org](mailto:aaainfo@aaawm.org)

Web Page: <http://www.aaawm.org/>

Address 3215 Eaglecrest Drive NE  
Grand Rapids, MI 49525

Service Area Allegan, Ionia, Kent, Lake, Mason, Mecosta, Newaygo, Osceola

Services: AAAMM provides older persons and persons with disability an array of services and support designed to help them remain in their own homes and communities. AAAMM offers the MI Choice Medicaid Waiver program to help provide these services to lower income seniors.

## Senior Services

### By Dawn's Early Light Home Care & Transportation Services

Phone: (517) 913-4170

Email: [Info@bydawnsearlylighthomecare.com](mailto:Info@bydawnsearlylighthomecare.com)

Web Page <http://bydawnsearlylighthomecare.com/>

Address 5075 Willoughby Rd.  
Holt, MI 48842

Service Area Ingham, Eaton, Clinton, Jackson, Shiawassee, Livingston, Ionia

Services: By Dawn's Early Light Home Care is setting new standards in providing home care that is compassionate, knowledgeable and affordable to our aging and physically/mentally challenged population. We are very dedicated when providing individualized plan of care to each client with flexibility. Services include: respite care, companionship, transportation, personal care, Dementia/Alzheimer's memory care, personal care

### Capital Area District Libraries

Phone: (517) 367-0810

Email: [hamlinj@cadl.org](mailto:hamlinj@cadl.org)

Web Page <https://www.cadl.org/>

Address 401 S. Capitol Ave.  
Lansing, MI 48933

Service Area Ingham

Services: CADL has staff expertise which can help with technology, device and health information gathering, even via 1-on-1 appointments with patients. They offer programming relating to healthy living and mental agility. Launchpad tablets for use with seniors and anyone interested, and Books-by-Mail to homebound customers. The library's early literacy efforts emphasize reading to children to assist with healthy brain development. The library offers sensory friendly gear for use in-branch to make visits more welcoming to folks in need of these resources. Additionally, LifeKits are now available with a focus on topics of particular interest to seniors such as memory care, coping with grief, caregiving, and gentle yoga. The kits may include books, activities, games, dexterity exercises, puzzles and more.

### City of East Lansing's Prime Time Senior's Program

Phone: (517) 337-1113

Email: [karndt@cityofeastlansing.com](mailto:karndt@cityofeastlansing.com)

Web Page <https://www.cityofeastlansing.com/823/Seniors-Program-Prime-Time>

Address 819 Abbot Rd.  
East Lansing, MI 48823

Service Area Ingham

Services: East Lansing Prime Time is a nationally accredited senior center with over 200 wellness programs offered annually, designed to meet the educational, recreational, and social needs of the Lansing area's 55 plus cohort. Prime Time also provides a variety of services which help seniors age-in-place successfully.



## Senior Services

### Elder Law of Michigan, Inc.

Phone: (866) 400-9164

Email: [info@elderlawofmi.org](mailto:info@elderlawofmi.org)

Web Page: <https://www.elderlawofmi.org>

Address: 3815 West St. Joseph, Ste C-200  
Lansing, MI 48917

Service Area: Statewide, with offices in Lansing, Detroit and Sault Ste. Marie

Services: Elder Law of Michigan is a 501(c)(3) non-profit organization. Elder Law of Michigan's MiCAFE project's goal is to increase access to benefits, focusing primarily on Supplemental Nutrition Assistance Program (SNAP), to seniors throughout Michigan. Our approach is to work with a network of community partners, like seniors centers, housing complexes, and churches, to educate seniors about the benefits, to screen the seniors for likely eligibility for benefits, to assist the seniors in completing the required applications and in providing the needed documentation, and to resolve issues with receiving the benefits and using them correctly. The MiCAFE program also provides this assistance directly to seniors in areas where no community partner is currently available to work directly with the client. MiCAFE also runs a toll-free SNAP hotline for persons seeking information about the SNAP benefit for seniors. The SNAP hotline also provides ongoing support to MiCAFE clients after they apply for the benefit, during recertification, and in understanding correspondence about the benefit. Additionally, assistance is offered for pension counseling, benefits screening and access assistance for older adults and individuals with disabilities.

### Honor Tree Eldercare Consulting

Phone: (616) 227-0543

Email: [lisa@honortreeconsulting.com](mailto:lisa@honortreeconsulting.com)

Web Page: <https://honortreeconsulting.com/>

Address: Remote  
Remote

Service Area: Ingham, Ionia, Shiawassee, Clinton & Eaton

Services: Honor Tree ElderCare Consulting will provide a home care assessment for your loved one. During an elderly evaluation, our consultant considers the senior's mobility level and medications to determine the safety level of their home. So, what happens if the house is deemed unsafe? Rely on our consultant to discuss estimated costs and viable options for assisted living centers that fit your loved one's needs.

## Senior Services

### Ionia County Commission on Aging

Phone: (616) 527-5365 (888) 527-5365  
Email: [iccoa@ioniacounty.org](mailto:iccoa@ioniacounty.org)  
Web Page: <https://ioniacounty.org/health/commission-on-aging/>  
Address: 115 Hudson St.  
Ionia, MI 48846  
Service Area: Ionia  
Services: Provides a full suite of supportive services to Ionia County residents both in the home and at the Senior Center. Meals on Wheels™, In Home Services (Respite, Homemaker, Home Health Aide) and Transportation bring services directly to the client. The Senior Center in downtown Ionia offers engaging and informative programming that includes Wellness and Healthy Aging Classes (Enhance Fitness™, Tai Chi, A Matter of Balance, Walk With Ease), Alzheimer's Association programming, support groups and a hub for socialization that includes Euchre, Bridge and Art Groups, a country music group and other special events. Special meals and lunches, often combined with informative topics, are served throughout the week at six Friendship Luncheon Sites in the county: Belding, Clarksville, Ionia, Lake Odessa, Portland and Saranac. Further support is provided through MMAP counseling (Medicare/Medicaid Assistance Program), Tax Preparation Assistance, Senior Project Fresh Coupons, an equipment exchange program and information and referral.

### Mareck Family & Geriatric Services

Phone: (517) 886-3707  
Email: [kate@mareckservices.com](mailto:kate@mareckservices.com)  
Web Page: <http://mareckservices.com/>  
Address: 1745 Hamilton Rd, Ste 300  
Okemos, MI 48864  
Service Area: Clinton, Eaton, Ingham, Jackson counties  
Services: Provides counseling to older adults and family members, in-home assessments for at risk older adults, and on-going care management services. Issues related to aging, including dementia and chronic illness, are addressed and counseling/support for caregivers are provided. Clients can be seen in the office or, if necessary, in their homes.

### Meridian Senior Center

Phone: (517) 706-5045  
Email:  
Web Page: [www.meridianseniorcenter.weebly.com](http://www.meridianseniorcenter.weebly.com)  
Address: 4000 N. Okemos Rd.  
Okemos, MI 48864  
Service Area: Ingham  
Services: Staying active is a key to physical and emotional wellbeing for everyone, especially older adults. The Meridian Senior Center was created to provide a friendly, welcoming atmosphere for persons age 60 and over to gather and engage in programs and social activities. The MSC works to provide relevant programs and services to meet the ever-changing needs for older persons throughout our community and beyond.

## Senior Services

### Michigan Alzheimer's Disease Center

Phone: (734) 764-5137

Email: [rgadwa@med.umich.edu](mailto:rgadwa@med.umich.edu)

Web Page <https://alzheimers.med.umich.edu/>

Address 2101 Commonwealth Blvd. Suite D.  
Ann Arbor, MI 48105

Service Area

Services: •Support recruitment for memory and aging research. •Connect interested volunteers to research opportunities. •Provide programs focusing on whole-body health and well-being through our Wellness Initiative. •Collaborate with three local chapters of the Alzheimer's Association to enhance our community outreach through education programs.

### Michigan Association of Senior Centers

Phone: (517) 706-5059 (248) 505-8228 for General  
Line

Email: [cherie.wisdom@okemosk12.net](mailto:cherie.wisdom@okemosk12.net)

Web Page <http://www.miseniorcenters.org>

Address PO Box 235  
Milford, MI 48381

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The purpose of the Michigan Association of Senior Centers is to promote and strengthen the profession of Senior Center management and Senior Centers within the aging network. Senior Centers are often the 1st point of contact for many older adults and their families. Senior Centers strive to be a hub for information, services, and activities to older adults in their communities.

### Oasis Senior Advisors

Phone: (517) 657-3155

Email: [AWilczek@YourOasisAdvisor.com](mailto:AWilczek@YourOasisAdvisor.com)

Web Page [www.OasisSeniorAdvisors.com/Mid-Michigan](http://www.OasisSeniorAdvisors.com/Mid-Michigan)

Address Remote  
Remote

Service Area Statewide

Services: At Oasis Senior Advisors, we make the process of selecting senior living options simple. We rely on a compassionate, personalized approach that takes into account your unique needs and requirements. Because we operate locally, we have extensive knowledge of the various senior housing options in your area and we are happy to help you examine the pros and cons of various facilities in your community. Our services are completely free and completely tailored to you and your family.

## Senior Services

### Retired and Senior Volunteer program of Ingham, Eaton, and Clinton

Phone: (517) 887-6116

Email: [community@rsvp-lansing.com](mailto:community@rsvp-lansing.com)

Web Page <http://www.rsvp-lansing.com>

Address 2400 Pattengill Ave.  
Lansing, MI 48910

Service Area Ingham

Services: A community based organization that recruits volunteers fifty-five years of age and older to serve as senior companions in local homes, adult daycare centers, and long term care centers. Volunteers can also serve children and youth in the community as a foster grandparent.

### Senior CommUnity Care of Michigan PACE

Phone: (517) 319-0700

Email:

Web Page <http://seniorcommunitycaremi.org/about-us/>

Address 1921 E. Miller Rd.  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham, Bordering areas

Services: A Program of All-Inclusive Care for the Elderly, also called PACE. Offering a comprehensive health care choice for seniors living at home who need help with daily activities.

### Senior Preferences

Phone: (517) 783-2637

Email:

Web Page <http://www.seniorpreferences.com/>

Address PO Box 1467  
Jackson, MI 49202

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Senior Preferences is a comprehensive resource guide produced by Jackson Publishing Co. that gathers a list of community organizations and local businesses that cater to the needs of senior citizens.

## Senior Services

### Seniors Helping Seniors

Phone: (517) 332-9953

Email: [Info@lansingshs.com](mailto:Info@lansingshs.com)

Web Page: <https://seniorcarelansingmi.com/>

Address: 15851 S. US 27, Suite 314  
Lansing, MI 48906

Service Area: Clinton, Eaton, Ingham, Shiawassee

Services: Helping seniors stay independent--whether living in their own home or elsewhere. Seniors who share interests are uniquely matched to provide services. In addition to home care, in-home hair cuts, handyman help, yardwork and more is provided.

### Shiawassee Council on Aging

Phone: (989) 723-8875

Email:

Web Page: <https://www.shiawasseecoa.org/>

Address: 300 N. Washington St.  
Owosso, MI 48867

Service Area: Shiawassee County

Services: The Shiawassee Council on Aging is a non-profit organization that provides a broad range of services to Shiawassee County seniors. Our mission is to advocate, assist and promote the well-being and independence of seniors in Shiawassee County. Please take a few minutes to learn more about SCOA and the services that we offer by exploring the rest of our website. All of our facilities are 100% barrier free and Wi-Fi\_\_33 ready.

### Sparrow LifeTime

Phone: (517) 364-8146

Email: [katie.hubbard@sparrow.org](mailto:katie.hubbard@sparrow.org)

Web Page: <http://www.sparrow.org/lifetime>

Address: 2900 Hannah Blvd., Ste. 211  
East Lansing, MI 48823

Service Area: Primarily Ingham, Eaton, Clinton

Services: Sparrow LifeTime is a free, healthy living program for adults 55-plus living in mid-Michigan. Members have access to free monthly fitness classes, cooking demonstrations, and health seminars, including Lunch with a Doctor and the Senior Health Series. In addition, they receive a coupon for a free Know Your Numbers screening redeemable at any Sparrow Laboratory.

## Senior Services

### Special Driving Services, Inc

Phone: (517) 349-7990

Email: [reidr@specialdrivingservices.com](mailto:reidr@specialdrivingservices.com)

Web Page <http://specialdrivingservices.com/>

Address 3945 Okemos Rd. Ste. A-5  
Okemos, MI 48805

Service Area Greater Lansing Area

Services: Driver Rehabilitation Services for stroke, dementia, TBI and other health issues.

### Tri-County Office on Aging (TCOA)

Phone: (517) 887-1440

Email: [info@tcoa.org](mailto:info@tcoa.org)

Web Page <http://www.tcoa.org/>

Address 5303 S. Cedar St. Building 1  
Lansing, MI 48911

Service Area Clinton, Eaton, Ingham

Services: TCOA's mission is to promote and preserve the independence and dignity of the aging population. To accomplish this mission, TCOA takes a person-centered approach to connecting people with information, services and assistance, including health and wellness workshops, caregiver supports, Medicare/Medicaid Assistance Program, Options Counseling, and Meals on Wheels and other in-home services.

### Valley Area Agency on Aging

Phone: (810) 239-7671

Email: [info@valleyaaa.org](mailto:info@valleyaaa.org)

Web Page <https://valleyareaaging.org/>

Address 225 E. 5th St. Suite 200  
Flint, MI 48502

Service Area Genesee, Lapeer, Shiawassee

Services: VAAA provides answers, action and advocacy on care for the elderly and disabled adults of Genesee, Lapeer, and Shiawassee Counties, by enhancing lives, empowering choices, sustaining independence and supporting caregivers and families. Whether it is information, resources, or intake for services our professional staff will guide you for "All Things Senior".

## Senior Services

### Golden Life Adult Foster Care

Phone: (616) 227-5899

Email:

Web Page <https://goldenlifeafc.com/>

Address 503 W Montcalm St  
Greenville, MI 48838

Service Area Montcalm County

Services: Our core philosophy is to enrich these adult lives, build a healthy assisted living community and create a more caring world. Golden Life AFC tries to recreate the homely environment that a family provides, fulfilling the physical, emotional as well as spiritual needs of our elderly residents.

## Shelter

### Gateway Community Services

Phone: (517) 882-4000

Email: [info4teens@childandfamily.org](mailto:info4teens@childandfamily.org)

Web Page <http://www.childandfamily.org/page.php?id=151>

Address 4287 Five Oakes Dr.  
Lansing, MI 48911

Service Area

Services: A non-profit that assists homeless and runaway youth. Free counseling services for youth and families in crisis for our runaway program are offered and an 18 month housing program for homeless youth is available.

### Heart & Hands

Phone: (517) 663-7104

Email: [HeartandHandsInc@gmail.com](mailto:HeartandHandsInc@gmail.com)

Web Page <https://heartandhandsinc.weebly.com/>

Address 9220 Kinneville Rd.  
Eaton Rapids, MI 48827

Service Area Eaton

Services: Food pantry providing food and some personal hygiene items. We do provide EATRAN tokens to get to and from Heart and Hands.

### Homeless Angels

Phone: (517) 487-9119

Email:

Web Page <https://www.homelessangels.org/>

Address 3216 W. Main St.  
Lansing, MI 48917

Service Area Lansing area

Services: To rebuild and restore faith in humanity through innovative ideas, programs, and events to create REAL change for people that are homeless or at risk of homelessness.



## Shelter

### Michigan Department of Health and Human Services - Healthy Homes Section

Phone: (866) 691-5323

Email:

Web Page <http://hd.ingham.org/ForParents/HealthyHomes.aspx>

Address 235 South Grand Avenue, Suite 410  
Lansing, MI 48933

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Provide lead and healthy homes environmental investigations; hazard remediation and clearance; as well as promote healthy and safe environments through public health practices. Services are available statewide. Program eligibility varies, but it is based on age, Medicaid enrolled, pregnant, and/or a child under the age of six with an elevated blood lead level of 5 µg/dL (micrograms of lead per deciliter of blood) or higher.

### MSU Extension

Phone: (616) 527-5357

Email: [longbr@msu.edu](mailto:longbr@msu.edu)

Web Page <https://www.canr.msu.edu/mimoneyhealth/>

Address 101 West Main St. 2nd Floor  
Ionia, MI 48846

Service Area Clinton, Eaton, Gratiot, Ingham, Ionia

Services: Provide Money Management, Home Buyer, and Foreclosure Prevention Education. Some group classes are in-person and some are online webinars or self-paced courses posted on MIMoneyHealth.org under Events. Topics include budgeting, savings, credit, debt, purchasing a home, rental education, and foreclosure options.

### SIREN/Eaton Shelter

Phone: (517) 543-0748 (800) 899-9997

Email: [sireneaton@gmail.com](mailto:sireneaton@gmail.com)

Web Page <https://sireneatonshelter.org/>

Address 520 Robinson St.  
Charlotte, MI 48813

Service Area Eaton

Services: Eaton County's Homeless Shelter; 24/7 Crisis Line; Housing Programs for victims of domestic violence including Emergency Shelter, Rapid Rehousing, & Transitional Housing; Supportive Counseling and safety planning for residents and non-residents; Weekly domestic violence support/education group for residents and non-residents; Information and referral to community resources; Food & clothing bank

## Shelter

### St. Vincent de Paul Food Pantry

Phone: (517) 482-0765

Email: [siscarane@gmail.com](mailto:siscarane@gmail.com)

Web Page <https://www.facebook.com/StThereseSVDPFoodPantry>

Address 102 W. Randolph St.  
Lansing, MI 48906

Service Area East of Martin Luther King Jr. Blvd, west of US 127, south of State Road (we do serve King Arthur's Court

Services: Recipients are eligible for food assistance once every 30 days. (We provide both non-perishable foods and fresh produce when it is available from the Greater Lansing Food Bank. We have distribution guidelines as to the quantity of food clients receive. Breakdowns include families of 1-2 people, 3-5 people and 6 or more). A clothing voucher to be used at the St. Vincent de Paul Thrift Store in Lansing may be obtained once every six months and is good for 3 sets of clothing per individual. A voucher may be obtained for coats, boots and shoes (not to exceed \$50) at the St. Vincent de Paul Thrift store twice in a 12 month period. A furniture voucher (not to exceed \$100) to be redeemed for beds to be used at the St. Vincent de Paul Thrift Store in Lansing may be obtained only once in a 12 month period.

### The Basic Needs Center

Phone: (517) 230-4618

Email:

Web Page

Address 213 N. Clinton Ave.  
Saint Johns, MI 48879

Service Area Clinton

Services: Provides basic needs such as food, clothing, shelter, and counseling

## Skilled Nursing Facilities

### Aria Nursing & Rehab

Phone: (517) 393-5680  
Email: [lwells@arianursingandrehab.com](mailto:lwells@arianursingandrehab.com)  
  
Web Page <http://www.arianursingandrehab.com/>  
Address 707 Armstrong Rd.  
Lansing, MI  
Service Area Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility

### Burcham Hills

Phone: (517) 351-8377 x 477  
Email: [ahudson@burchamhills.com](mailto:ahudson@burchamhills.com)  
  
Web Page <https://burchamhills.com/>  
Address 2700 Burcham Dr.  
East Lansing, MI  
Service Area Ingham, Eaton, Clinton  
Services: Life Plan Community offering independent living, assisted living, skilled nursing & memory care

### Dimondale Nursing Care Center

Phone: (517) 646-6258  
Email: [brsmith@dimondalenc.com](mailto:brsmith@dimondalenc.com)  
  
Web Page <http://www.dimondalenc.com/>  
Address 4000 N. Michigan Rd.  
Dimondale, MI  
Service Area Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility

### Eaton County Health & Rehabilitation Services

Phone: (517) 541-5001 x 2801  
Email: [admissions@echrshealth.org](mailto:admissions@echrshealth.org)  
  
Web Page <https://echrshealth.org/>  
Address 530 W. Beech St.  
Charlotte, MI 48813  
Service Area Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility

## Skilled Nursing Facilities

### Hazel I. Findlay Country Manor

Phone: (517) 224-8936

Email:

Web Page <http://www.hazelfindlay.com/>

Address 1101 S. Scott Rd.

St. Johns, MI 48879

Service Area Ingham, Eaton, Clinton

Services: Skilled Nursing & Rehab Facility

### Holt Senior Care & Rehab Center

Phone: (517) 694-2144 x 1104

Email: [ntruax@holtnr.org](mailto:ntruax@holtnr.org)

Web Page <http://www.holtnr.org/>

Address 5091 Willoughby Rd.

Holt, MI 48842

Service Area Ingham, Eaton, Clinton

Services: Skilled Nursing & Rehab Facility

### Ingham County Medical Care Facility (Dobie Road)

Phone: (517) 381-6193

Email: [rwilson@dobieroad.org](mailto:rwilson@dobieroad.org)

Web Page <http://www.dobieroad.org/>

Address 3860 Dobie Rd.

Okemos, MI 48864

Service Area Ingham, Eaton, Clinton

Services: Skilled Nursing & Rehab Facility

### MediLodge of Capital Area

Phone: (517) 272-4029

Email:

Web Page <http://www.medilodgeofcapitalarea.com/>

Address 2100 E. Provincial House Dr.

Lansing, MI 48910

Service Area Ingham, Eaton, Clinton

Services: Skilled Nursing & Rehab Facility

## Skilled Nursing Facilities

### Regency at Lansing West

Phone: (517) 290-1535  
Email: [lansing\\_admissions@cienafacilities.com](mailto:lansing_admissions@cienafacilities.com)  
Web Page: <http://www.cienahealthcare.com/michigan-facilities/regency-at-lansing-west/>  
Address: 12200 S. Broadbent Rd.  
Lansing, MI 48917  
Service Area: Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility

### SKLD Ionia

Phone: (616) 527-0080  
Email: [JGrix@illuminate-hc.com](mailto:JGrix@illuminate-hc.com)  
Web Page: <https://www.skldcare.com/>  
Address: 814 E. Lincoln Ave.  
Ionia, MI 48846  
Service Area: Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility

### Sparrow Preferred Post-Acute Network (SPPAN)

Phone: (517) 364-8155  
Email: [megan.black@sparrow.org](mailto:megan.black@sparrow.org)  
Web Page:  
Address: 2900 Hannah Blvd. Suite 204  
East Lansing, MI 48823  
Service Area: Clinton, Eaton, Gratiot, Ingham, Ionia, Montcalm, Shiawassee  
Services: SPPAN is a partnership between Sparrow Health System and skilled nursing and rehab centers that work together to ensure smooth patient transitions, reduce the risk of adverse outcomes, and reduce the cost of care while improving the quality of care to our patients. As of January 2020 the current Network membership includes: Aria Nursing and Rehab, Burcham Hills, Dimondale Nursing Care Center, Eaton County Health and Rehabilitation Services, Hazel I Findlay Country Manor, Holt Senior Care & Rehab Center, Ingham County Medical Care Facility "Dobie Road", The Laurels of Carson City, The Laurels of Fulton, MediLodge of Capital Area, Regency at Lansing West, SKLD Ionia, and The Willows at Okemos. Please contact Megan Black with any questions.

## Skilled Nursing Facilities

### The Laurels of Carson City

Phone: (989) 584-6100  
Email: [svanetten@laurelhealth.com](mailto:svanetten@laurelhealth.com)  
  
Web Page <http://www.laurelsofcarsoncity.com/>  
Address 620 N. 2nd St.  
Carson City, MI 48811  
Service Area Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility

### The Laurels of Fulton

Phone: (989) 620-1031  
Email: [mbrennan@laurelhealth.com](mailto:mbrennan@laurelhealth.com)  
  
Web Page <http://www.laurelsoffulton.com/>  
Address 4735 Ranger Rd.  
Perrinton, MI 48871  
Service Area Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility

### The Willows at Okemos

Phone: (517) 349-3600  
Email:  
  
Web Page <https://www.trilogyhs.com/senior-living/mi/okemos/willows-at-okemos/>  
Address 4830 Central Park Dr.  
Okemos, MI 48864  
Service Area Ingham, Eaton, Clinton  
Services: Skilled Nursing & Rehab Facility & Assisted Living

## Skills and Training

### National Institute on Aging

Phone: (800) 222-2225

Email:

Web Page <https://www.nia.nih.gov/>

Address Building 31, Room 5C27 31 Center Dr. MSC 2292  
Bethesda, MD 20892

Service Area Nationwide

Services: The National Institute on Aging (NIA) is one of 27 Institutes and Centers of the National Institutes of Health (NIH), a component of the U.S. Department of Health and Human Services. Our mission encompasses basic, translational, and clinical research; training and career support for investigators at all levels; resource allocation; and health communication to a range of audiences. Congress established the NIA in 1974 to lead a national scientific effort to understand the nature of aging in order to promote the health and well-being of older adults. The Institute was subsequently designated as the lead within NIH for research on Alzheimer's disease and related forms of dementia (AD/ADRD)

### National Institutes of Health (NIH)

Phone: (301) 496-400

Email:

Web Page <https://www.nih.gov/>

Address 9000 Rockville Pike  
Bethesda, MD 20892

Service Area Nationwide

Services: Simply described, the goal of NIH research is to acquire new knowledge to help prevent, detect, diagnose, and treat disease and disability, from the rarest genetic disorder to the common cold. The NIH mission is to uncover new knowledge that will lead to better health for everyone. NIH works toward that mission by: conducting research in its own laboratories; supporting the research of non-Federal scientists in universities, medical schools, hospitals, and research institutions throughout the country and abroad; helping in the training of research investigators; and fostering communication of medical and health sciences information.

## Social Services

### Ingham Health Plan Corp- Pathways to Better Health

Phone: (517) 336-3777 (866) 291-8691 (Toll-Free)

Email: [aswinford@ihpmi.org](mailto:aswinford@ihpmi.org)

Web Page <https://www.ihpmi.org/pathways>

Address 3425 Belle Chase Way, Suite 1  
Lansing, MI 48911

Service Area Ingham County or have a Lansing address in Eaton County and have McLaren Medicaid

Services: A Community Health Worker connects adults and children with chronic conditions to needed medical (primary care, dental, mental health, other specialists) and social service supports (clothing, housing, transportation, food, etc.). The goal is to reduce barriers that are getting in the way of good health. Referral form can be accessed <https://hipaa.jotform.com/51186082593156>

### Ionia County Department of Health & Human Services

Phone: (616) 527-5200

Email:

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-73970\\_5461\\_66819-287834--,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-73970_5461_66819-287834--,00.html)

Address 920 E Lincoln Ave, Ionia, MI 48846  
Ionia, MI 48846

Service Area Ionia County

Services: MDHHS provides opportunities, services, and programs that promote a healthy, safe, and stable environment for residents to be self-sufficient. Develop and encourage measurable health, safety, and self-sufficiency outcomes that reduce and prevent risks, promote equity, foster healthy habits, and transform the health and human services system to improve the lives of Michigan families.

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street  
Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.



## Social Services

### Pathways to Better Health

Phone: (989) 875-1033

Email:

Web Page <https://www.mmdhd.org/pathways/>

Address 1515 Commerce Drive  
Ithaca, MI 48847

Service Area Gratiot, Clinton and Montcalm County

Services: Trying to manage multiple chronic medical issues can be overwhelming. You may feel as though you have nowhere to turn; no one to ask for help. But that just isn't the case, thanks to a program called Pathways to Better Health. Pathways to Better Health connects qualifying mid-Michigan individuals and families to community programs and services to better their health and their lives.... and it's totally free for those who qualify.

## Special Education

### Montcalm Area Intermediate School District

Phone: (616) 22-6158

Email:

Web Page <https://www.maisd.com/student-programs-and-supports/special-education-programs-and-services/>

Address 621 New Street  
Stanton, MI 48888

Service Area Montcalm County

Services: Special education services are available to eligible students from birth through high school graduation or age 26, as appropriate. Each school district and public school academy provides special education programs and services to students with disabilities. MAISD provides collaborative supports, guidance, resources and technical assistance to assist with professional development, program development, parent support, technology and legal requirements to ensure the individualized needs of all students is addressed. Montcalm ISD provides an array of special education services such as transportation, assistive technology, transition, Multi-Tier System of Supports (Behavior and Literacy), teacher consultant services, and school psychology.

## Substance Abuse

### Ingham County Health Department Substance Use Disorder (SUD) Prevention Program

Phone: (517) 930-5514

Email: [tmaidlow@ingham.org](mailto:tmaidlow@ingham.org)

Web Page <https://hd.ingham.org/SeekingCare/SubstanceUse.aspx>

Address 5303 S. Cedar St.  
Lansing, MI 48911

Service Area Ingham County

Services: SUD Prevention Programs focus on reducing overdose fatalities in Ingham County, using a multi-faceted approach. Services include free Narcan trainings and kits, connection to harm reduction services, and information regarding substance use services available within the community. The ICHD hosts the Ingham Opioid Abuse and Prevention Initiative (IOAPI) monthly meetings. The group includes health officials, health providers, people specializing in substance abuse treatment, law enforcement and other first responders, and members of non-profit organizations. The focus of this group is to reduce overdose-related fatalities in the community, in addition to reducing the stigma associated with Substance Use Disorders.

## Suicide Prevention

### Michigan Association for Suicide Prevention

Phone: (800) 273-8255

Email: [cs@shiabewell.org](mailto:cs@shiabewell.org)

Web Page <https://www.mymasp.org/>

Address 1555 Industrial Dr.  
Owosso, MI 48867

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: MASP is a statewide collaborative tasked to communicate to the public that suicide is preventable. It also provides education and resources to appropriately respond to those at risk of suicide, including individual and group therapy, psychiatric evaluations and medication, case management, Peer Support, youth crisis services (and mobile crisis intervention), Cognitive Behavior therapy and Dialectical Behavior therapy. The focus is to reduce the incidence and prevalence of suicidal ideation, threats, attempts and completions.

## Support Group

### ALIVE Alzheimer's Support Group

Phone: (517) 541-5800

Email: [Kimberly.freiburger@sparrow.org](mailto:Kimberly.freiburger@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: Connect, support and cope with the struggles of having a loved one who has Alzheimer's disease. Meets the third Tuesday of each month at ALIVE at 3:30pm.

### ALIVE Autism Support Group

Phone: (517) 541-5800

Email: [Kimberly.freiburger@sparrow.org](mailto:Kimberly.freiburger@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: A support group offering the opportunity to connect monthly with individuals caring for children with autism. Spend an evening with others who understand. Meets third Thursday of each month at ALIVE at 6:30pm.

### ALIVE CanHope Support Group

Phone: (517) 541-5811

Email: [kimberly.freiburger@sparrow.org](mailto:kimberly.freiburger@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: Conversations with cancer patients, survivors, family and friends and caregivers. Gatherings involve informal conversations and sometimes feature presentations from medical professionals. Occasional opportunities to take on projects to help those dealing with cancer or to support cancer-related events. Meets the third Monday of each month at ALIVE at 6:30pm.

## Support Group

### ALIVE Diabetes Support Group

Phone: (517) 541-5800 x 52390

Email: [Kimberly.freiburger@sparrow.org](mailto:Kimberly.freiburger@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: Assistance for all individuals with diabetes and their families. Healthcare professionals and speakers present topics ranging from new medications and treatments to healthy eating. Meets the fourth Thursday of each month at ALIVE at 6:30pm.

### ALIVE Gift of Heart Support Group

Phone: (517) 541-5800

Email: [Kimberly.freiburger@sparrow.org](mailto:Kimberly.freiburger@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: Offering support for parents of foster children or adopted children. Free childcare provided. Meets the first Thursday of each month at ALIVE at 6pm.

### ALIVE Powered by Plants Support Group

Phone: (517) 541-5800

Email: [Kimberly.freiburger@sparrow.org](mailto:Kimberly.freiburger@sparrow.org)

Web Page [myalive.com / poweredyplants.org](http://myalive.com/poweredyplants.org)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: A plant-based diet is proving to be an ideal choice for a growing number of people. Join others who share eating ideas and scientific research while promoting healthy eating in a no-pressure environment, whether eating plant-based is already a lifestyle or simply a consideration. Meets the second Tuesday, alternating months at ALIVE at 6:30pm (January, March, May, July, September, November).

## Support Group

### ALIVE Turning Point Program for Breast Cancer Survivors

Phone: (517) 541-5811

Email: [kimberly.freiburger@sparrow.org](mailto:kimberly.freiburger@sparrow.org)

Web Page [myalive.com](http://myalive.com)

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: ALIVE partners with the YMCA of Lansing to provide fitness sessions for breast cancer survivors. Sessions include health and fitness assessments, nutrition education and more – all focused on participants' specific needs. Fitness classes are offered at ALIVE 8am on Mondays and 5:30pm on Thursdays. Yoga classes are offered at ALIVE at 8am on Wednesdays.

### Mending Hearts of Lansing

Phone: (517) 657-9922

Email: [mendingheartslansing@gmail.com](mailto:mendingheartslansing@gmail.com)

Web Page

Address 1100 S. Cedar St.  
Mason, MI 48854

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Provides a peer-to-peer support group for those trying to cope with infant and pregnancy loss.

### Nar-Anon Family Group

Phone: (517) 230-1775

Email: [jwm3rdmill@gmail.com](mailto:jwm3rdmill@gmail.com)

Web Page <https://www.nar-anon.org/>

Address 6500 Amwood Dr.  
Lansing, MI 48911

Service Area Ingham

Services: World-wide presence of fellowships. "Nar-Anon Family Groups" is a support group for friends and family members of those who are affected by someone else's addiction. Lansing support group meets Tuesday nights at 7:30 PM at St. Michael's Episcopal Church, 6500 Amwood Dr, Lansing, MI 48911.

## Support Group

### Rinne Lewy Body Dementia Initiative – Lewy Body Dementia Support Group

Phone: (734) 764-5137

Email: [rgadwa@med.umich.edu](mailto:rgadwa@med.umich.edu)

Web Page <https://alzheimers.med.umich.edu/lbd/>

Address 1921 E Miller Road  
Lansing, MI 48911

Service Area Lansing Area

Services: Located at Senior Community Care of Michigan PACE. Separate Lewy body dementia support groups offered for both individuals living with LBD and their families/caregivers. Meetings are held on the 4th Thursday of each month from 10-11am.

### Shades of Motherhood Support Group

Phone: (586) 806-9832

Email:

Web Page <http://www.willowtreefamily.com/parenting/family-groups/>

Address 1151 Michigan Ave Ste 122  
East Lansing, MI 48823

Service Area Lansing area

Services: A perinatal mood disorder support group. Please join us if you have experienced feelings of sadness, depression, anxiety or irritability, or have had difficulty bonding with your baby. This support group is facilitated by a licensed social worker, free of charge and is currently meeting via Zoom on Thursdays from 1-3pm. Contact Kersten Kimmerly for questions, information and the zoom link.

### Sparrow Health System - Stroke Support Group

Phone: (517) 420-5674

Email: [daneille.rhodes@sparrow.org](mailto:daneille.rhodes@sparrow.org)

Web Page

Address Burcham Hills 2700 Burcham Dr.  
East Lansing, MI 48823

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The Sparrow Stroke Support Group provides stroke survivor and caregiver support group.



## Support Group

### Sparrow Herbert-Herman Cancer Center

Phone: (517) 364-9421

Email: [Debra.Batterbee@Sparrow.Org](mailto:Debra.Batterbee@Sparrow.Org)

Web Page

Address 1140 E. Michigan Ave., Suite 100  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: A monthly cancer support group for men diagnosed with PROSTATE cancer and their spouses/significant others. Our group mission is to learn, support, share, and learn from within a group living & dealing with prostate cancer and its side effects. Group meets 1st Thursday of every month 7-9pm Location: Sparrow Herbert-Herman Cancer Center, 1st floor, Conference Rooms A & B. Please feel free to contact Deb Batterbee, facilitator with any questions you may have about our group. Free parking in Sparrow Parking Ramp B - bring ticket for validation at meeting.

Phone: (517) 253-3631

Email: [amy.waddell@sparrow.org](mailto:amy.waddell@sparrow.org)

Web Page

Address 1140 E. Michigan Ave., Suite 100  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: A monthly support group for adult men & women affected by ALL KINDS of cancer. Caregivers and family welcome as well. Group meets the 2nd Tuesday of each month from 10:00 AM-11:30 AM. Goal of group meeting is to give and receive support from others living with cancer, navigate the emotional ups/downs of treatment and establish relationships with others facing similar concerns. Please feel free to contact Amy Waddell, facilitator with any questions you may have about our group. Park FREE in the Sparrow Parking Ramp B- bring ticket to group for validation.

### Sparrow Sleep Center

Phone: (517) 364-6310

Email:

Web Page [Sparrow.org/SleepCenter](http://Sparrow.org/SleepCenter)

Address 1210 W. Saginaw St.  
Lansing, MI 48915

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Sparrow's Sleep Clinic offers free CPAP equipment checks.

## Tobacco Cessation

### Ingham County Health Department: Tobacco Use Reduction Program (TURP)

Phone: (517) 887-4597

Email: [cwheeler@ingham.org](mailto:cwheeler@ingham.org)

Web Page: <https://hd.ingham.org/SeekingCare/SubstanceUse/Tobacco.aspx>

Address: 5303 S. Cedar St.  
Lansing, MI 48911

Service Area: Ingham, Eaton, Clinton

Services: The Tobacco Use Reduction Program (TURP) provides group and individual services for People Living with HIV (PLWH) living in Ingham, Clinton, and Eaton counties. Incentives, counseling, referrals and assistance overcoming treatment barriers are available for PLWH receiving care. Information, consultation, and assistance is available for the public including the use of Nicotine Replacement Therapies and how to talk to providers about tobacco dependence treatment services. If you have any questions about TURP or would like to receive assistance or a consultation, please call the TURP line at (517) 887-4597

### MDHHS MI Tobacco Quitline

Phone: (800) QUIT-NOW (784-8669)

Email:

Web Page: [https://www.michigan.gov/mdhhs/0,5885,7-339-71550\\_2955\\_2973\\_53244---,00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-71550_2955_2973_53244---,00.html)

Address:

Service Area: Statewide

Services: Offers free information and referral to all Michigan residents. You may also qualify for free one-on-one coaching and nicotine replacement therapy to help you quit.

### Michigan Tobacco Quitline

Phone: (800) 784-8669

Email:

Web Page: <https://michigan.quitlogix.org/en-US/>

Address:

Service Area: Nation-wide

Services: A quitline is a tobacco cessation service available through a toll-free telephone number. Quitlines are staffed by counselors trained specifically to help smokers quit. Quitlines deliver information, advice, support, and referrals to tobacco users—regardless of their geographic location, race/ethnicity, or economic status—in all U.S. states

## Tobacco Cessation

SmokeFree.gov

Phone:

Email:

Web Page <https://smokefree.gov>

Address

Service Area

Services: Website with support, tips, tools, and expert advice to help someone quit smoking.

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## Transitional Housing

### Mid-Michigan Recovery Services, Inc. (aka, NCA)

Phone: (517) 887-0226

Email: [info@MMRSinc.org](mailto:info@MMRSinc.org)

Web Page <https://www.midmichiganrecoveryservices.org/>

Address 913 W. Holmes Rd. Suite 200  
Lansing, MI 48910

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, Saginaw, Arenac, Bay, Clare, Gladwin, Hil

Services: Provide substance use disorder treatment including peer coaching, case management and sober housing supports. Search for provider:  
<https://midstatehealthnetwork.org/consumersresources/search-for-provider>

### WAI-IAM, Inc. and RISE Community

Phone: (517) 703-3389

Email: [rise@rrclansing.org](mailto:rise@rrclansing.org)

Web Page <http://www.wai-iam.com/>

Address 217 N. Sycamore St.  
Lansing, MI 48933

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The RISE Community is a new concept in transitional housing for those needing post-treatment services in substance abuse. RISE offers 10 well-maintained homes with Club RISE, a sober activity center, providing stable housing and meaningful activities for those in recovery. We accept people from rehabs, self-referral, and courts and transition them back into society as productive citizens.

## Transportation

### Alma Transit

Phone: (989) 463-6016

Email:

Web Page <https://myalma.org/alma-transit.php>

Address 525 E. Superior Street  
Alma, MI 48801

Service Area Alma, Ithaca, St. Louis

Services: The mission of the Alma Transit Center is to build a community transit system that emphasizes managing the mobility needs of all people in the most efficient manner possible. We strive to achieve high customer satisfaction through our relationships and understand we do more than just give people a ride.

### Belding Dial-A-Ride

Phone: (616) 794-3278

Email:

Web Page [https://belding.mi.us/dial\\_a\\_ride.php](https://belding.mi.us/dial_a_ride.php)

Address  
Belding, MI

Service Area Belding, Greenville, Ionia, Orleans

Services: The City of Belding operates its Belding area Dial-a-Ride transportation services weekdays from 6:30a to 5:30p, and Saturdays from 9:00a to 1:30p. Special routes and times are available weekdays between the cities of Belding, Greenville, Ionia, and the Village of Orleans. Phone (616) 794-3278 for more information.

### B's Ride Service

Phone: (517) 231-5663

Email:

Web Page

Address 6332 S. Cochran Rd.  
Charlotte, MI 48813

Service Area Eaton County

Services: Transportation services

## Transportation

### By Dawn's Early Light Home Care & Transportation Services

Phone: (517) 913-4170

Email: [Info@bydawnsearlylighthomecare.com](mailto:Info@bydawnsearlylighthomecare.com)

Web Page <http://bydawnsearlylighthomecare.com/>

Address 5075 Willoughby Rd.  
Holt, MI 48842

Service Area Ingham, Eaton, Clinton, Jackson, Shiawassee, Livingston, Ionia

Services: By Dawn's Early Light Home Care is setting new standards in providing home care that is compassionate, knowledgeable and affordable to our aging and physically/mentally challenged population. We are very dedicated when providing individualized plan of care to each client with flexibility. Services include: respite care, companionship, transportation, personal care, Dementia/Alzheimer's memory care, personal care

### Capital Area Transportation Authority (CATA)

Phone: (517) 394-1100

Email: [cfrazier@cata.org](mailto:cfrazier@cata.org)

Web Page <http://www.cata.org/>

Address 4615 Tranter St.  
Lansing, MI 48910

Service Area Clinton (portions), Eaton (portions), Ingham

Services: Spec-Tran is an advance reservation service for persons with disabilities who are unable to use fixed route. They must be ADA certified. CATA operates 7 days a week.

### Castle Care Services, Inc.

Phone: (517) 819-6350 (517) 223-1262

Email: [castle\\_f@msn.com](mailto:castle_f@msn.com)

Web Page <http://castlecarservices.com/>

Address 4155 Holt Road  
Holt MI 48842

Service Area Ingham, Eaton and Clinton

Services: Whether you need transportation for an Independent Medical Examination (IME), rehabilitation services, medical treatments, or doctor appointments, Castle Car Services, Inc. will get you there safely — and on time. We take pride in what we do and provide only the best services to our clients. Besides providing exceptional service, we will also directly bill your insurance and accept private payments that are otherwise not covered for transportation.

## Transportation

### Clinton Transit

Phone: (989) 224-8127

Email:

Web Page <https://www.mybluebus.com/>

Address 215 North Scott Road  
St Johns, MI 48879

Service Area Clinton

Services: The My Blue Bus service is available to all residents. If you need a lift to get groceries, get to an appointment, school, or work, we'll pick you up and drop you off with scheduled curb-to-curb transportation services.

### EATRAN

Phone: (517) 543-4087

Email: [dwebb@eatontrans.com](mailto:dwebb@eatontrans.com)

Web Page <http://www.eatran.com/>

Address 916 E. Packard Hwy.  
Charlotte, MI 48813

Service Area Eaton, Ingham

Services: Provides transportation to all of Eaton county, Out of County medical trips to Ingham county, curb-to-curb service, and Time Calls.

### Home Instead Senior Care

Phone: (517) 333-0610

Email: [beth.kendrick@homeinstead.com](mailto:beth.kendrick@homeinstead.com)

Web Page <https://www.homeinstead.com/>

Address 2715 University Park Dr. Suite 200  
Okemos, MI 48864

Service Area Ingham, Eaton, Clinton

Services: Home Instead Senior Care provides companionship & Home Helper services, Personal Services, Alzheimer's or Other Dementia services, Transitional Care Services and Hospice Support

### Hour Transportation

Phone: (248) 569-7500

Email: [info@hourtransportation.com](mailto:info@hourtransportation.com)

Web Page <http://www.hourtransportation.com/>

Address 17368 West 12 Mile #100  
Southfield, MI 48076

Service Area Portions of Shiawassee, Montcalm, Ionia and Saginaw counties

Services: Hour Transportation has been providing non-emergency transportation services since 1997. Serves all of southern lower Michigan. A Lansing branch has recently opened.

## Transportation

### Ionia Dial-A-Ride

Phone: (616) 527-4000

Email:

Web Page <https://www.ci.ionia.mi.us/dial-a-ride.php>

Address 251 E Adams Street

Ionia, MI 48846

Service Area Ionia City Limits

Services: Ionia Dial-A-Ride (I-DART) operates Monday - Friday, 6:00 a.m. - 4:45 p.m. and Saturday hours from: 9 a.m. - 1:00 p.m. Call: 527-4000 to schedule Dial-A-Ride service. The Dial-A-Ride facility building is located at 251 E. Adams Street, Ionia, MI 48846.

### Looking Glass Interfaith Outreach

Phone: (517) 651-6846

Email: [ddruggoo1@gmail.com](mailto:ddruggoo1@gmail.com)

Web Page <http://www.lookingglassoutreach.org/>

Address 9637 Jason Rd.

Laingsburg, MI 48848

Service Area Shiawassee (Southwest and some surrounding)

Services: Faith based, interfaith outreach serving families in need. Operate a Volunteer Taxi Program to provide free or low cost rides to people in the service area that have transportation issues. Community garden, mentor/tutor program for 2nd graders.

### Lyft Transportation

Phone:

Email:

Web Page [www.lyft.com](http://www.lyft.com)

Address Statewide

Statewide, MI

Service Area Statewide

Services: We match consumers looking for rides with providers of ride services who operate their own independent businesses, as well as with other forms of transportation, including public transit, bikes and scooters.



## Transportation

### Michigan Transportation Services

Phone: (877) 777-7900

Email:

Web Page <http://www.michigantransportation.com/>

Address 1800 Dorr Rd.  
Howell, MI 48843

Service Area Ingham, Livingston, Oakland, Macomb, Washtenaw

Services: Provides transportation to anywhere in the state of Michigan. With 5 offices located throughout the state, MTS will be able to provide affordable and efficient transportation throughout the state of Michigan. Non-emergency medical transport company. Door to door service.

Phone: (877) 777-7900

Email:

Web Page <http://www.michigantransportation.com/>

Address 1945 Pauline Blvd. #15B  
Ann Arbor, MI 48103

Service Area Ingham, Livingston, Oakland, Macomb, Washtenaw

Services: Provides transportation to anywhere in the state of Michigan. With 5 offices located throughout the state, MTS will be able to provide affordable and efficient transportation throughout the state of Michigan. Non-emergency medical transport company. Door to door service.

### Montcalm County Commission on Aging

Phone: (989) 861-7476

Email:

Web Page [http://www.montcalm.org/departments\\_services/health\\_and\\_human\\_services/commission\\_on\\_aging.php](http://www.montcalm.org/departments_services/health_and_human_services/commission_on_aging.php)

Address 613 N. State Street  
Stanton, MI 48888

Service Area Montcalm County

Services: Our mission is to provide senior citizens and their families with the necessary assistance and information to maintain health, dignity, independence, and well-being for all residents of Montcalm County who are 60 years of age and older. We work at accomplishing this mission through our Transportation Program, Journey Program, Respite & Specialized Respite Program, Trip Program, Volunteer Program, Information and Referral, Stanton Center Activities, and our Case Coordination and Support Program. We also provide assistance through the Medicaid/Medicare Assistance Program and our monthly newspaper.

## Transportation

### Outpatient Express

Phone: (517)896-6514

Email:

Web Page <https://neufmille.wixsite.com/outpatientexpress/about>

Address 2017 N Fairview  
Lansing, MI 48912.

Service Area Greater Lansing Area

Services: Working with both private pay clients, as well as those whose transportation may be covered by insurance, Outpatient Express was designed to fill the void between an ambulance and a taxi, providing safe, comfortable and compassionate transportation for our clients. Unlike a typical taxi cab, Outpatient Express is fully licensed and insured in the State of Michigan to accommodate clients who may require anesthesia during an outpatient medical or dental procedure.

### RideLink

Phone: (616) 774-1288

Email:

Web Page <https://www.aaawm.org/ridelink>

Address  
Grand Rapids, MI

Service Area Kent County

Services: RideLink provides Kent County adults, age 60+, affordable transportation throughout Kent County. Seniors can schedule a ride to a medical appointment, the grocery store, or even to visit a friend. RideLink provides safe and reliable transportation when driving is no longer an option, or inclement weather makes driving hazardous.

### SATA Dial-a-ride

Phone: (989)729-2687

Email: [mrice@satabus.org](mailto:mrice@satabus.org)

Web Page [www.satabus.org](http://www.satabus.org)

Address 180 N. Delaney Rd.  
Owosso, MI 48867

Service Area Shiawassee

Services: A public transportation service providing demand response transportation for community events, education, employment, enhanced mobility for independent living, recreation, retail and services.

## Transportation

### The Davies Project for Mid-Michigan Children

Phone: (517) 515-5122 (517) 889-2425 Call for Rides

Email: [maryjo@thedaviesproject.org](mailto:maryjo@thedaviesproject.org)

Web Page: <http://www.thedaviesproject.org/>

Address: 230 Bingham Street Ste. 100  
Lansing, MI 48912

Service Area: Clinton, Eaton, Ingham

Services: Portions of Clinton, Eaton, and Ingham counties. Provide free rides to all kinds of local medical care for Lansing area children with serious medical conditions and special needs who have poor access to transportation. When transportation is a challenge, rides to prenatal care for expecting moms and to the NICU for new parents with hospitalized infants are provided. Caring, well-screened volunteer drivers provide the rides.

### Transportation Solutions (division of SATA)

Phone: (989) 725-9303

Email: [tsd@satabus.org](mailto:tsd@satabus.org)

Web Page: [www.satabus.org](http://www.satabus.org)

Address: 1975 W Main St, Ste 211  
Owosso, MI 48867

Service Area: Shiawassee

Services: For Shiawassee County residents to go anywhere in Michigan (excluding Upper Peninsula)

### Uber Transportation

Phone:

Email:

Web Page: [www.uber.com](http://www.uber.com)

Address: Statewide  
Statewide, MI

Service Area: Statewide

Services: We match consumers looking for rides with providers of ride services who operate their own independent businesses, as well as with other forms of transportation, including public transit, bikes and scooters.

## Transportation

### University of Michigan Health - Guest Assistance Program (GAP)

Phone: (734)764-6893 (800) (888) 9825

Email:

Web Page <https://www.uofmhealth.org/patient-visitor-guide/guest-assistance-program>

Address 1500 East Medical Center Drive(Located in the mai  
Ann Arbor, MI 48109-5718

Service Area Serves patients and families of MI Medicine

Services: The Guest Assistance Program (GAP) is a part of the Department of Social work that assists both adult and pediatric patients with navigation of non-medical needs they may face. Our dedicated social workers problem-solve, research community resources, and assist with the coordination of various needs that arise during medical treatment. We focus solely on barriers to care — things that would keep patients from maintaining treatment or appointments that would impact their health.

## Utility Assistance

### Consumers Energy

Phone: (517) 788-7012

Email: [angel.green@cmsenergy.com](mailto:angel.green@cmsenergy.com)

Web Page <https://www.consumersenergy.com/residential/programs-and-services/payment-assistance>

Address One Energy Plaza  
Jackson, MI 49201

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Consumers Energy provides natural gas and electricity to customers in the Lower Peninsula, including 8 of the 10 highest poverty counties in Michigan. Energy Assistance is available to income-qualified customers.

## Veteran Services

### Army Michigan National Guard/Family Assistance Centers

Phone: (517) 481-9889

Email: [raphael.r.weaver.ctr@mail.mil](mailto:raphael.r.weaver.ctr@mail.mil)

Web Page [http://www.minationalguard.com/fp\\_subdomain/fac/](http://www.minationalguard.com/fp_subdomain/fac/)

Address 3423 N. Martin Luther King Jr. Blvd.  
Lansing, MI 48906

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Family Assistance Centers are organized to provide regional support to Service Members, Veterans, and families. Focusing on Tricare health and Dental, legal assistance, financial management, crisis information and resource and referral.

### Department of Veteran Affairs HealthCare for Homeless Veterans

Phone: (269) 967-2714 (517) 267-3925 for General Line

Email: [tiyanna.payne@va.gov](mailto:tiyanna.payne@va.gov)

Web Page <https://www.va.gov/homeless/hchv.asp>

Address 2025 S. Washington Ave. Suite 300  
Lansing, MI 48910

Service Area All counties in Michigan

Services: Provides housing and veteran services.

### Lansing Veteran Affairs (VA) Home and Community Based Services

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street  
Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

Phone: (517) 267-3925

Email:

Web Page <https://www.va.gov/directory/guide/facility.asp?ID=768>

Address 5656 South Cedar Street  
Lansing, MI 48911

Service Area Greater Lansing Area Veterans

Services: The Mission of the HBPC Team is to provide care, in the home, for those Veterans with chronic health care needs that makes traditional outpatient care no longer the best option for them. The interdisciplinary team makes visits with an emphasis on quality of life.

## Veteran Services

### Michigan Veterans Affairs Agency

Phone: (800) 642-4838

Email: [MVAAResourceCenter@michigan.gov](mailto:MVAAResourceCenter@michigan.gov)

Web Page <https://www.michiganveterans.com/>

Address 222 N. Washington Square, 5th floor  
Lansing, MI 48909

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: The Michigan Veteran Resource Service Center, housed within the Michigan Veterans Affairs Agency, provides one-stop access for veterans and their families seeking information, resources, and staff support. Available 24/7.

### Operation Homefront

Phone: (877) 264-3968

Email: [michigan@operationhomefront.org](mailto:michigan@operationhomefront.org)

Web Page [www.operationhomefront.org](http://www.operationhomefront.org)

Address 1355 Central Parkway South, Suite 100  
San Antonio, TX 78232

Service Area Nationwide

Services: Operation Homefront is a national non-profit that builds strong, stable, and secure military families so they can thrive in the communities they have worked so hard to protect.

### Veteran Support Center of Michigan

Phone: (866) 667-9360

Email: [info@ars-vsc.com](mailto:info@ars-vsc.com)

Web Page <http://www.yourvapension.org>

Address 15851 S. US 27 Bldg. 10 Ste. 16  
Lansing, MI 48906

Service Area Ingham, Eaton, Clinton, Shiawassee, Ionia, Gratiot, Livingston, Genesee Bay, Saginaw, Tuscola, Lapeer,

Services: Non-profit organization that helps senior veterans, their spouses and surviving spouses understand the qualifications to receive income from non-service connected benefits. These benefits apply when individuals are spending all of their monthly income on a long term, caregiver situation. Pre-planning and filing options available. If you are currently not at need and may not meet current qualifications, our goal is to educate all on how the process works to prepare you for filing a fully qualified future claim.

## Vision

### Association for the Blind and Visually Impaired

Phone: (616) 458-1187

Email: [abvi@abvimichigan.org](mailto:abvi@abvimichigan.org)

Web Page <https://www.abvimichigan.org/>

Address 456 Cherry St. SE

Grand Rapids, MI 49503

Service Area Ionia

Services: The mission of the Association for the Blind & Visually Impaired (ABVI) is to help individuals living with low vision or blindness thrive in a sighted world. We partner with the medical community to co-manage their patients who have been diagnosed with sight robbing conditions. We provide low vision exams, vision aids, in-home rehabilitation services and support.

### Blind Michigan Seniors Advocating for Seniors (BMISAFS)

Phone: (989) 330-0753

Email:

Web Page <https://www.nfbmi.org/chapters-and-divisions/seniors>

Address

Service Area Statewide

Services: The purpose of the BMISAFS Division of the National Federation of the Blind of Michigan shall be to Legislate, Educate and Outreach to Seniors. To join together collectively to support one another in our efforts to eliminate the misconceptions about blindness and to promote the positive qualities of each senior to live the life you want.

### Braille and Talking Book Library

Phone: (517) 284-2880 (800) 992-9012 (Toll-Free)

Email: [btbl@michigan.gov](mailto:btbl@michigan.gov)

Web Page [www.michigan.gov/BSBP](http://www.michigan.gov/BSBP)

Address 702 W. Kalamazoo St. PO Box 30007

Lansing, MI 48909

Service Area All counties in Michigan through sub-regional locations

Services: Free audio and/or braille book service to any Michigan resident with a visual or physical disability unable to utilize standard print materials.



## Vision

### Ingham County Health Department: Maternal and Child Health (MCH) Division; The Vision and Hearing Screening Program

Phone: (517) 887-4322

Email: [Lchambers@ingham.org](mailto:Lchambers@ingham.org)

Web Page <http://hd.ingham.org/ForParents/VisionandHearing.aspx>

Address 5303 S. Cedar St  
Lansing, MI 48911

Service Area

Services: Provides screenings for all children at no cost to families at preschools and schools. Children who are unable to pass the screenings are referred for follow up care. Families can also contact the Maternal Child Health Division to schedule screenings for their child.

### Lions of Michigan Foundation

Phone: (517) 887-6640

Email: [info@lmsf.net](mailto:info@lmsf.net)

Web Page <http://www.lmsf.net/>

Address 5730 Executive Dr.  
Lansing, MI 48911

Service Area Statewide

Services: Eye care assistance, hearing aid assistance, medical assistance for the restoration of sight and hearing, vision programs and hearing screening programs.

### MDHHS - Hearing and Vision Screening Program

Phone: (517) 512-0224

Email: [schumannR@michigan.gov](mailto:schumannR@michigan.gov)

Web Page [https://www.michigan.gov/mdhhs/0,5885,7-339-73971\\_4911\\_4912-260177--00.html](https://www.michigan.gov/mdhhs/0,5885,7-339-73971_4911_4912-260177--00.html)

Address 109 W. Michigan Ave. 4th floor  
Lansing, MI 48913

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Vision screenings are offered by local public health departments at no charge to children residing in Michigan. Screenings and follow-up are offered in preschools and Head Start Centers (3-5 years) and in schools during grades 1,3,5,7, and 9 or by appointment at the local health department.

## Vision

### WKAR Radio Reading Services

Phone: (517) 884-4746

Email: [bradw@wkar.org](mailto:bradw@wkar.org)

Web Page <https://www.wkar.org/radio-reading-service>

Address

Service Area Within 60 miles from Okemos

Services: WKAR Radio Reading Service serves blind or visually impaired persons. Readings of news, books, grocery ads, community calendar, etc., are provided.

## Women's Services

### ALIVE Turning Point Program for Breast Cancer Survivors

Phone: (517) 541-5811

Email: [kimberly.freiburger@sparrow.org](mailto:kimberly.freiburger@sparrow.org)

Web Page <http://www.myalive.com/>

Address 800 W. Lawrence Ave.  
Charlotte, MI 48813

Service Area Greater Charlotte, Mid-Michigan

Services: ALIVE partners with the YMCA of Lansing to provide fitness sessions for breast cancer survivors. Sessions include health and fitness assessments, nutrition education and more – all focused on participants' specific needs. Fitness classes are offered at ALIVE 8am on Mondays and 5:30pm on Thursdays. Yoga classes are offered at ALIVE at 8am on Wednesdays.

### Breast & Cervical Cancer Control Navigation Program (BC3NP) - Ingham County Health Department

Phone: (517) 881-0976 (877) 221-6505

Email: [LMejia@ingham.org](mailto:LMejia@ingham.org)

Web Page <https://hd.ingham.org/SeekingCare/BreastandCervicalCancerControlProgram.aspx>

Address 5303 South Cedar St.  
Lansing, MI 48909

Service Area Ingham, Clinton, Ionia, Gratiot, Jackson, Livingston and Washtenaw

Services: BC3NP is a program for uninsured/underinsured women between the ages of 40 - 64 in need of breast and cervical screenings and diagnostic services. The program also covers women between ages 21 - 39 for free pap and HPV services as well as with abnormal screenings for Pap test or clinical breast exams in need of diagnostic services. BC3NP serves Michigan residents, migrant workers, citizens and non-citizens.

### Helping Women Period

Phone: (517) 295-0552

Email: [helpingwomenperiod@gmail.com](mailto:helpingwomenperiod@gmail.com)

Web Page <https://www.helpingwomenperiod.org>

Address PO Box 4544  
East Lansing, MI 48826

Service Area Ingham, Eaton, Clinton, Shiawassee

Services: Provide menstrual products to homeless and low income people.

## Women's Services

### Women's Center of Greater Lansing

Phone: (517) 372-9163

Email: [womenscentergl@gmail.com](mailto:womenscentergl@gmail.com)

Web Page [www.womenscenterofgreaterlansing.org](http://www.womenscenterofgreaterlansing.org)

Address 1712 E Michigan Ave.  
Lansing, MI 48912

Service Area Ingham, Eaton, Clinton, Shiawassee, Montcalm, Ionia, Gratiot, and Saginaw.

Services: Serving anyone who identifies as a woman and their family. Provides individual/couples/family counseling, support groups, employment services, professional clothes closet, and legal clinic. Counseling is provided on a sliding scale income-based scale starting at \$1; insurance is not billed at this time. Employment services include resume and cover letter building, job searching assistance, assistance with computer use, and career counseling.