

*Working  
wonders  
through  
excellence,  
service,  
innovation,  
and caring*



## BARIATRIC SURGERY

# SPARROW

## WEIGHT MANAGEMENT CENTER

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Suite B107  
East Lansing, MI 48823

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FAX 517.364.8088

[www.sparrowweightmanagement.org](http://www.sparrowweightmanagement.org)

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WONDERS<sup>SM</sup>

SPARROW

## Who is eligible?

Currently, patients who wish to undergo bariatric or obesity surgery must meet the following guidelines:

- Age 21-60 with two previous documented attempts at weight loss.
- Have a Body Mass Index\* (BMI) over 40 or between 35-40 with two obesity-related conditions such as hypertension or diabetes
- Obtain a letter of recommendation from a primary care physician.

## Before and After Surgery Care

### ***Prior to surgery, patients:***

- Undergo both medical and psychological screening.
- Attend pre-surgical educational classes taught by behaviorists, registered dietitians, and exercise specialists.
- Receive medical monitoring by physicians and registered nurses.
- Participate in meal replacement program using Optifast® products

### ***After surgery, patients:***

- Receive medical monitoring specifically designed for Roux-en-Y bypass patients.
- Attend six weeks of educational classes.
- Participate in biweekly support groups.

Throughout the program, patients meet individually with Sparrow Weight Management Center's behaviorists, registered dietitians, registered nurses and exercise specialists.

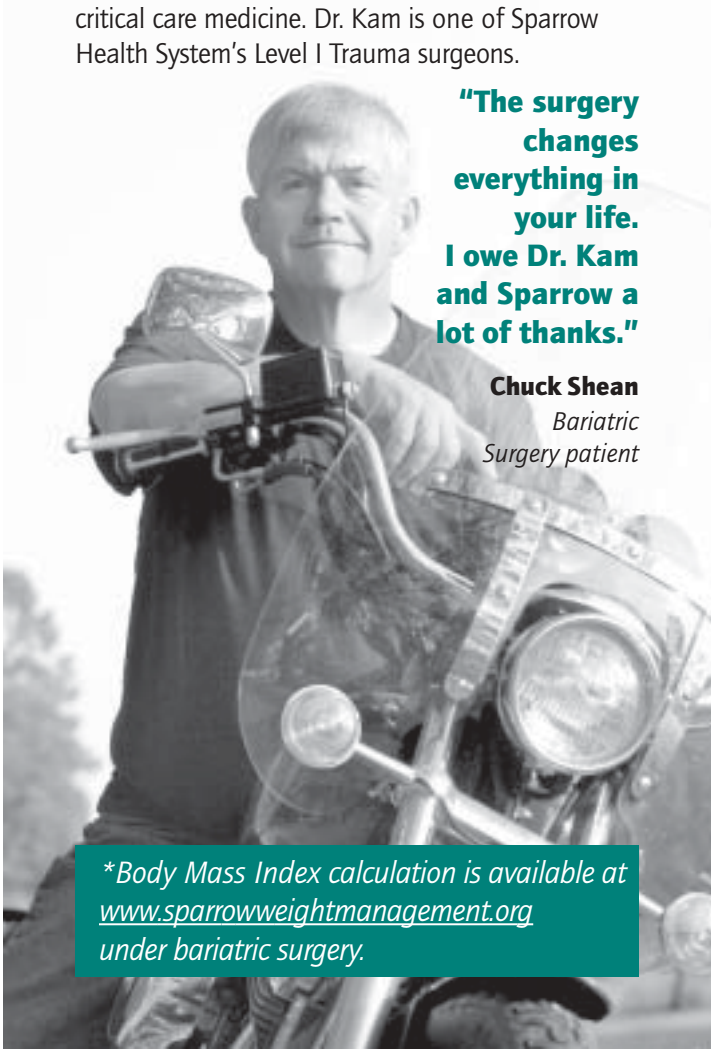
## How do I get started?

Patient information sessions are held weekly at the Sparrow Weight Management Center. Call 517.364.8080 today to sign up for one of our free, no-obligation information sessions. It is recommended that patients call their health insurance company as soon as possible to obtain information on the documentation required for surgery authorization.

## What type of bariatric surgery is being offered at Sparrow?

There are many types of surgical techniques used in bariatric surgery. Sparrow is currently using Roux-en-Y Gastric Bypass, considered the gold standard for bariatric procedures. This surgery decreases the size of the stomach and bypasses part of the small intestine. Currently, an open method is used, however, a laproscopic approach is planned for 2004.

The surgery is performed by David M. Kam, MD, FACS. Dr. Kam is an assistant professor for Michigan State University's Department of Surgery. He is a board certified surgeon who is also certified in critical care medicine. Dr. Kam is one of Sparrow Health System's Level I Trauma surgeons.



***"The surgery changes everything in your life. I owe Dr. Kam and Sparrow a lot of thanks."***

***Chuck Sean***  
*Bariatric Surgery patient*

*\*Body Mass Index calculation is available at [www.sparrowweightmanagement.org](http://www.sparrowweightmanagement.org) under bariatric surgery.*